

**Saint James Church**  
2607 27 St  
Vernon, BC V1T 4W1



**Mass Times**  
5:00 pm Saturday  
8:30 am Sunday  
7:00 pm Sunday

**St. Benedict's/St Theresa's**  
Head of the Lake Rd  
Vernon, BC



**Mass Times**  
1:00 pm Sunday  
(St Benedict only)

**Our Lady of the Valley**  
10102 Middleton Drive  
Coldstream, BC



**Mass Times**  
10:30 am Sunday

**Sacred Heart Church**  
2202 Park Ave  
Lumby, BC V0E 2G0



**Mass Times**  
5:30 pm Saturday  
9:30 am Sunday



**Easter Sunday The Resurrection of the Lord  
March 31, 2024**

**EASTER SUNDAY MASSES March 31**

St James 8:30 am and 1 pm (No 7 pm Mass)  
OLOV 10:30 am

My dear parishioners and visitors,

I got back on Saturday March 23rd around 6.30p.m. after 20 days of visiting my Mom, my sisters, brothers, nieces and nephews. My Mom and every one in my family are deeply moved and touched by your goodness. All of us are deeply grateful for your generosity and prayerfully wish you all a blessed Easter.

Life is full of challenges everywhere, especially in poor countries. However, the Resurrection of Jesus Christ, our Risen Lord and Savior is our joyful hope for our world darkened by war, poverty, deceases and sins.

Happy Easter.

Together in thanksgiving prayers for God's abundant blessings  
Fr. Peter Hoan Nguyen , Your Pastor

**Mark your Calendar**

- April 04—Fill the Valley—OLOV @ 6:00 pm
- April 07—1st Sunday of the month—Food For The Poor and for the Healing, Reconciliation and Forgiveness with Indigenous Peoples
- April 07—Pancake Breakfast—KofC 4949

PARISH MINISTRIES  
will be in the bulletin next week.

**St James**

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am

**OFFICE**

Telephone	250-542-1276	www.rccv.org
email		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

<b>Pastor</b>	Rev Fr Peter Nguyen frpeter@rcdk.org	250-542-1276
<b>Parochial Vicar</b>	Fr Thomas Arackal Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
<b>Permanent Deacon</b>	Deacon Paul Murphy deaconservant1@gmail.com	778-212-2020
<b>Diocese Kamloops Office</b>	635A Tranquil Rd Kamloops, BC V2B 3H5	250-376-3351

**St James School**  
2700 28th Avenue  
Vernon, BC V1T 1V7

Melanie Inzunza — Principal  
(250) 542-4081  
Ascend Catholic School Online

www.stjamesvernon.com  
office@stjamesvernon.com  
www.rcdk.org/ascend-online-school



**Mission Statement:** United in the Eucharist to love and serve.  
**Vision Statement:** Inspired by the Spirit to:  
 -know our faith and vocation  
 -serve the needs of others  
 -welcome new parishioners into our faith community  
 -share our excitement about Jesus

**Pope Francis' Prayer Intention for April**

*For the role of women* We pray that the dignity and immense value of women be recognized in every culture, and for the end of discrimination that they experience in different parts of the world.

**Mass Intentions April 01-07**

April 01—Mon: 8am SJ	Chris & Claudia—INT
April 02- Tues: 8am SJ	Private Intentions
April 03—Wed: 8am SJ	Patrick Heaney—†
April 04—Thurs: 8am SJ	Helma & Family—INT
April 05—Fri: 8am SJ	Fernando Mariotte & family—INT
April 06—Sat 9am SJ	Brennan families—INT
5pm SJ	Hazel & Randy—INT
April 07— Sun 8:30am SJ	SJ Parish Families—INT
10:30am OLOV	OLOV Parish Families—INT

**A Night at the St. James Saloon**

**SATURDAY APRIL 20**

\$25  
6:30-11:00PM  
CASH BAR  
19+  
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**BAND- BROTHER DOWN  
DJ - ROCKIN' RANDY**



