

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday



Mass Times
10:30 am Sunday



Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday



Mass Times
12:00 pm Sunday
2nd & 4th Sunday



Mass Times
5:30 pm Saturday
9:30 am Sunday

22nd Sunday in Ordinary Time August 30, 2026

"The month of September is dedicated to the Our Lady of Sorrow"

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration @ St Benedict	Mon -Thursday	9 am—9 pm
	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

Pastor	Rev Fr Peter Nguyen	250-542-1276
Parochial Vicar	Fr Paul coung Do	250-547-9070
	Sacred Heart, Lumby and St Benedict/St Theresa	
Permanent Deacon	Deacon Paul Murphy	778-212-2020(call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

NOTES/REMINDER

Mass Celebration at St. Benedict/Theresa is now back to normal

- Sept 03—Fill the Valley—OLOV—6pm
- Sept 04— **St James CLOSED** from 9am (see detail)
- Sept 06—First Sunday of the month—Food for the Poor
- Sept 06—Knights of Columbus 4949—Pancake Breakfast at the Parish Centre after 8:30 am mass
- Sept 12—OLOV-CWL September meeting
- Sept 25-26—**WOMEN'S RETREAT** (see details)

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Adorers needed for:

*Mon 2-3 pm, 3-4 pm and 4-5 pm
Tuesday 2-3pm, 3-4 pm, 4-5 pm and 6-7 pm
Thursday 3-4pm*

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com

INTERAC/E-TRANSFER DONATIONS

St James	givingstjamesvernon@rccv.org
OLOV	givingolov@rccv.org
St Benedict	givingstbenedict@rccv.org



Last Sunday's Offertory

EFT (July) Electronic Fund Transfer

PAD (Aug) Pre-Authorized Debit

St James	\$ 2546	\$ 1430	\$ 5996
OLOV	\$ 2122	\$ 1925	\$ 3625
St Benedict		\$ 100	

OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8am—2pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope's Prayer Intention for the month of September

For the care of water—Let us pray for a just and sustainable management of water, a vital resource, so that everyone may have equal access to it.

MASS INTENTIONS—Aug 31-Sept 06

Aug 31	Mon	8 am SJ	Nuala Sherman	RIP
Sept 01	Tues	8 am SJ	Bev Doyle	RIP
Sept 02	Wed	8 am SJ	Private Intentions	INT
Sept 03	Thurs	8 am SJ	Eileen de Rosier	RIP
Sept 04	Fri	8 am SJ	Marcus Novel	RIP
Sept 05	Sat	9 am SJ	Bernie Frohlick	RIP
		5 pm SJ	Linda M. Fedyniak	RIP
Sept 06	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7 pm SJ	Dr. Karl Langer & family	INT

PARISH MINISTRIES

CWL (St James)	7:00 pm (Sept 15 and Nov 10, 2026; Feb 9 and April 13, 2027) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June, Sept 12 & Nov)
KofC (St James)	Council 4949: www.facebook.com/kofc4949
KofC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	Deanna Johnstone, Allan Clear, Lorena Clowes Email: ppcstjames@gmail.com
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: ppcoulady@gmail.com
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org



Next Sunday's Readings:

September 06, 2026

Ezekiel 33.7-9
Ps 95.1-2, 6-7ab, 7c-9 (**R.7c+8a**)
Romans 13.8-10
Matthew 18.15-20



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

77. During our Holy Hour, those in most need of His Mercy are stamped and marked with the Precious Blood of Jesus. This includes those who are to die that day. ("Letter to a Brother Priest.")

Quote from St. John Vianney

"He to whom all power has been given has not yet lost it."



Pastoral Care Ministry

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rcdk.org for Pastoral Care.



Pastoral Care Training Program: Fall 2026 Series

Nine free online sessions to be held via Zoom

Saturdays from 9:30 am—noon PST

Sept 26-Nov 28, 2026 (no session Oct 10)

Please contact the parish office if you are interested.

