

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday



Mass Times
10:30 am Sunday



Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday



Mass Times
12:00 pm Sunday
2nd & 4th Sunday



Mass Times
5:30 pm Saturday
9:30 am Sunday

21st Sunday in Ordinary Time Aug 23, 2026

"The month of August is dedicated to the Immaculate Heart of Mary"

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration @ St Benedict	Mon -Thursday	9 am—9 pm
	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

Pastor	Rev Fr Peter Nguyen	250-542-1276
Parochial Vicar	Fr Paul coung Do Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020(call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

NOTES/REMINDER

- **NO MASS AT ST. BENEDICT/THERESA**—watch for the up-date
- **Aug 25—Mass at 5 pm (no morning mass)**
- August 25th—**Bishop Joseph's 10th Episcopal Ordination Anniversary** (see detail)
- Sept 06—Knights of Columbus 4949—Pancake Breakfast at the Parish Centre after 8:30 am mass
- Sept 12—OLOV-CWL September meeting
- Sept 25-26—**WOMEN'S RETREAT** (see details)

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Adorers needed for:

*Mon 2-3 pm, 3-4 pm and 4-5 pm
Tuesday 2-3pm, 3-4 pm, 4-5 pm and 6-7 pm
Thursday 3-4pm*

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com

INTERAC/E-TRANSFER DONATIONS

St James	givingstjamesvernon@rccv.org
OLOV	givingolov@rccv.org
St Benedict	givingstbenedict@rccv.org



Last Sunday's Offertory

EFT (July) Electronic Fund Transfer

PAD (Aug) Pre-Authorized Debit

St James	\$ 3480	\$ 1430	\$ 5996
OLOV	\$ 2106	\$ 1925	\$ 3625
St Benedict		\$ 100	

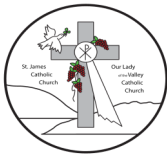
OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8am—2pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope's Prayer Intention for the month of August

For evangelization in the city—Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.

MASS INTENTIONS—Aug 24-30

Aug 24	Mon	8 am SJ	Carmela Cuglietta	RIP
Aug 25	Tues	5 pm SJ	Private Intention	INT
Aug 26	Wed	8 am SJ	Ceferino Calantuan	RIP
Aug 27	Thurs	8 am SJ	Reiley Kelly	RIP
Aug 28	Fri	8 am SJ	Dr Karl Langer & family	INT
Aug 29	Sat	9 am SJ	Gene Allen	RIP
		5 pm SJ	Mike Fedyniak Sr. & family	INT
Aug 30	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7 pm SJ	Knights of Columbus Corporate Sunday	INT

PARISH MINISTRIES

CWL (St James)	7:00 pm (Sept 15 and Nov 10, 2026; Feb 9 and April 13, 2027) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June, Sept 12 & Nov)
KofC (St James)	Council 4949: www.facebook.com/kofc4949
KofC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	Deanna Johnstone, Allan Clear, Lorena Clowes Email: ppcstjames@gmail.com
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: ppcoulady@gmail.com
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org



Next Sunday's Readings:

August 30, 2026

Jeremiah 20.7-9
Ps 63.1, 2-3, 4-5, 7-8 (**R.1a**)
Romans 12.1-2
Matthew 16.21-27



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

76. I beg you to show the greatest possible reverence for the Eucharist through whom all things have been brought to peace and reconciled with Almighty God. (St. Francis of Assisi)

Quote from St. John Vianney

"The charitable believe that other people are always better than they are."

Pastoral Care Training Program: Fall 2026 Series

Nine free online sessions to be held via Zoom
Saturdays from 9:30 am—noon PST
Sept 26-Nov 28, 2026 (no session Oct 10)

Please contact the parish office if you are interested.



Pastoral Care Ministry

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rcdk.org for Pastoral Care.



Bishop Joseph P. Nguyen's 10-year Anniversary as Bishop of the Diocese of Kamloops as "Spiritual Bouquet"

In celebration for Bishop Joseph's 10-year anniversary as Bishop of Kamloops, we are building a "spiritual bouquet" to present to.

Spiritual Bouquet for Bishop Joseph P. Nguyen – Fill out form



On **August 25, 2026**, we will present Bishop Joseph with the spiritual bouquet, listing the number of each prayer and sacrifice that is being offered in thanksgiving for his years of service to the Diocese of Kamloops.

Bishop Joseph will celebrate 9 am morning Mass at Sacred Heart Cathedral which will be followed by a social.

Everyone is welcome to come and celebrate with Bishop Joseph!

Commentary on the Sunday Mass Reading for the Twenty-First Sunday in Ordinary Time, Year A:

The **First Reading** is taken from the *Book of the Prophet Isaiah 22:19-23*. Because of the reference to the “key of the house of David” in this text, some Fathers saw in it a messianic prophecy, foretelling the removal from power on the leaders of the Chosen People of the Old Testament, and the transfer of that power to Christ, who in turn handed it to Peter as head of the Church, the new Chosen People.

The **Second Reading** is from the *Letter of St. Paul to the Romans 11:33-36* in which he offers praise and thanks to God for including everyone in the salvation He offered, first to the Jews, then to the Gentiles.

