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# Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

### September 30, 2025

The Month of October is dedicated to **The Holy Rosary.** 

### The Holy Father's Intentions for the Month of October 2025

#### For collaboration between different religious traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity.

### Words from our secondary patron, St. John Vianney

"Virtue demands courage, constant effort, and above all, help from on high."

## **Holy Hour - for Vocations**

### Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

#### Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am - 8:50 am Mon., Tues, Thurs. & Fri. 7:50am - 8:50am before 9 am Mass. and

Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am - 9am Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



35. I understand that, each time we contemplate with desire and devotion the Host in which is hidden Christ's Eucharistic Body, we increase our merits in heaven and secure special joys to be ours later in the beatific vision of God. (St. Gertrude)

Prayerful wishes to Rev. Henry Nwaimo who celebrates his birthday on October 10, Rev. Francis Onyealusi who celebrates his birthday on October 12, and to Rev. Brendan Mgbenwelu who celebrates his birthday on October 15<sup>th</sup>!



# Let us join Bishop Joseph in welcoming Fr. Ignatius Opara to the Diocese of Kamloops!

I am Rev. Fr. Ignatius Obioma Opara, MSSCC, a Missionary of the Sacred Hearts of Jesus and Mary, hailing from the eastern part of Nigeria. Born on February 2, to Mr. and Mrs. Peter Opara, natives of Abazu Akabo in Ikeduru Local

Government Area, Imo State, Nigeria, I am proud to be the eldest of seven siblings - two girls and five boys - with both parents still blessed to be alive.

Growing up in a vibrant community in eastern Nigeria, I cultivated passions that complement my spiritual vocation. I love soccer, finding joy in the game's dynamism and teamwork, and in my spare moments, I delight in learning guitar, appreciating the harmony and expression music brings.

Academically, I pursued studies in Philosophy and Theology at Seat of Wisdom Seminary, an affiliate of the Pontifical Urban. University, Rome. This formation enriched my understanding of sacred sciences and deepened my commitment to ministerial service.

My journey in sacred ministry led to my ordination as a deacon in December 2019, culminating in my priestly ordination on July 8, 2021. Before embracing my mission here in Canada, I faithfully served for four years as the Pastor of Holy Cross Catholic Parish, Ndegwu, Owerri West Local Government Area, Imo State, Nigeria - a period marked by dedication to pastoral care and community engagement.

As a Missionary of the Sacred Hearts of Jesus and Mary, I strive to embody the charism of compassion and love central to my congregation, serving with humility and devotion wherever God's providence leads.



# We are excited to welcome **Fr. Leo Patalinghug** to Kamloops!

Known internationally as a breakdancer, cook and martial artist, he is a dynamic speaker, and founder of *Plating Grace*. Fr. Leo will be arriving in Kamloops and speaking on the evenings of **October 9-11th** and sharing his inspiring messages with our Diocese. His visit will be a wonderful opportunity for us to deepen our faith, strengthen our community, and be renewed in our desire to be missionary disciples of Christ. Please see the bulletin advertisement and poster in the parish foyer for more details. We look forward to having you join us in person or virtual as this will also be livestreamed on the Diocesan YouTube channel.





Rekindle the romance, remind yourselves why you fell in love and learn how to make a good marriage even better!

WWME is offering a weekend marriage retreat this fall. Oct. 24-26, 2025.

For more info and to register

visit: <a href="https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter#overview">https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter#overview</a>

<u>♥Early bird special before Sept. 11</u>. <u>♥</u> Registration closes Oct. 11, 2025 You both deserve it!

KCYG & CISKD invite you to:

# The Feast!

A Youth Rally for Grades 7–12

Saturday, October 11
10:00 AM - 4:00 PM (ending with Mass)
at St. Ann's Academy in Kamloops

Get ready for an unforgettable day of faith, friends, food, and fun! Join teens from all over as we celebrate the Goodness of God together.

Special Guest: Fr. Leo Patalinghug – award-winning author, chef, and missionary priest who brings the faith to life with energy and joy you won't want to miss!

Come hungry for inspiration, connection, and God's love. This is one Feast you don't want to skip!

Registration fee is \$10.00

Registration deadline is Friday October 3rd



# **REGISTER HERE**









For more information, or if you have any questions, contact Andy at kcyg@rcdk.org or 250-319-7722



uso2web.zoom.us BECOME A PRAYER CAPTAIN! CONTACT ANGIE CARBONI

Send an email to marbenjoseph@protonmail.com for more information

**Rosary Rally** Join 1500 locations across Canada praying the Rosary in the Public Square. You are invited to join in a **Public Square Rosary Rally on Saturday**, October 12th at 11 am - noon at Third Ave and Columbia St. Please join us to fervently pray for the conversion of Canada to Choose Life. Will you be able to join us and other Catholics on that very important day?