THANK YOU!

Our **Vacation Bible School** was a wonderful success this year! We had approximately 60 children participants, 17 teens volunteers, 13 adults volunteers, plus a generous donation for the CWL and a delicious BBQ hosted by the K of C.

Thank you all who helped to make our VBS a great experience either through attending, volunteering or praying for us!

Fall Catechism Sign-Up

Families are invited to sign up for the upcoming **FFC Faith Formation for Children** program. Classes will begin at the beginning of October.

Please register your child as soon as possible so we can prepare materials and class lists. Send email; to ffevernon@gmail.com or to stjamesvernon@rcdk.org

More details about the schedule and registration process will be shared soon.

Notice: Church Closure—St James

Friday, September 04 at 9:00 am

Please note that St James Church will be closed all day on Friday, September 04 after the morning mass while the carpets and hard surfaces are steam cleaned. We appreciate your patience and understanding as we care for our church space.



FUNERAL SERVICE

September 12—**Walter Johnson**—St. James Church at 11 am

Commentary on the Sunday Mass Readings of Twenty-Second Sunday in Ordinary Time, Year A:

From Sunday's Gospel: "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it. What profit would there be for one to gain the whole world and forfeit his life? Or what can one give in exchange for his life? For the Son of Man will come with his angels in his Father's glory, and then he will repay everyone according to his conduct. Amen, I say to you, there are some standing here who will not taste death until they see the Son of Man coming in his kingdom" (Matt. 16:24-28).

The **First Reading** is taken from the *Book of the Prophet Jeremiah* 20:7-9 in which we hear Jeremiah giving voice to this internal anguish of mind; he hates what he has to say to his people, yet he is compelled by God to say it.

The **Second Reading** is from the *Letter of St. Paul to the Romans* 12:1-2 in which he tells the Roman Christians (converts, for the most part, from paganism) that they must prove themselves worthy of this great favors, they must live truly Christian lives.

The **Gospel** is from *Matthew* 16:21-27. From all eternity this was God's plan for mankind. But because sin had entered into the world before the Incarnation took place, the Son of God in his human nature had to suffer the violent death of the cross at the hands of sinners. In this very suffering he became the Lamb of God who took away the sins of the world, as the second—Isaiah had foretold in his "suffering servant" prophecies (Is. 53: 1-7; 42: 1-9 etc.). His death, because he was God as well as man, was a sacrifice, an atonement, of infinite value, and therefore obtained forgiveness from the Father for all the sins of the human race.

In foretelling his sufferings and death, which took place some months later, Christ intended to prepare his disciples and other followers for what he knew would be for them a severe crisis of faith. He also took occasion from it to remind his disciples, and all others who would follow him, of what their attitude to suffering and death should be. He told them, and us too, that we must be ever ready to accept sufferings in this life, and even an untimely death if that should be demanded of us, rather than deny our Christian faith.

To prove their loyalty to their faith in Christ thousands of Christians in the early Church, and thousands more during persecutions in late centuries, gladly took him at his word and went joyfully to their martyrdom. It is to be hoped that, aided by God's grace, we would all be ready to imitate their example, if called on to prove our fidelity to Christ and our Christian faith. But at the moment what Christ expects and asks of us is that we should bear the sufferings and hardships of daily life cheerfully and gladly for his sake.

This daily carrying of our Christian cross can be, and is for many, a prolonged martyrdom. Poverty, ill-health, cruelty and hardheartedness met with in the home and in one's neighbors, are heavy crosses which only a truly Christian shoulder can bear. But, if we were offered health, happiness, peace, wealth and power for the next fifty or seventy years on earth, in exchange for an eternal heaven after death, what rational one among us would accept that offer?

