

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
10:30 am Sunday

Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday

Mass Times
12:00 pm Sunday
2nd & 4th Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

5th Sunday of Lent

March 22, 2026

FORMED

Our Parish has a FORMED subscription.
Visit signup.formed.org and select our parish name.

RCCV: St James 2607- 27th Street Vernon BC

Access to this site is FREE!

Easter Mass Schedule for 2026

	Holy Thursday (April 02)	Good Friday (April 03)	Easter Vigil (April 04)	Easter Sunday (April 05)
OLOV	7:00 pm	3:00 pm	7:00 pm	10:30 am
St. James		12:00 noon		8:30 am
				1:00 pm
St Benedict/ Theresa				12 noon
Sacred Heart Lumby	7:00 pm	3:00 pm	8:00 pm	9:30 am

Note: NO! 7:00 pm mass on Easter Sunday

St James		
Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am -9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

SACRAMENT OF BAPTISM

Please contact the Parish Office [at least 6 WEEKS prior](#) to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office [at least 6 MONTHS prior](#) to your requested wedding date.

NOTES/REMINDER

- March 22-28—OLOV Diocesan Adoration (Friday, March 27th Special Mass Adoration from 11 am until noon)
- **March 22—2nd Collection—Share a Lent**
- March 25—Holy Hour -Pilgrim Icon of Sacred Heart of Jesus
- March 26—Lenten Confession—St James at 6:30 pm
- March 27—KofC “Fish Fry” \$25—tickets available at the office and at both churches (after weekend mass)
- April 05— 1st Sunday on the month—Food for the Poor
- April 09—Fill the Valley—OLOV at 6:00 pm

*****SPAM ALERT**—when you received an e-mail request that appear to be from Fr. Peter requesting actions such buying gift cards or making purchases at Amazon—**DO NOT RESPOND**— Report as **SPAM** and **DELETE IMMEDIATELY*****

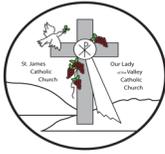
OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.
Vision Statement: Inspired by the Spirit to:
 -know our faith and vocation
 -serve the needs of others
 -welcome new parishioners into our faith community
 -share our excitement about Jesus

Pope's Prayer Intention for the month of March

For disarmament and peace—Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

MASS INTENTIONS—March 23-29

March 23	Mon	8 am SJ	Neil Brennan	RIP
March 24	Tues	8 am SJ	Private Intention	INT
March 25	Wed	8 am SJ	Philip Bilny	RIP
March 26	Thurs	8 am SJ	Marianna Bilnik	RIP
March 27	Fri	8 am SJ	Ursula Kwapinski	RIP
March 28	Sat	9 am SJ	To the 4 unburn babies	RIP
		5 pm SJ	Colin Burke	RIP
March 29	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Stanislaw Nazarek	RIP

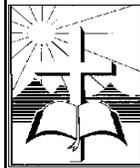
**MANDATORY WORKSHOP
FOR LAY LITURGICAL MINISTERS**

**For current and aspiring Readers, Ushers, Altar Servers,
Extraordinary Ministers of Holy Communion,
and Music Ministers/ Choirs**

**APRIL 11, 2026 (Saturday),
3:00 to 4:45 PM (followed by Mass at 5 PM)
at St. James Parish Centre**

Registration is required.

Register at www.rccv.org > Liturgical Training



Next Sunday's Readings:

March 29th, 2026

Matthew 21.1-11
 Ps 22.7-8, 16-17, 18-19, 22-23 (R. 1)
 Philippians 2.6-11
 Matthew 27.11-54



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

56. We are not called to great penances...but the Holy Hour is a sacrifice in union with Christ. (Archbishop Fulton Sheen)

Quote from St. John Vianney

"When you hear Mass, do you come in the same frame of mind as the Blessed Virgin at Calvary? Because it is the same God, and the same Sacrifice."



**Last Sunday's
Offertory**

**EFT (Jan)
Electronic Fund
Transfer**

**PAD (Jan)
Pre-Authorized
Debit**

St James	\$ 3613	\$ 830	\$ 5775
OLOV	\$ 1920	\$ 1235	\$ 4043
St Benedict	\$ 305	\$ 20	

Pastoral Care Ministry



If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rcdk.org for Pastoral Care.



**Faith In Action Campaign 35
"Pilgrims of Hope"**

	Assessment	Actual
St James	\$ 41546	\$ 54,965
OLOV	\$ 24520	\$ 40,003
St Benedict's	\$ 1887	\$ 4,300



**Eucharistic Adoration of the Blessed Sacrament
at St. James Church (9am—9pm Mon-Thurs)**

Enhance your life by committing one hour a week as an adorers. Drop-in visitors are always welcome.

We especially need adorers for these hours:

Monday 2-3pm, 3-4pm, and 4-5pm,

(Wed 2-3pm and 6-7 pm FILLED, thank you Jennifer & Sandra!)