The **Gospel** is from *St. Matthew 16:13-20*. Jesus, the true Son of God, became man in order to make all men His brothers and coheirs with Him, to the divine, eternal kingdom. To carry on His divine mission on earth (after He had ascended into heaven), He founded the Church on the twelve Apostles. This Church was to be God’s new Chosen People (hence perhaps the twelve Apostles take the place of the heads of the twelve tribes of the Chosen People of old). It was to be made up of all races from all parts of the world. As its mission was to bring the message of salvation to all men, it was to go on until the end of time. For this Church, this divinely instituted society of human beings, to carry out his mission of helping all men to reach their eternal kingdom, it was necessary to be sure of the road and aids offered to its members. In other words, the Church should be certain that what it told men to believe and to practice was what God wanted them to believe and to practice. Today’s reading from St. Matthew tells us how Christ provided for this necessity. In making Peter the head of the Apostolic College, the foundation-stone of his Church, the guarantor of its stability in the symbol of the keys and the promise that all his decisions would be ratified in heaven, Christ gave him the power of freedom from error when officially the universal Church.

In other words, Peter received the primacy in the Church and the gift of infallibility. In his official teaching on matters of faith and morals. As the Church was to continue long after Peter had died, it was rightly understood from the beginning that the privileges given to him and which were necessary for the successful mission of the Church, were given to his lawful successors—the Popes.

This has been the constant belief in the Church from its very beginning. The first Vatican Council solemnly defined this dogma and it was re-confirmed recently in the Vatican Council. In giving these powers to Peter and to his lawful successors Christ was planning for our needs. In order to preserve and safeguard the right conduct of all its member He provided a central seat of authoritative power in His Church. Through the gift of infallibility He assured us that whatever we were commanded to believe (faith) or to do (morals) would always be what He and His heavenly Father wanted us to believe and to do.

How can we ever thank Christ for these marvelous gifts to his Church, that is, to us? Let us say a fervent: “thank you, Lord; You have foreseen all our needs and provided for them, grant us the grace to do the little part you ask of us in order to continue our progress on the one direct road to heaven.”

- Excerpted from the *Sunday Readings* by Fr. Kevin O’Sullivan, O.F.M.

Source: Catholic Culture



FUNERAL SERVICE

August 29—Reiley Kelly—St. James Church at 11:00 am

September 11—Walter Johnson—St. James Church at 11 am

Upon This Rock: Adult Faith formation for Catholics and Converts

In September we’re launching a new year for Upon This Rock: Exploring the Biblical Foundations of the Catholic Church. This class is required for any prospective converts that would like to explore and learn about the Catholic faith with the hope of receiving the Sacraments of Initiation next Easter, but it also serves as an excellent class for life-long Catholics wanting to take their understanding and faith deeper, and to strengthen their relationship with God. The class runs weekly, from mid-September through to Easter, starting with foundational topics and building to the full scope of church teaching. Come learn about the faith in a welcoming group environment. Classes are free to attend. For more information and to register, go to our website at rccv.org and click on **Upon This Rock**.

St. James CWL Grocery Receipt Program

Buy-Low is discontinuing their grocery receipt program in September, so if you have any Buy-Low grocery receipts, please donate them by August 31, 2026. Thank you!

Women’s Retreat—“Embracing God’s Plan” All women are invited!

Friday, Sept 25th—6:30 pm—9:00 pm

Saturday, September 26th—Mass 9:00 am—4:00 pm

You are invited to join **God’s Unfinished Works of Art** as they lead us to discover and explore Embracing God’s Plan.

Monsignor Miles Hall (St. James Church Basement

Mass, adoration & confession

Lunch & coffee breaks included—Cost \$30.00

Contact Amy Bernhardt 250-308-9612 (text or call)

Email: amybernhardt5@icloud.com

Knights of Columbus Council 12202 (OLOV) Fall and Winter Program

Coats for Kids Program—Help Us Keep Our Children Warm!

- Drop off bins are now available at OLOV Narthex and at St. James front entrance.
- Financial donations to **Knights of Columbus Council #12202**, e-transfer: FSSTC12202@gmail.com Memo: “Coats for Kids” and/or **Cash donation** to drop off at the office. **Donations of \$100 or more are eligible for a tax receipt.**

Giving Tree—OLOV church starting 2nd week of September

Knights of Columbus Council #12202

Knights of Columbus 4949 Pancake Breakfast

September 06th—come and join us at the Parish Centre after 8:30 am mass at St. James.

Children’s Liturgy Volunteers Needed! OLOV—10:30 mass every Sunday

We are looking for volunteers and helpers for Children’s Liturgy, which will begin again in September. This is a wonderful opportunity to share your faith with the children of our parish in a simple and meaningful way. Training and support will be provided.

If you are interested or would like more information, please contact the parish office.

Barry Schick
General Manager
Email: bschick@acutruss.com



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Store Office
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Donations - the store accepts good quality clothing, household items, books, etc.
Store hours - Monday to Saturday, 10am until 2pm
Store volunteers needed
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SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office **at least 6 MONTHS** prior to your requested wedding date.

SACRAMENT OF BAPTISM

Please contact the Parish Office **at least 6 WEEKS** prior to your requested date to ensure time for your preparation.

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www.rccv.org
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