Invites all parishioners to:  
**Will, Estate & Probate Planning**  
 Thursday, April 11, 6pm @ OLOV  
 Speaker: **Chris Alveberg**  
 Lawyer, Nixon Wenger LLP



	Sunday Offertory	Faith In Action Assessment	Faith In Action Actual
St. James	\$3,245	\$ 42,529	\$ 76,410
OLOV	\$ 2,668	\$ 24,408	\$ 52,880
St Benedict	\$ 195	\$ 2,206	\$ 2,960



**Next Sunday's Readings:**

**April 07, 2024**  
 Acts 4.32-35  
 Ps. 118.2-4, 16-18, 22-24 (R. 1)  
 1 John 5.1-6  
 John 20.19-31



**SERRA CLUB of KAMLOOPS DIOCESE**  
 Holy Hour—for Vocations

65. The daily adoration or visit to the Blessed Sacrament is the practice which is the fountainhead of all devotional works. (St. Pope Pius X)

**Quote from St John Vianney**

"The saints had no hatred, no bitterness; they forgive everything and think they deserve much more for their offences against God."



**COME CELEBRATE DIVINE MERCY SUNDAY**  
**April 07, 2024**  
**St James Church, Vernon**

Schedule:  
 ADORATION/CONFESSION 1:30-2:45 PM  
 DIVINE MERCY CHAPEL 2:45—3:00 PM  
 HOLY MASS 3PM  
 (this mass serves as your Sunday obligation)

Jesus asked that this Feast of Divine Mercy be preceded by a Novena to the Divine Mercy which would begin on Good Friday, Mar 29  
 Novena pamphlets are available in churches.

"The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day all the divine floodgates through which graces flow are opened".

*Please try to go to confession a day or more before Mercy Sunday.*

**2024 PARISH ENVELOPES & E-TRANSFER DONATIONS**

Envelopes are available for pickup in the churches  
 (Please do not use 2023 envelopes, as your number changed.)

If you have registered for PAD, there is a smaller box of Special Collection envelopes for you.

**Interac E-transfer Donations**

St James	givingstjamesvernon@rccv.org
OLOV	givingolov@rccv.org
St Benedict	givingstbenedict@rccv.org

**Catholic Book Club**

Next meeting: **April 3, 2024** at 9 am in the Monsignor Miles Hall. We will discuss chapters 5 and 6 of ***Jesus and the Jewish Roots of the Eucharist*** by Brant Pitre. All are welcome. Call Jan for more information 250-309-4123.

## What is the ‘Sacred Triduum’?

At the end of the season of Lent — and right before Easter — the Catholic Church observes the “**sacred triduum.**” Many Catholics have questions about what happens during the Triduum and how they should observe this time.

### What is the triduum?

The triduum is a period that begins on Holy Thursday and ends at the conclusion of Easter Sunday. It encompasses the evening of Holy Thursday, Good Friday, Holy Saturday, and Easter Sunday. The term “triduum” means “three days” and refers to any three-day observance. Technically, the triduum during Holy Week is known as the “paschal triduum” or “Easter triduum.”

The word “**paschal,**” which is used to refer to Easter, comes from the Greek word “pascha,” which comes from the Hebrew word “pesach,” which means Passover. Jesus’ passion, death, and resurrection, which is connected theologically to the Passover feast, is referred to as the paschal mystery.

### What happens on Holy Thursday?

**On the evening of Holy Thursday,** the Church celebrates the Mass of the Lord’s Supper, which commemorates Christ’s Passover meal with his apostles the night before he died. The Mass of the Lord’s Supper most especially remembers the institution of the Eucharist — the sacramental gift to the Church of Christ’s body and blood, given in the transformation of bread and wine.

Often, at the Mass of the Lord’s Supper, the priest washes the feet of some members of the congregation, recalling Christ’s washing of feet at the Last Supper. “If I, therefore, the master and teacher, have washed your feet, you ought to wash one another’s feet. I have given you a model to follow, so that as I have done for you, you should also do,” Christ told his apostles.

