



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

February 3, 2026

The Month of February is dedicated to **The Holy Family.**

The Holy Father's Intentions for the Month of February 2026

For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Words from our secondary patron, St. John Vianney

‘ “O my God, why have you sent me into the world?” “To save your soul.” “And why do you wish me to save my soul?” “Because *I Love you.*”’



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, “Pray, therefore, the Lord of the harvest to send out laborers into his harvest” (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am - 8:50 am Mon., Tues., Thurs. & Fri. 7:50am - 8:50am before 9 am Mass. and

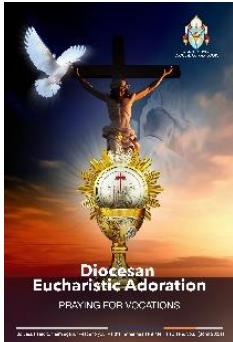
Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am - 9am Wednesdays and Saturdays at Holy Family Parish

5pm - 6pm Tuesday to Friday at St. John Vianney



51. In the course of the day the faithful should not omit to visit the Blessed Sacrament! (Pope Paul VI)



Diocesan Adoration Week

February 8 – 14 – Sacred Heart, Merritt
February 15 – 21 – St. Jude's, 100 Mile House
February 22 – 28 – our Lady of Perpetual Help, Kamloops
March 1 – 7 – St. Ann's, Quesnel
March 8 – 14 – Our Lady of the Mountains, Whistler
March 15 – 21 – St. Jude's – 100 Mile House

Knights of Columbus Council 1614 at Sacred Heart Cathedral are hosting “LOBSTERMANIA 2026”

On June 13, 2026 at the OLPH Parish Centre, join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet. DANCE THE NIGHT AWAY WITH LIVE MUSIC BY “JERRY DE SOUZA AND THE MELODYMAKERS”

Get a group of relatives, friends, or coworkers together and enjoy an East Coast Lobster evening. Tickets are \$85.00 each and are available from Anthony Muzzillo 250-851-1111, Garry Mayhew 250-572-5429 and John Giddens 250-682-4600.

Get your tickets early!!!



The Kamloops Blazers are hosting Faith & Family Day on Monday, February 16th at 2pm against the Victoria Royals and you are invited!

- Skate with the Blazers after the game
- Skates and helmet required (bring them in with you and keep them at your seats until the end of the game)

Tickets are available for church groups to attend at a special price of \$17.50 (all ages) for this game only. To order tickets, please use this [order form](#).



Brandi Nikolaisen

**Save your Spot now for
September 2026!**

Are you a homeschool family looking for in-person connection, hands-on learning, and experiences that will have your kids eager to come back week after week?

We have a 2 day Blended Program at Holy Family Kamloops.

What makes this program special?

- Engaging activities designed around the **BC Curriculum**
- Focus on Science, Social Studies, ADST, and English Language Arts
- Creative projects and learning that spark curiosity
- Catholic faith woven throughout the program

Go to www.ascendonline.ca to click on our Blended programs



MSGR. DESMOND'S 60TH ANNIVERSARY OF ORDINATION

Save the Date



Columbo Lodge, Kamloops, BC

MAY

16th

2026

More Information to come



ST. ANN'S ACADEMY

ALUMNI HOMECOMING

CELEBRATING 146 YEARS OF COMMUNITY

**YOU'RE INVITED TO THE 2026 ST. ANN'S ACADEMY
ALUMNI HOMECOMING!**



BRING YOUR FAMILY OR COME SOLO AND
EXPLORE THE SCHOOL WITH GUIDED TOURS
OR TAKE PART IN A SCAVENGER HUNT



ENJOY LIVE ENTERTAINMENT, CHILDREN'S
ACTIVITIES, AND A CHANCE TO CATCH UP
WITH OLD FRIENDS



SNACKS, DESSERTS, AND REFRESHMENTS
WILL BE SERVED!



ST. ANN'S ACADEMY
205 COLUMBIA ST
KAMLOOPS, B.C.



MAY 16TH 2026
SATURDAY
1:00 PM - 4:00 PM



WORLD
DAY OF
THE SICK
11 FEBRUARY 2026

This year's theme is "The compassion of the Samaritan: loving by bearing another's pain".

And unpack Life's big questions - Together



Thursday evenings in January and February 5:30 - 8 pm at Sacred Heart Cathedral, 255 Nicola Street, Kamloops

Fine, free meal at 6 pm!

Register here with this QR code, or email cathedralalpha@rcdk.or

Questions?

Meet new people and explore life together. **Alpha** is for anyone who's curious. No judgement, no pressure. Each session unpacks a big question of life, faith, and purpose, and is designed to spark conversation. Come along, see what you think!



This program helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is March 2026 in Kelowna. For more information please email grieftogracekelowna@gmail.com or make a confidential call to 250-808-6403.



SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary drawn closer to Christ, enriched by a deeper understanding of seminary life, and inspired to encourage other boys and men to consider and respond to a possible call to the priesthood or religious life.

Dates of the next Seminary Live ins:

February 7-8, 2026

July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>