



ROMAN CATHOLIC DIOCESE OF KAMLOOPS

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Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

January 6, 2026

The Month of January is dedicated to **The Holy Name.**

The Holy Father's Intentions for the Month of January 2026

For prayer with the Word of God

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Words from our secondary patron, St. John Vianney

"We have only to turn to the Blessed Virgin to be heard. Her hear is all love"



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and

Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Wednesdays and Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



47. Eucharistic Adoration is the most necessary mission to the Church, which has even more need of prayerful souls than of powerful preachers or men of eloquence. (St. Peter Julian Eymard)



2025 YEAR IN REVIEW



19	teens were invited to put Jesus at the centre of their lives at the Discover Jesus retreat
25	confirmation candidates attended the "Pilgrim of Hope" Confirmation Rally
64	young people feasted at The Feast youth rally with Fr. Leo Patalinghug
10	Encounter Nights hosted
10	Committed Discipleship Team Members

SOCIALS:



TRU MINISTRY

- Through our involvement in the Multi-Faith Chaplaincy, we established a monthly Mass on campus for students, staff and community members
- Aided in re-booting the TRUSU Catholic Students Society

KCYG: THE START

KCYG began in January 2025 with a simple but bold mission: to spark youth ministry in Kamloops and support parishes across the diocese as they grow their own ministries. By February, we launched semimonthly gatherings with a small but eager group. Spring brought our first Confirmation Rally with 25 participants, along with coordinating the rosary for Corpus Christi and organizing games for the diocese's 80th anniversary celebration. Through the summer we continued semimonthly socials and hosted a full-day Discover Jesus retreat. In September we launched our Monthly Youth Mass & Encounter Night, followed in October by our first diocesan youth rally, The Feast, with Fr. Leo Patalinghug. This fall, we continued our Youth Masses, Encounter Nights, and added Discipleship Nights to help form our emerging young leaders. What started as a new initiative in January is growing into a vibrant, joy-filled movement where young people encounter Jesus and are accompanied as they become His disciples.

TESTIMONY

"KCYG hasn't just helped me connect with a group of other teens... it's taught me how to establish a firm foundation for my faith and how to come closer to God in ways I didn't even know existed. Through Encounter Nights, rallies, and discipleship meetings, I've been able to learn many things about my faith and how to apply God's message in my daily life, helping me get several steps closer to where I want to be in my relationship with God."

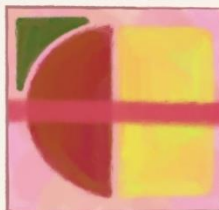
- Mauro Lama
- Gr. 12 Student

LOOKING AHEAD: 🧐

January 11th: Youth Mass Encounter Night
February 22nd: Youth Mass & Encounter Night
March 22nd: Youth Mass & Encounter Night
April 19th: Youth Mass & Encounter Night
May 2nd: Diocesan Confirmation Retreat
May 31st: Youth Mass & Encounter Night



TO FIND OUT MORE OR GET INVOLVED CONTACT ANDY AT KCYG@RCDK.ORG



Art Contest

Calling all young Catholic women to express
their joy and love of God through art.

JANUARY 15, 2026

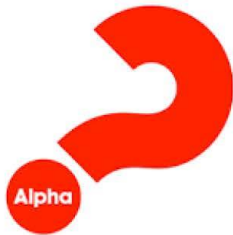


This contest is open to all young Catholic women between the ages of 10 - 35 years old. You can use the mediums of watercolor, charcoal, acrylics, oil, and pencil crayon only. Please send a photo of your original art with your name, address, phone number, age and email address to: pastpresident@bcyukoncwlc.com before the deadline. Winners will be announced at the BC/Yukon provincial convention in June 2026 at Sidney, BC.

THEME:

**nature, animals, portraits
with a spiritual theme**

First place award certificates will be given in the following categories:
ages 10-17
ages 18-25
ages 26-35



The Alpha Course is a series of interactive sessions exploring the basics of the Christian faith, designed for anyone curious about the topic. Lasting 9 weeks, each session includes food, a video, and a small group discussion where participants can ask questions in a friendly and open environment. Alpha is open to people of all backgrounds and levels of belief.

What to expect

- **Connection:**

Each session starts with a time of refreshments and a meal, creating a welcoming atmosphere.

- **Content:**

Following the initial connection, there is a video on a topic central to the Christian faith. These videos explore big questions about life and faith, such as "Is there a God?" or "Who is Jesus?" or "Why did Jesus die?".

- **Conversation:**

Participants break into small groups to discuss the talk, ask questions, and share their thoughts. Participants can say whatever they think in a safe and friendly environment.

Who it's for

- People who are new to the Christian faith.
- Anyone curious about Christianity and its core beliefs.
- Those with questions about life, faith, and purpose.
- It's open to everyone and designed to be a space with no pressure or follow-up.

Catholic Alpha is actively promoted by our Bishop and has run with great success in the Vancouver Archdiocese. It is Bishop Joseph's express wish that Alpha start in Kamloops and then grow throughout the Diocese.

Alpha will run on Thursday evenings from Jan 8 until March 5, as well as on one Saturday (Feb 14).

Questions? Please contact me anytime at cathedralpa@rcdk.org or 587 201 1712

Mark Perren for,
The Alpha Team

Alpha, an open space to meet new people,

And unpack Life's big questions - Together



Thursday evenings in
January and February
5:30 - 8 pm at Sacred
Heart Cathedral, 255
Nicola Street, Kamloops

Fine, free meal at 6
pm!



Register here with
this QR code, or
email

cathedralpa@rcdk.or

[g](#)

Questions?

*Meet new people and explore life together. **Alpha** is for anyone who's curious. No judgement, no pressure. Each session unpacks a big question of life, faith, and purpose, and is designed to spark conversation. Come along, see what you think!*



This program helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is March 2026 in Kelowna. For more information please email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403.



SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary closer to Christ, more knowledgeable of seminary life, and will inspire other boys and men to respond to the possibility of a call to the priesthood or religious life.

Dates of the next Seminary Live ins:

February 7-8, 2026

July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

2026 Week of Prayer for Christian Unity January 18-25, 2026



CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>