



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

March 3, 2026

The Month of March is dedicated to **St. Joseph**.

The Holy Father's Intentions for the Month of March 2026

For disarmament and peace.

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Words from our secondary patron, St. John Vianney

"There is nothing easier than to pray to God and nothing is more comforting."



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and

Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

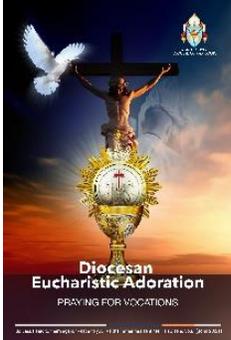
8am – 9am Wednesdays and Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



54. Devotion to the Eucharist is the most noble, because it has God as its object; it is the most profitable for salvation, because it gives us the Author of Grace. (St. Pope Pius X)

Prayerful wishes to Fr. Andrew L'Heureux who celebrates his birthday on March 2nd, Fr. Donal O'Reilly who celebrates his birthday on March 16th, Bishop Joseph Nguyen who celebrates his birthday March 25th, and Fr. Fred Weisbeck who celebrates his birthday on March 29th!



Diocesan Adoration Week

March 8 – 14 – Our Lady of the Mountains, Whistler
March 15 – 21 – St. Jude's – 100 Mile House
March 22 – 28 – Our Lady of the Valley – Coldstream
April 5 – 11 – Sacred Heart – Williams Lake
April 12 – 18 – North Thompson Parishes
April 19 – 25 – St. John's Lillooet

Scholarship Opportunity

Please pass this information on to anyone who you think may qualify.

Albert Johnston Scholarship Opportunity

\$1000 towards post-secondary tuition for students having completed Grade 12 by June 2026.

Requirements - due April 1, 2026:

1. Essay
2. Two references
3. Volunteering (in pro-life-affirming activities with those who are pregnant, disabled, elderly) which contestants should begin now.

Please allow 5 business days for Canada Post delivery of your essay to us by the due date.

Email: kamloopsprolife@gmail.com for more information or see 'Scholarship' under 'Events' on our website <http://www.voices4life.com>

CCCB - Journey Through Lent - Weekly Video Reflections

The Canadian Conference of Catholic Bishops (CCCB) presents [Journey Through Lent](#). This video series, a joint project of the CCCB's National Liturgy Office, *Office national de liturgie* and the Office for Evangelization and Catechesis, provides weekly Lenten spiritual reflections.

This year's reflections are presented by:

The Most Reverend Daniel J. Miehms, Bishop of Peterborough (in English).

The Most Reverend Juan Carlos Londoño, Auxiliary Bishop of Québec (in French)

Third Sunday of Lent 2026

On this Third Sunday, Bishop Miehms provides a reflection on the transformative encounter of the Woman and the Well with Jesus.



You are cordially invited to join us for
Holy Mass with
Rite of Institution
 to the Ministry of Lector



You are warmly invited to attend Holy Mass with the Rite of Institution to the Ministry of Lector of our seminarian, Peter Nguyen. Please join us in prayer as Peter takes his next step and continues his journey of discernment toward the priesthood.

Sacred Heart Cathedral
 Celebrated By Bishop Joseph Nguyen
Sunday, March 15, 2026
8:30 am
 255 Nicola Street, Kamloops, BC




Christmas Mass

TUESDAY, MARCH 31, 2026
10.00 am

Sacred Heart Cathedral
 255 Nicola Street, Kamloops, BC



HOPEWELL
 Clinic + Pregnancy Centre

BABY BOTTLE
Campaign

Hopewell exists to meet women facing an unplanned pregnancy with compassion and hope, offering a safe, confidential place to talk and the chance to see the precious life growing inside them through an ultrasound. From there, our Family Resource programs continue that care—walking with them from those first overwhelming moments of pregnancy until their child enters kindergarten, ensuring they never have to journey alone. To learn more about the impact of Hopewell, watch Isabella’s story here: <https://www.youtube.com/watch?v=fwRbZmTqzrk>

You can support women and families by giving to our annual Baby Bottle Campaign.

There are four ways to donate:

- * Online: [RCDK Baby Bottle Campaign | Hopewell Clinic](#)
 - * E-transfer: donate@hopewellkamloops.ca
 - * Mail: 429 Tranquille Rd. Kamloops, BC V2B 3G9
 - * Baby Bottle: Pick up a bottle at your church and return it by Easter
- Thank you for your support!

ATTENTION MEN !

Prayer, Formation, and Fraternity for Men

Cor exists to form and strengthen Catholic men in faith and virtue as missionary disciples by drawing them into a deeper relationship with Jesus Christ through prayer, formation, and fraternity.

We are excited to share the upcoming **COR** gathering, when **we will be joined by Bishop Joseph**, who will share his wisdom with us.

Cor is open to every man of our Parishes.

Cor with Bishop Joseph, will be held at 9:30 to Noon on Saturday, March 21 in the Cathedral basement hall.

Come join us for coffee and donuts, prayer and fraternity.

If you have additional questions, please reach out to Mark Perren at 587 201 1712 / cathedralpa@rcdk.org



*What we do as men,
we do because it is
the fruit of our
relationship with
Christ.*

Knights of Columbus Council 1614 at Sacred Heart Cathedral are hosting “LOBSTERMANIA 2026”

On June 13, 2026 at the OLPH Parish Centre, join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet. DANCE THE NIGHT AWAY WITH LIVE MUSIC BY “JERRY DE SOUZA AND THE MELODYMAKERS”

Get a group of relatives, friends, or coworkers together and enjoy an East Coast Lobster evening. Tickets are \$85.00 each and are available from Anthony Muzzillo 250-851-1111, Garry Mayhew 250-572-5429 and John Giddens 250-682-4600.

Get your tickets early!!!



Brandi Nikolaisen

**Save your Spot now for
September 2026!**

Are you a homeschool family looking for in-person connection, hands-on learning, and experiences that will have your kids eager to come back week after week?

We have a 2 day Blended Program at Holy Family Kamloops.

What makes this program special?

- Engaging activities designed around the **BC Curriculum**
- Focus on Science, Social Studies, ADST, and English Language Arts
- Creative projects and learning that spark curiosity
- Catholic faith woven throughout the program

Go to www.ascendonline.ca to click on our Blended programs



MSGR. DESMOND'S 60TH ANNIVERSARY OF ORDINATION

Save the Date



Columbo Lodge, Kamloops, BC

MAY | 16th | 2026

More Information to come



ST. ANN'S ACADEMY

ALUMNI HOMECOMING

CELEBRATING 146 YEARS OF COMMUNITY

**YOU'RE INVITED TO THE 2026 ST. ANN'S ACADEMY
ALUMNI HOMECOMING!**



BRING YOUR FAMILY OR COME SOLO AND
EXPLORE THE SCHOOL WITH GUIDED TOURS
OR TAKE PART IN A SCAVENGER HUNT



ST. ANN'S ACADEMY
205 COLUMBIA ST
KAMLOOPS, B.C.



ENJOY LIVE ENTERTAINMENT, CHILDREN'S
ACTIVITIES, AND A CHANCE TO CATCH UP
WITH OLD FRIENDS



MAY 16TH 2026
SATURDAY
1:00 PM - 4:00 PM



SNACKS, DESSERTS, AND REFRESHMENTS
WILL BE SERVED!



This program helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is March 2026 in Kelowna. For more information please email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403.



SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary drawn closer to Christ, enriched by a deeper understanding of seminary life, and inspired to encourage other boys and men to consider and respond to a possible call to the priesthood or religious life.

Dates of the next Seminary Live ins:
July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>