

**Saint James Church**  
2607 27 St  
Vernon, BC V1T 4W1

**Our Lady of the Valley**  
10102 Middleton Drive  
Coldstream, BC

**St. Benedict's**  
Head of the Lake Rd  
Vernon, BC

**St Theresa's Church**  
15 Royal Rd  
Vernon, BC

**Sacred Heart Church**  
2202 Park Ave  
Lumby, BC V0E 2G0



**Mass Times**  
5:00 pm Saturday  
8:30 am Sunday  
7:00 pm Sunday

**Mass Times**  
10:30 am Sunday

**Mass Times**  
12:00 pm Sunday  
1st, 3rd and 5th Sunday

**Mass Times**  
12:00 pm Sunday  
2nd & 4th Sunday

**Mass Times**  
5:30 pm Saturday  
9:30 am Sunday

## 3RD SUNDAY OF LENT

### MARCH 23, 2025

*THE MONTH OF MARCH IS DEDICATED TO ST. JOSEPH*



#### St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon-Thursday	9 am-9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

#### SACRAMENT OF BAPTISM

Please contact the Parish Office at least 6 WEEKS prior to your requested date to ensure time for your preparation.

#### SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office at least 6 MONTHS prior to your requested wedding date.

#### Easter Mass Schedule

	Holy Thursday	Good Friday	Easter Vigil	Easter Sunday
St. James	7:00 pm	3:00 pm	7:00 pm	8:30 am
				1:00 pm
OLOV		12:00 noon		10:30 am
St Benedict				12:00 noon

#### Notes/Reminder

- April 03—Fill the Valley—OLOV at 6:00 pm
- April 06—1st Sunday of the month—Food for the Poor & Jubilee Prayer
- April 06—KofC—Pancake Breakfast after 8:30 mass
- **April 10—Lenten Confession—6:30 pm St James**
- April 11—KofC “Fish Fry” tickets available at the office and at both churches (after the weekend mass)
- April 12—MINI PILGRIMAGE—mass 9am—St James
- April 19—**Blessings of Easter Basket** Holy Saturday—St James-10:30am

#### OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

<b>Pastor</b>	Rev Fr Peter Nguyen frpeter@shaw.ca	250-542-1276
<b>Parochial Vicar</b>	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
<b>Permanent Deacon</b>	Deacon Paul Murphy	778-212-2020 (call or text)
<b>Diocese Kamloops Office</b>	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

**St James School**  
2700 28th Avenue  
Vernon, BC V1T 1V7

Melanie Inzunza — Principal  
(250) 542-4081  
Ascend Catholic School Online

www.stjamesvernon.com  
office@stjamesvernon.com  
www.rcdk.org/ascend-online-school



**Mission Statement:** United in the Eucharist to love and serve.

**Vision Statement:** Inspired by the Spirit to:  
-know our faith and vocation  
-serve the needs of others  
-welcome new parishioners into our faith community  
-share our excitement about Jesus

### Pope Francis' Prayer Intention for March

**For the families in crises**—Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

### MASS INTENTIONS—March 24-30

March 24	Mon	8 am SJ	All who attended the Residential School	INT
March 25	Tues	8 am SJ	Clarence M. Kennedy	RIP
March 26	Wed	8 am SJ	Private Intentions	INT
March 27	Thurs	8 am SJ	Jan & Helena Novotny	INT
March 28	Fri	8 am SJ	CWL Intentions	INT
March 29	Sat	9 am SJ	Alda Banducci	RIP
		5 pm SJ	Jose Louis Romero	RIP
March 30	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Louise Gaba	RIP

### PARISH MINISTRIES

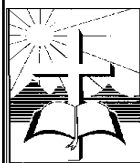
CWL (St James)	7:00 pm Tues (April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: <a href="http://www.facebook.com/kofc4949">www.facebook.com/kofc4949</a>
KOC (OLOV)	St Teresa Council 12202: <a href="http://www.kofc12202.ca">www.kofc12202.ca</a>
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes Email:
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email:
Parish Pastoral Care Ministry	Contact the Parish Office Email: <a href="mailto:stjamesvernon@rcdk.org">stjamesvernon@rcdk.org</a>

### Funeral/Prayer Services

**Edgar Wolf**—Funeral April 10 at 2 pm—OLOV

**Edward Poirier**—Funeral April 11 at 9:30—St James

**Ann Jubenvill**—Prayer, April 25 at 6pm—OLOV  
Funeral, April 26 at 11 am—OLOV



### Next Sunday's Readings:

**March 30, 2025**

Joshua 5.9a, 10-12  
Ps 34.1-2, 3-4, 5-6 (R.8a)  
2 Corinthians 5.17-21  
Luke 15.1-3, 11-32



### SERRA CLUB of KAMLOOPS DIOCESE

*Holy Hour—for Vocations*

11. It is impossible in human terms to exaggerate the importance of being in adoration before the Eucharist as often and for as long as our duties and state of life allow. (Fr. John Hardon)

### Quote from St. John Vianney

"...Be prepared to render anyone a service whenever the opportunity arises..."



### Sunday Offertory - March 16

St James \$ 3,349  
OLOV \$ 1,198  
St Benedict \$ 185

*Thank you for your generosity.*



### Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 250-542-1276 or email [stjamesvernon@rcdk.org](mailto:stjamesvernon@rcdk.org) to request a visit.



### PASTORAL CARE MINISTRY

If you are in the hospital or in the homes and are Roman Catholic, please insure you or a family member contacts the office at 250-542-1276 or email at [stjamesvernon@rcdk.org](mailto:stjamesvernon@rcdk.org) to ensure that you will be visited by the Priest or the Pastoral Care Team.