" Let us know if you can help: greeting and directing arrivals; passing out programs; taking pictures; asking each attendee to complete the attendance sheet; leading a specific decade of the Rosary or just come and pray with us. *Meet on Third Avenue* beside Sacred Heart Cathedral to process to Columbia St. Contact Kathy Dahl at (250)318-9698 or kathysdahlhouse@gmail.com

**Baby Shower for Hopewell** Can you provide a new baby gift for newborns —18 months? Suggestions of items often needed: Diapers size Newborn - 6, Wipes, Infant formula (0-12 months), Baby soap, Pacifiers, Baby toys, Newborn onesies, Baby towels, little gifts for mom, little gifts for dad. *Please support women who Choose* **Life for their children!** Items may be dropped off at the Cathedral from October 5. Look for the baskets at the entrances. More info contact Kathy at (250)318-9698 or kathvsdahlhouse@gmail.com







Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey

to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is late October in 2025 in Kelowna. For more information please email <a href="mailto:grieftogracekelowna@gmail.com">grieftogracekelowna@gmail.com</a> or make a confidential call to 250-808-6403.



# Rachel's Corner

"The wounds are real. We need to acknowledge the wounds....The wounds never go away. The wounds of Good Friday were present even after the Resurrection. The wounds never go away. But from those wounds we will rise again.

He calls us to rise from our wounds so we can be one with Him....We are all called to live in His peace." - Bishop Burns

The gaping wound you feel in your heart that came with your abortion story. He wants to heal. Come let Him clean your wound, as only a loving Father can do, and receive His merciful peace.

Join us on our next Rachel's Vineyard™ Retreat.

www.rachelsvineyardkamloops.org rvkamloops@yahoo.ca

250-267-508



#### 2025 Choose Life 40 Day Prayer Vigil

Pre-Vigil: September 23 at 7:15 pm
Meditation and Reflection to begin the 40 Day Prayer
Vigil with a Candlelight Ceremony and Prayer Service
at the Memorial to the Unborn
Sacred Heart Cathedral 255 NIcola St.

40 Day Vigil: Wednesday September 24 to November 2, 2025 10-11 am
Dally Prayer and Silent Witness for Life outdoors or inside the Cathedral
Sacred Heart Cathedral Nicola St and Third Ave.

Concluding Vigil: Sunday, November 2 after 8:30 Mass 11 am at Sacred Heart

Other activities during the 40 Days:

Baby Shower for Hopewell Clinic and Pregnancy Sunday October 12, 2025 9:30 am -10:30 am (after 8:30 am Mass) in the courtyard 12:30 - 1:30 (after 11:30 am Mass) in the courtyard Drop gifts off at the Cathedral starting October 5. Sacred Heart Cathedral Nicola St and Third Ave.

Advance Care Plan - Green Sleeve paperwork - Carla Williams Interior Health Friday, October 17 10 am - 12 pm - <u>Please register by October 14 by email or text (See below)</u> Sacred Heart Cathedral Lower Hall Carla, granddaughter of Maybelle Nordick, a true Prolife warrior.

Pre-Planning your Funeral

Sunday October 26 - <u>Please register by October 22 by email or text (See below)</u> 11:30 Mass - 12:30 Brunch 1:30 - 3:00 Presentation

Food Drive for Vincent de Paul - Fill the Fiat Food Collection from October 18 - 31 Drop items off at the Cathedral Filled Fiat delivery on Saturday, November 1.

# <u>Please offer special prayers during the Choose Life 40 Day Prayer Vigil.</u> Prayer for the Protection of Human Life

Heavenly Father, Lord and Maker of all that is good, fill our hearts with joy before the wonders of Your creation. Open our eyes to the presence of Your beloved Son Jesus in all those we encounter and especially in the weakest and most vulnerable among us. Where we see life threatened, at its beginning or at its end, or by poverty and deprivation, inspire us with love and mercy, so that, empowered by Your Holy Spirit, we may work together to defend human dignity. Help us to build a culture of life: a culture in which each and every person is loved and valued as Your child, from conception to natural death, and in every circumstance of life. Amen.

Kathy Dahl (250)318-9698 kathysdahlhouse@gmail.com

### **CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS**





# **Catholic Independent Schools of Kamloops**

Current Job Postings can be found at <a href="https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/">www.ciskd.ca</a> under the CAREERS tab: <a href="https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/">https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/</a>