Christians know that this life is a period of training, which makes us ready hereafter to receive the eternal reward which Christ has won for us. Every trainee knows that one must endure certain hardships and sufferings in order to merit graduation into one's chosen profession or trade. On our Christian graduation day we shall, please God, hear the welcome words: "Well done good and faithful servant; because you have been faithful in small things, I will trust you with greater, come and join in your Master's happiness" (Mt. 25-21). May God grant that every one of us will hear these words of welcome.

- Excerpted from The Sunday Reading by Fr. Kevin O'Sullivan, O.F.M.

Upon This Rock: Adult Faith formation for Catholics and Converts

In September we're launching a new year for **Upon This Rock**: Exploring the Biblical Foundations of the Catholic Church. This class is required for any prospective converts that would like to explore and learn about the Catholic faith with the hope of receiving the Sacraments of Initiation next Easter, but it also serves as an excellent class for life-long Catholics wanting to take their understanding and faith deeper, and to strengthen their relationship with God.

The class runs weekly, from mid-September through to Easter, starting with foundational topics and building to the full scope of church teaching.

Come learn about the faith in a welcoming group environment. Classes are free to attend.

For more information and to register, go to our website at rccv.org and click on **Upon This Rock**.

Women's Retreat—"Embracing God's Plan"

Join Nancy Simms and Christian Mason of **God's Unfinished Works of Art** as they lead us to discover and explore Embracing God's Plan.

All Women are invited!!

Friday, Sept 25th—6:30 pm—9:00 pm

Saturday, Sept 26th—Mass 9:00 am—3:30 pm

Monsignor Miles Hall (St. James Church Basement)

Mass, adoration & Confession

Lunch & coffee breaks included—Cost \$30.00

Register by September 14, 2026

Contact Amy Bernhardt 250-308-9612 (text or call)

Email: amybernhardt5@icloud.com

Knights of Columbus Council 12202 (OLOV) Fall and Winter Program

Coats for Kids Program—Help Us Keep Our Children Warm!

- Drop off bins are now available at OLOV Narthex and at St. James front entrance.
- Financial donations to **Knights of Columbus Council #12202**, e-transfer: FSSTC12202@gmail.com Memo: "Coats for Kids" and/or Cash donation to drop off at the office. **Donations of \$100 or more are eligible for a tax receipt.**

Giving Tree—OLOV church starting 2nd week of September

Knights of Columbus Council #12202

Knights of Columbus 4949 Pancake Breakfast

September 06th—come and join us at the Parish Centre after 8:30 am mass at St. James.

Children's Liturgy Volunteers Needed! OLOV—10:30 mass every Sunday

We are looking for volunteers and helpers for Children's Liturgy, which will begin again in September. This is a wonderful opportunity to share your faith with the children of our parish in a simple and meaningful way. Training and support will be provided.

If you are interested or would like more information, please contact the parish office.

Barry Schick
General Manager
Email: bschick@acutruss.com



AcuTruss INDUSTRIES
2003 43rd Street
Vernon, BC, V1T 6K7
Phone: (250) 545-3215 Fax: (250) 545-2953
www.acutruss.com

Vernon
Kelowna
West Kelowna
Penticton
Winfield

Central Okanagan
Western Wood Truss Association
Canadian Wood Truss Association



Come Visit the New and Exciting City Furniture!

- Furniture • Appliances
- Mattresses • Electronics
- Accessories

5401 Anderson Way
Between Kal Tire & Superstore **250-549-3121**

EXPERIENCE BETTER VISION
iris.ca
IRIS

Dr. Mark Langer
Optometrist
250.542.2239

4900 27th Street, Suite 760
Vernon, BC, V1T 7G7
mark.langer@iris.ca
fax: 1.866.875.3081

Confraternity of the Knights of St. Peter and St. Paul
Grand Chapter of British Columbia
Grand Prior Chev.
Guenter A. Rieger



www.facebook.com/KnightsofStPeterandStPaul/
www.knightsofstpeterandstpaul.com

PLEASANT VALLEY DENTAL
Dr. Sean Bicknell D.M.D., BSc.(Dent.)
General, Cosmetic, and Implant Dentistry