For anyone interested in reaping the tremendous benefits of Holy

Eucharistic Adoration, please contact Amy & Bruce Bernhardt

(250)308-9612 or adorationstjames@gmail.com

Holy Thursday and Easter Monday Closures

No Adoration Holy Thursday, April 2nd

No Adoration Easter Monday, April 6th

STATION OF THE CROSS at St. James

Date	Ministry/Group to lead
March 27	Fr. Peter 7:00 pm (every Friday during Lent)

Commentary on the Sunday Mass Readings for the Fifth Sunday of Lent, Year A:

The **First Reading** from the Old Testament prophet *Ezekiel 37:12-14* is taken from the chapter about pouring forth the Spirit upon the "dry bones" in the valley of his vision. The prophet speaks of restoration through an act of God through the Spirit and that it was through him that the people first were saved from their oppression in Egypt, and by his power they will be saved again and restored as the people of God. The symbolic meaning of the reading is the resurrection of the people to new life, a theme clearly reiterated in succeeding apocalyptic literature and finally present in the death and resurrection of Jesus.

The **Second Reading** from *St. Paul to the Romans 8:8-11* states that through Christ the whole person of the believer is saved, raised up, and redeemed. The realm of the flesh is the realm to be left behind, and the realm of the Spirit is where true life is to be found. But there is no heli- nistic dichotomy here between flesh and spirit since the believer lives with the Spirit of God enfleshed in his body so that his whole person will live in conformity with that Spirit. The indwelling of the Spirit refers to the baptism of the person and his consequent moral life.

POOR MAN'S LUNCH



The CWL is serving a "Poor Man's Lunch" next Sunday March 29th after 10:30 mass at OLOV.

There will be 3 kinds of chilli and a bun
All donations will go back into our community.

We look forward to serving you and having fellowship.

Holy Hour with Pilgrim Icon of Sacred Heart of Jesus

The Knights of Columbus invite everyone to a Holy Hour with Pilgrim Icon of Sacred Heart of Jesus.

The event will take place at St. James Church on Wednesday March 25th from 6-7pm.

KCYG PRESENTS

YOU ARE CHOSEN

A Retreat for Confirmation Candidates

SATURDAY MAY 2ND, 2026

10:00AM TO 4:00PM

ST. JOHN VIANNEY PARISH, 2826 BANK ROAD, KAMLOOPS BC

REGISTER HERE

FOR MORE INFORMATION, EMAIL ANDY AT KCYG@RCDK.ORG



St. James School - The halls of St. James School have been full of excitement this past month. Our Grade 6 and 7 boys' and girls' basketball teams recently wrapped up their seasons. Both teams played very well and had a great time participating. Many students have also been busy making beautiful bracelets to help raise awareness for the Catholic organization *Mary's Meals*. *These beautiful bracelets, along with more information about the organization, will be available at the Knights of Columbus Fish Fry on March 27. We are continuing our Wednesday Night Take-Home Suppers, available to all parishioners looking for a healthy and easy weeknight dinner while supporting our wonderful school! Please contact the school office for more information. We are also preparing for our biggest fundraiser of the year, Saloon Night, happening May 2, —a fun evening of community and support for our school. Wishing all students and teachers a restful spring break! When we return during Holy Week, students will take part in a beautiful school-wide Seder meal on Holy Thursday.*

Saloon Night

Saturday, May 02, 2026
Parish Centre—6:30pm—11pm



We would like to invite parishioners to attend our annual Saloon Night! Funds raised to towards PSG initiatives including new turf for the back field this summer.

Tickets: \$25 per person available at the school office for this 19+ event. Thank you for supporting our school!

St. James Flower Ministry—A gentle reminder to all parishioners wishing to make floral donations to the church especially at Easter. In consideration of others with allergies and sensitivities please avoid donating highly scented lilies or other such flowers. Many Thanks, St. James Flower Ministry.

Annual Parish Yard Sale Donation Drive KofC 12202 Chapter (OLOV)

We are accepting donations of gently items in good working condition for our upcoming Parish Yard Sale (May 16, 2026 from 7am—2pm).

For more information please contact Nicholas Rasquinha at 250-307-6777 or Ron Frohlick at 778-915-7667 or nprasquinha@hotmail.com to arrange for pick-up.

Catholic Book Club

On Wednesday, April 1 we will discuss sections 9, 10, 11, and 12 in Part 2 of **Unshakable** by Father Mike Schmitz. Meet at 9 am in the Monsignor Miles Hall. All are welcome.

St James CWL Grocery Receipts

CWL is collecting receipts from Butcher Boys, Nature's Fare Markets & Buy-Low Foods. We are accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary.

These stores will donate back a percentage of the amount of the receipt.

Please put your receipts in the white "Grocery Receipt Program" box located on the table in the vestibule of the main entrance of St. James Church.

Barry Schick
General Manager
Email: bschick@acutruss.com



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mark.langer@iris.ca
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Confraternity of the Knights of St. Peter and St. Paul



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CWL (St James) 7:00 pm 1st Tuesday of the month (Apr, Sept, Nov) Monsignor Miles Hall
CWL (OLOV) 11:00 am 1st Sat (April, June Sept & Nov)

KofC (St James) Council 4949:
www.facebook.com/kofc4949
KofC (OLOV) St Teresa Council 12202:
www.kofc12202.ca



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Store hours - Monday to Saturday, 10am until 2pm
Store volunteers needed
For \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.

Pastor	Rev Fr Peter Nguyen	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020(call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

INTERAC/E-TRANSFER DONATIONS

St James givingstjamesvernon@rccv.org
OLOV givingolov@rccv.org
St Benedict givingstbenedict@rccv.org