

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
10:30 am Sunday

Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday

Mass Times
12:00 pm Sunday
2nd & 4th Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

3rd Sunday in Ordinary time January 25, 2026

THE MONTH OF JANUARY IS DEDICATED TO THE HOLY NAME OF JESUS

Pastor	Rev Fr Peter Nguyen	250-542-1276
Parochial Vicar	Fr Henry Nwaimo	250-214-4060
	Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020(call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James		
Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon –Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

SACRAMENT OF BAPTISM

Please contact the Parish Office at least 6 WEEKS prior to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church,, please contact the office at least 6 MONTHS prior to your requested wedding date.

NOTES/REMINDER

- **2026 ENVELOPES** - please pickup your envelope at the church this weekend. Any remaining envelopes will be available at the church office after this weekend.
- Income Receipt for your donations—available soon
- CWL General Meeting—Feb 03 Monsignor Miles Hall at 7pm

Sunday of the Word of God January 25

In the Apostolic Letter *Aperuit illis*, Pope Francis instituted the Sunday of the Word of God, which is celebrated on the Third Sunday in Ordinary Time.

“Devoting a specific Sunday of the liturgical year to the word of God can enable the Church to experience anew how the risen Lord opens up for us the treasury of his word and enables us to proclaim its unfathomable riches before the world.”

- Pope Francis, *Aperuit illis*, 2

INTERAC/E-TRANSFER DONATIONS

St James givingstjamesvernon@rccv.org
OLOV givingolov@rccv.org
St Benedict givingstbenedict@rccv.org

OFFICE

Telephone: 250-542-1276 www.rccv.org
Email: stjamesvernon@rcdk.org
Office Hrs. 8 am—2:pm Mon-Tues-Thurs-Fri
Closed **Wednesday**

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope's Prayer Intention for the month of January

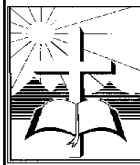
For Prayer with the Word of God—Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church

MASS INTENTIONS—Jan 26-Feb 01

Jan 26	Mon	8 am SJ	John Toporchak	RIP
Jan 27	Tues	8 am SJ	Louise Franssen	RIP
Jan 28	Wed	8 am SJ	Mega Telford	RIP
Jan 29	Thurs	8 am SJ	Celeste Mendez	RIP
Jan 30	Fri	8 am SJ	Anne Kopp	RIP
Jan 31	Sat	9 am SJ	John Toporchak	RIP
		5 pm SJ	Dorothy Hathaway	RIP
Feb 01	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Eddie Calantuan	RIP

PARISH MINISTRIES

CWL (St James)	7:00 pm 1st Tuesday of the month (Feb, Apr, Sept, Nov) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KofC (St James)	Council 4949: www.facebook.com/kofc4949
KofC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Rignedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Allan Clear, Lorena Clowes Email: ppcstjames@gmail.com
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: ppcoulady@gmail.com
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org



Next Sunday's Readings:

February 01, 2026

Zephaniah 2.3; 3.12-13
Ps 146.6c-7, 8-9a, 9b-10 (**R. Mt 5.3**)
1 Corinthians 1.26-31
Matthew 5.1-12



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

49. For Jesus to 'work miracles' is available in our day on one condition. That we come to him in Adoration and confidently beg him to give us the graces that we so desperately need! (Fr. Hardon)

Quote from St. John Vianney

"It is in solitude that God speaks to us."



Last Sunday's Offertory

EFT (Dec) Electronic Fund Transfer

PAD (Jan) Pre-Authorized Debit

St James	\$ 3082	\$ 6030	\$ 5775
OLOV	\$ 2400	\$ 1695	\$ 4043
St Benedict	\$ 200	\$ 20	

Vocation Live-In

**Seminary of Christ the King in Mission, B.C.
February 7-8, 2026**

Anyone wishing to enter the Seminary in the next couple of years is welcome. For more information:

* call 604-826-8975 or email: rector.minors@scck.ca



Pastoral Care Ministry

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rcdk.org for Pastoral Care.



Faith In Action Campaign 35 "Pilgrims of Hope"

	Assessment	Actual
St James	\$ 41546	\$ 54,965
OLOV	\$ 24520	\$ 40,003
St Benedict's	\$ 1887	\$ 4,300



Catholic Book Club

On February 04, 2026 we will continue the discussion of **He Leadeth Me** by **Fr. Walter Cizek** chapters 9-14. Meet at 9 am in the Monsignor Miles Hall. All are welcome



Welcome to Kindergarten St James School

We are now taking names and contact information for Kindergarten registrations in 2026-2027!

- Full Time Kindergarten, Full Time Literacy Specialist, Full Time Hot Lunch Program, Before & After School Care included in tuition
- Faith based education, Music specialist, Core French K-7, Outdoor learning, Caring school community

Ready Set Learn—Thurs. Feb 5, 2026 9:00—10:30 am—Ages 3-5

Please contact office@stjamesvernon.com and/or 250-542-4081 for more information..

