



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

635A Tranquille Rd. Kamloops, BC V2B 3H5

Phone 250-376-3351 Fax 250-376-3363

E-mail info@rcdk.org

Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

January 20, 2026

The Month of January is dedicated to **The Holy Name**.

The Holy Father's Intentions for the Month of January 2026

For prayer with the Word of God

Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Words from our secondary patron, St. John Vianney

"It is in solitude that God speaks to us."



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Wednesdays and Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



49. For Jesus to 'work miracles' is available in our day on one condition. That we come to him in Adoration and confidently beg him to give us the graces that we so desperately need! (Fr. Hardon)



ST. ANN'S ACADEMY

ALUMNI HOMECOMING

CELEBRATING 146 YEARS OF COMMUNITY

**YOU'RE INVITED TO THE 2026 ST. ANN'S ACADEMY
ALUMNI HOMECOMING!**



BRING YOUR FAMILY OR COME SOLO AND
EXPLORE THE SCHOOL WITH GUIDED TOURS
OR TAKE PART IN A SCAVENGER HUNT



ENJOY LIVE ENTERTAINMENT, CHILDREN'S
ACTIVITIES, AND A CHANCE TO CATCH UP
WITH OLD FRIENDS



SNACKS, DESSERTS, AND REFRESHMENTS
WILL BE SERVED!



ST. ANN'S ACADEMY
205 COLUMBIA ST
KAMLOOPS, B.C.



MAY 16TH 2026
SATURDAY
1:00 PM - 4:00 PM



The Alpha Course is a series of interactive sessions exploring the basics of the Christian faith, designed for anyone curious about the topic. Lasting 9 weeks, each session includes food, a video, and a small group discussion where participants can ask questions in a friendly and open environment. Alpha is open to people of all backgrounds and levels of belief.

What to expect

- **Connection:**

Each session starts with a time of refreshments and a meal, creating a welcoming atmosphere.

- **Content:**

Following the initial connection, there is a video on a topic central to the Christian faith. These videos explore big questions about life and faith, such as "Is there a God?" or "Who is Jesus?" or "Why did Jesus die?".

- **Conversation:**

Participants break into small groups to discuss the talk, ask questions, and share their thoughts. Participants can say whatever they think in a safe and friendly environment.

Who it's for

- People who are new to the Christian faith.
- Anyone curious about Christianity and its core beliefs.
- Those with questions about life, faith, and purpose.
- It's open to everyone and designed to be a space with no pressure or follow-up.

Catholic Alpha is actively promoted by our Bishop and has run with great success in the Vancouver Archdiocese. It is Bishop Joseph's express wish that Alpha start in Kamloops and then grow throughout the Diocese.

Alpha will run on Thursday evenings from Jan 8 until March 5, as well as on one Saturday (Feb 14).

Questions? Please contact me anytime at cathedralpa@rcdk.org or 587 201 1712

Mark Perren for,
The Alpha Team

Alpha, an open space to meet new people,

And unpack Life's big questions - Together



Thursday evenings in
January and February
5:30 - 8 pm at Sacred
Heart Cathedral, 255
Nicola Street, Kamloops

Fine, free meal at 6
pm!



Register here with
this QR code, or
email
cathedralpa@rcdk.org
Questions?

*Meet new people and explore life together. **Alpha** is for anyone who's curious. No judgement, no pressure. Each session unpacks a big question of life, faith, and purpose, and is designed to spark conversation. Come along, see what you think!*



This program helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey

to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is March 2026 in Kelowna. For more information please email grieftogracekelowna@gmail.com or make a confidential call to 250-808-6403.



SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It

gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary drawn closer to Christ, enriched by a deeper understanding of seminary life, and inspired to encourage other boys and men to consider and respond to a possible call to the priesthood or religious life.

Dates of the next Seminary Live ins:

February 7-8, 2026

July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

2026 Week of Prayer for Christian Unity January 18-25, 2026



The recently-launched [National Ecumenical Strategy](#) of the Canadian Conference of Catholic Bishops (CCCB) lays particular stress upon “spiritual ecumenism,” defined as “the heart of the ecumenical movement.” This includes “praying for and with other Christians, promoting prayer for unity in local parishes, and participation in the planning and leadership of interdenominational prayer services for various intentions—especially that of Christian unity.” The Week of Prayer for Christian Unity (WPCU), which falls in 2026 from January 18th to 25th, offers a chance for these activities. The theme for 2026 is **“There is one body and one Spirit”** (Ephesians 4:4).

For 2026, the Department of Interchurch Relations of the Armenian Apostolic Church prepared prayers and reflections. The [Canadian Council of Churches](#), including the CCCB, adapts these resources to the Canadian context. These Canadian resources are found on a dedicated website:

[2026 WPCU Resources — Week of Prayer for Christian Unity](#)

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>