### HOLY DOOR Mini PILGRIMAGE ST. JAMES CHURCH

**Saturday, April 12, 2025 at mass 9am**

Together with St. Joseph's—Salmon Arm, Sacred Heart—Lumby, St. Joseph's—Armstrong, St. Ann's—Enderby, Our Lady of the Valley—Coldstream, St. Benedict's—Head of the Lake and all the surrounding Catholic Churches in the Diocese of Kamloops will be have a Mini Pilgrimage at St. James Church—Vernon.

### DIOCESAN ANNIVERSARY CELEBRATION SAVE THE DATE!

**On Sunday June 22, 2025**, Bishop Joseph Nguyen invites all to a Corpus Christi Mass starting at Riverside Park Bandshell with the Eucharistic procession following Mass to Sacred Heart Cathedral, Benediction, Sacred Display and BBQ Dinner in celebration of the 80th Anniversary of the Diocese of Kamloops.  
More info to come!

### Catholic Book Club

The next book is **33 Days to Morning Glory** by Michael E. Gaitley. Please read the introduction and begin the daily readings on your own on March 26 in preparation for our discussion of Week 1 at our meeting on April 2. This would be a good review of the Marian Consecration many parishioners participated in years ago in 2012 and 2013. Meet at 9 am in the Monsignor Miles Hall in the St James church basement.

## STATION OF THE CROSS

Please join us for Stations of the Cross will be held every Friday during Lent at 7:00 pm St. James Church.

**All Are Welcome!**

Date	Ministry to lead
March 28	Knights of Columbus Council 12202
April 04	CWL—St James
April 11	CWL—OLOV

## Remembering Vocations in your Lenten Devotions—2025

“God has grown weary of us. Let us welcome Lent as the great season in which he remind us” “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery” (ex 20:2). Lent is a season of conversation, a time of freedom. Jesus himself, as we recall year each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters.” Pope Francis

### Meditations

March 23— Third Sunday of Lent: “Therefore every vocation, even within the variety of paths, always requires an exodus from oneself in order to centre one’s life on Christ and on his Gospel. Both in married life and in the forms of religious consecration, as well as in priestly life, we must surmount the ways of thinking and acting that do not conform to the will of God.” We all have a vocation; it must be discerned through and a willingness to sacrifice ourselves to the Lord’s will for the success of our vocation.

## St. James School—Spring Plant Fundraiser

We are selling **beautiful** plants to raise money for our St. James students. Copy the link to place your order.

[https://stjamescatholic.growingsmilesfundraising.com/home#place\\_order\\_now](https://stjamescatholic.growingsmilesfundraising.com/home#place_order_now)

Orders Due by: April 20 at 12:00 noon

Pickup date: May 05th at 2:30-4:30 pm

Pickup location: St James School Parking lot

Thank you for your continued support!

## Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adorers. We especially need adorers for these hours.

Tues 3-4 pm an 4-5 pm Wed. 12-1, 2-3pm and 6-7 pm

Thurs 12-1pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or [adorationstjames@gmail.com](mailto:adorationstjames@gmail.com).

## Vernon Pro-Life Society—\$1500 Scholarship

Vernon Pro-Life Society is now accepting a scholarship application from Graduating Grade 12 students.

Email it to [prolifescholarship@gmail.com](mailto:prolifescholarship@gmail.com) or pick the form at the Pro-Life Store 3102-31 Avenue.

**Deadline—May 12, 2025**

## LENTEN RETREAT 2025

**St. James—April 08, 09, 10  
7:00pm—8:00 pm**

Fr. Henry Nwaimo will led us the **Lenten Retreat**.

The topic will be the 2025 Jubilee Year

**“Pilgrims of Hope”**

Everyone is encourage and are most invited to come.

## OLOV Mass During Lent Season

The mass at OLOV during lent season is **every Friday at 11:00 am** followed by the Station of the Cross. All are welcome to join!

## A CONFIRMATION RALLY “A PILGRIM OF HOPE”

April 26, 2025 10:00 am to 4:30 pm

OLPH Parish Centre—635 Tranquille Road, Kamloops, BC

Kamloops Catholic Youth Group invites the candidates for confirmation to A Confirmation Rally.

To register or for more information please email Andy at [kcyg@redk.org](mailto:kcyg@redk.org)

## CATHOLIC MEN’S CONFERENCE

**April 4 & 5 - Immaculate Conception Church—Kelowna, BC  
Join us for the Catholic Men’s Conference!**

Start Time: April 04 at 7 pm

End Time: Saturday April 05 with closing anticipated Sunday

Mass starting at 5:00 pm

Speakers: Fr. Troy Nguyen and David Paul

Cost: Regular Tickers \$60 University Students: \$15

(Includes lunch on Saturday and breacktime refreshments)

**To register**—please visit [www.godsquad.ca](http://www.godsquad.ca) and click on ‘2025 Conferences’ on the menu bar.

## Upon This Rock—Catholic Faith Study for Adults

**Every Wednesday from January 08th to April 16th  
OLOV 7-9:00 pm**

In the next couple of months the focus will be on the 7 sacraments, starting with “The Sacrament of Initiation” followed by the five sessions covering the Eucharist on January 22nd to Feb 19th.

For details, reach out to Mark Langer at [marklanger3@gmail.com](mailto:marklanger3@gmail.com), or call/text 250-919-8553.

## Catechesis of the Good Shepherd

**Every Tuesday from Jan 21st to April 15th  
OLOV—10-11:30 am**

We welcome children ages **3-6 years** old to join us for this enriching experience as they learn about the life of Jesus, the liturgical seasons, and the beauty of our faith.

For more information or to register, please contact Mary Kate Langer at [mkgallagher1231@gmail.com](mailto:mkgallagher1231@gmail.com) - spaces are limited.





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