Plenary Indulgences—General Conditions

(From Pope Leo XIV proclaims Franciscan Jubilee Year)

The following “General remarks on Indulgences” from Gift of the Indulgence summarizes the usual conditions given in the Church’s law (cf. Apostolic Penitentiary, Prot. N. 39/05/1):

1. This is how an indulgence is defined in the Code of Canon Law (can. 992) and in the Catechism of the Catholic Church (n. 1471): “An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints”.
2. In general, the gaining of indulgences requires certain prescribed conditions (below, nn. 3, 4), and the performance of certain prescribed works...[in this case, those granted for the Feast of Mercy].
3. To gain indulgences, whether plenary or partial, it is necessary that the faithful be in the state of grace at least at the time the indulgenced work is completed. [i.e. one must be a Catholic, not excommunicated or is schism.]
4. A plenary indulgence can be gained only once a day. In order to obtain it, the faithful must, in addition to being in the state of grace:
 - have the interior disposition of complete detachment from sin, even venial sin;
 - Have sacramentally confessed their sins;
 - Received the Holy Eucharist (it is certainly better to receive it while participating in Holy Mass, but for the indulgence only Holy Communio is required);
 - Pray for the intentions of the Supreme Pontiff.
5. It is appropriate, but not necessary, that the sacramental Confession and especially Holy Communion and the prayer for the Pope’s intentions take place on the same day that the indulgenced work is performed; but it is sufficient that these sacred rites and prayers be carried out within several days (about 20) before or after the indulgenced act. Prayer for the Pope’s intentions is left to the choice of the faithful, but an “Our Father” and a “Hail Mary” are suggested. One sacramental Confession suffices for several plenary indulgences, but a separate Holy Communion and a separate prayer for the Holy Father’s intentions are required for each plenary indulgence.
6. For the sake of those legitimacy impeded, confessors can commute both to work prescribed and the conditions required (except, obviously, detachment from even venial sin).
7. Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons living on earth.

Theology Class on the Eucharist

Our Lady of the Valley—7:00 pm

(5 Wednesdays) Jan 14th, 21st, 28th, Feb 4th and 11th

A deep Appreciation of the Eucharist is fundamental for not only understanding the Catholic faith, but also for understanding the Mass and how to properly worship God and live your faith.

Join us for a transformative 5-lesson journey as we trace the story of salvation from the opening pages of Genesis to the crowning glory of Revelation! You’ll discover how the Old Testament foreshadowed the promise of the Eucharist and how Jesus Christ brings those promises to life in the New Testament. If you want to deepen your experience of the Mass and deepen your daily walk with God, this course is for you!

Come and see why Eucharist is not just a ritual, but the “source and summit of the Christian life” and the ultimate encounter with the Living God.

DECREE

Franciscus 1226-2026

ON THE EIGHTH CENTENARY OF THE DEATH OF ST. FRANCIS OF ASSISI, A SPECIAL JUBILEE YEAR IS BEING ANNOUNCED WITH ATTACHED PLENARY INDULGENCES

“Keep the memory of our father and brother Francis, to the praise and glory of Him who made him great amongst men and glorified him amongst angels. Pray for him, as he himself asked us before he died, and pray to him, so that God may also share with him in his holy grace.”

Whilst the fruits of grace of the Ordinary Jubilee of the year 2025 that has just ended, in which we have all spurred to become pilgrims of this hope that does not disappoint, are still timely and effective (cf. Rom 5:5), here is added to is as an ideal continuation a new occasion for jubilation and sanctification: the Eight Centenary of the happy passage of St. Francis of Assisi from earthly life to he heavenly homeland (3 October 1226).

On recent years, other important jubilees have concerned the figure and works of the Saint of Assisi: the eight centenary of the creation of the first Nativity scene in Greccio, of the composition of the Canticle of the Creatures, a hymn to the holy beauty of creation, and that of the impression of the Sacred Stigmata, which took place in Monte della Verna, almost a new Calvary, two years before his death. 2026 will mark the culmination and fulfillment of all previous celebrations: it will in fact be the Year of St. Francis and we will all be called to become saints in the contemporary world following the example of the Seraphic patriarch.

It is admirably true that “there is no other named under heaven given to men” (cf. At 4:12) apart from Jesus Christ, the Redeemer of humanity, it is equally extraordinary true that between the twelfth and thirteenth centuries, in the age of so-called holy wars, laxity of morals, misunderstood religious fervour, “a sun was born into the world”: Francis, who, from the son of rich merchant, became poor and humble, true Ancient Christ on earth, providing the world with tangible examples of evangelical life and a real image of Christian perfection. Our time is not very different from that in which Francis lived, and precisely in the light of this his teaching is perhaps even more valid and understandable today. When Christian charity languishes, ignorance spreads like immorality, and those who exalt concord among peoples do so more out of selfishness than out of a sincere Christian spirit; when the virtual takes over the real, disagreements and social violence are part of everyday life and peace becomes more insecure and distant everyday, this Year of St. Francis spurs all of us, each according to our possibilities, to imitate the poor man of Assisi, to form ourselves as far as possible on the model of Christ, not to frustrate the purposes of the holy year that has just ended: may the hope that has seen us as pilgrims now be transformed into zeal and fervour of active charity.

To be continued...

Source: Catholic News Agency

Holy Hour in Preparation for Lent

In preparation for Lent 2026, The Knights of Columbus of St. James Council 4949 organize a **Holy Hour lead by Deacon Paul Murphy on Thursday February 12 from 7-8pm.**

We will pray for fallen away Catholics, and listen to a hope filled message about Trust in God, and how we can continue to grow in that Trust. The evening will include public and private prayer, and the breaking hope of scripture. Please plan to attend, and bring a friend.



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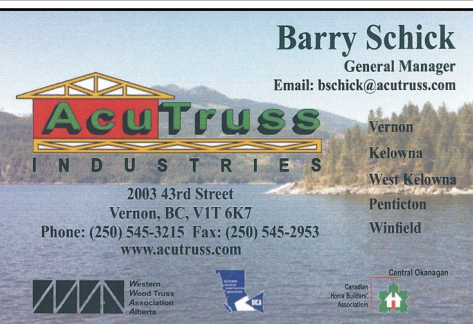
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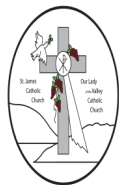
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