### Why is it called ‘Maundy Thursday?’

Holy Thursday is sometimes called “Maundy Thursday.” The word “maundy” comes from the Latin word “mandatum,” which means mandate. On Maundy Thursday, Christ gave us a mandate: “I give you a new commandment: love one another. As I have loved you, so you also should love one another.”

### Is Holy Thursday a holy day of obligation?

**No.** And people may not be able to attend the Mass of the Lord’s Supper for a variety of reasons: their family needs, work schedule, or health. But it’s a beautiful Mass. You should go if you can!

### Is there Mass on Good Friday?

No, there is no Mass on Good Friday. In fact, after Mass on Holy Thursday, the altar is stripped of its cloth. Crosses are removed from the Church or covered. No candles burn in the church.

The Blessed Sacrament is not reposed in the church’s tabernacle but in another small chapel.

On Good Friday, the church is empty of many of its symbols. It is adorned like a church in mourning. And, at 3 p.m., the Church offers the Celebration of the Lord’s Passion. At this celebration, Scripture is read that recounts the prophetic anticipation of Christ’s passion and recounts the passion narrative itself. Communion is distributed. Believers are invited to venerate the cross — to come forward and kiss or reverence a cross. “Behold the wood of the cross,” the priest proclaims.

## I know that Good Friday is a solemn day, but what should we do all day?

Good Friday is a day of fasting and abstaining from meat. On Good Friday, families should try to observe a quiet day of simplicity in addition to attending the Celebration of the Lord’s Passion. This might mean praying the rosary together or reading Scripture together. It might mean keeping the TV off or going for a family hike. The idea is that it should be a day of reflection and should be noticeably different from other days of the year. If you haven’t yet gone to confession during Lent, Good Friday is also an excellent day to go to confession — and take your family.

### What does one do on Holy Saturday?

The culmination of Holy Saturday is the Easter Vigil. But it’s a long day, and people often ask what they should do with the rest of it. Many families use Holy Saturday as a day for spring cleaning or garden planting. Some spend the day outdoors, and some spend the day preparing for an Easter feast. All the better if Holy Saturday is a day of prayer. And some people dye Easter eggs!

### And the Easter Vigil?

The Easter Vigil is one of the most beautiful liturgies in the Church’s calendar. It is spectacular and full of beautiful Catholic symbolism. The vigil begins at night. It starts with a fire, which is blessed, and from which is lit the paschal candle. The whole of salvation history is proclaimed during the readings.

A beautiful Easter proclamation, called the [Exsultet](#), is sung, usually by a deacon. (Done well, this is, in my humble opinion, one of the most beautiful things the Church does in a liturgy.) Men and women are welcomed into the Church: Some will be baptized and confirmed, and others, already baptized, will receive confirmation.

The Easter Vigil is awesome. Fair warning: It’s also long. And a lot of readings take place with the lights off. Some parents decide it is too much for children, while others bring their kids in pajamas and let them sleep in the pews. At the Easter Vigil, that’s perfectly understandable. A scan of your local parish church suggests that kids aren’t the only ones who sometimes fall asleep during the readings. It’s all part of the experience.

### So, after that ends, is it Easter?

It sure is. If you go to the Easter Vigil, you may want to stay up and celebrate. The Lord’s resurrection is what Easter is all about. Some people will, of course, go to Easter Sunday Mass and then spend the day feasting with family and friends. One piece of advice for celebrating Easter: Remember the poor, the lonely, the outcasts. If you really want to celebrate Easter, invite someone to your table who might have nowhere else to go. You’ll be glad you did.

### And then Easter is over?

[The triduum ends on the evening of Easter Sunday.](#)

But the “octave” of Easter lasts for eight days. And the liturgical season of Easter lasts for 50 days, all the way to Pentecost. What does this mean? It means it’ll soon be time to celebrate Christ’s resurrection. Get ready for it!

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## Confraternity of the Knights of St. Peter and St. Paul

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RCCV: St James 2607- 27th Street Vernon BC



Vernon & Area Pro-Life Society


Store: 250-545-0777  
3102 31st Ave

Office: 250-545-5520  
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



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401-3003 Gateby Place  
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