3607 - 27th Street, Vernon, BC
250-558-4222
www.pleasantvalleydental.ca



Rieger Farms
Armstrong, BC
Free Range Eggs
Guenter & Regina Rieger
www.RiegerFarms.com

Vernon LANDSCAPE Centre
Marc Fortier
Owner

- Soils & Garden Mix
- Bark Mulches
- Decorative Rock & Shale
- Sand & Gravel
- Natural Rock & Stone
- Flagstone • Concrete
- Pavers & Slabs
- Retaining Wall Blocks
- Landscaping Supplies
- Pond Supplies
- Outdoor Lighting
- Delivery Available

4620 - 23rd Street
Vernon, BC
V1T 4K9

Tel: (250) 542-8191
Fax: (250) 542-8660
Cell: (250) 309-8997

FREE ONSITE LOADING

LINQ Flooring
Create Your Space, Your Way.

Official Flooring Supplier to St. James Parish
Gratitude and Blessings...

Residential & Commercial Flooring
Tile | Cabinet Hardware | Quartz Countertops | Synthetic Turf

LINQFLOORING.COM 250-281-1116

NICHOLAS RASQUINHA
REALTOR

250-307-6777
rasquinhanic@gmail.com
nicholas-homes.com




ROYAL LEPAGE
KELOWNA

CYPRESS FUNERAL & CREMATION SERVICES
RON LA ROSE
Licensed Funeral Director
vernon@cypressfuneral.ca

4417 29 Street
Vernon, BC V1T 5B7
T 250.558.0866 F 250.558.0882
cypressfuneral.ca



GREEN LION FARMS

Fresh Sustainable Local Produce
365 days a year
3922 Hullcar Rd
Armstrong, BC V0E 1B4
Call us today 250-938-0076
On-Line order: <https://www.greenlionfarms.ca/>



Vernon & Area Pro-Life Society
3102 31st Ave
Store Office
250-545-0777 866-289-4715

Donations - the store accepts good quality clothing, household items, books, etc.
Store hours - Monday to Saturday, 10am until 2pm
Store volunteers needed
For \$20.00 yearly become a member. If you need help or support for you and your child, please call the



Knights of Columbus - Free 1 Year On-Line Membership. You can enjoy the benefits of being a Knights of Columbus member including Accidental Death Benefit and the famous Columbia Magazine. Goto: www.kofc.org/joinus Promo Code: BLESSEDMCGIVNEY After joining, please check your INBOX for confirmation.

Free One Year On-Line Membership
Enjoy the benefits of being a Knights of Columbus Member.

Goto: www.kofc.org/joinus
PROMO CODE: BLESSEDMCGIVNEY



After joining online, please check your inbox for confirmation.

VALLEY WIDE CARPENTRY LTD.
TIMOTHY RIGUEDELL
OWNER + RED SEAL CARPENTER

250.307.1810
TIM@VALLEYWIDECARPENTRY.COM

WWW.VALLEYWIDECARPENTRY.COM

SCAN FOR FREE ESTIMATE



Specializing in commercial and residential renovations and additions.
SERVING THE OKANAGAN VALLEY

FORMED

Our Parish has a FORMED subscription. Visit signup.formed.org and select our parish name.

RCCV: St James 2607- 27th Street Vernon BC

Access to this site is FREE!

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office **at least 6 MONTHS** prior to your requested wedding date.

SACRAMENT OF BAPTISM

Please contact the Parish Office **at least 6 WEEKS** prior to your requested date to ensure time for your preparation.

LEARN MORE ABOUT OUR FAITH & OUR PARISHES
STAY INFORMED ON EVENTS. GET INVOLVED.
VISIT OUR REFRESHED WEBSITE
www.rccv.org
ROMAN CATHOLIC CHURCHES OF VERNON (RCCV)