



ROMAN CATHOLIC DIOCESE OF KAMLOOPS

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Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

October 7, 2025

The Month of October is dedicated to **The Holy Rosary**.

The Holy Father's Intentions for the Month of October 2025

For collaboration between different religious traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity.

Words from our secondary patron, St. John Vianney

"All those who have become saints have frequented the Sacraments and have raised their souls to God by prayer."



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and

Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



36. The Eucharist bathes the tormented soul in light and love. Then the soul appreciates these words. 'Come all you are sick, I will restore your health. (St. Bernadette Soubirous)

Prayerful wishes to Rev. Henry Nwaimo who celebrates his birthday on October 10, Rev. Francis Onyealusi who celebrates his birthday on October 12, and to Rev. Brendan Mgbenwelu who celebrates his birthday on October 15th!



Let us join Bishop Joseph in welcoming Fr. Ignatius Opara to the Diocese of Kamloops!

I am Rev. Fr. Ignatius Obioma Opara, MSSCC, a Missionary of the Sacred Hearts of Jesus and Mary, hailing from the eastern part of Nigeria. Born on February 2, to Mr. and Mrs. Peter Opara, natives of Abazu Akabo in Ikeduru Local Government Area, Imo State, Nigeria, I am proud to be the eldest of seven siblings - two girls and five boys - with both parents still blessed to be alive.

Growing up in a vibrant community in eastern Nigeria, I cultivated passions that complement my spiritual vocation. I love soccer, finding joy in the game's dynamism and teamwork, and in my spare moments, I delight in learning guitar, appreciating the harmony and expression music brings.

Academically, I pursued studies in Philosophy and Theology at Seat of Wisdom Seminary, an affiliate of the Pontifical Urban. University, Rome. This formation enriched my understanding of sacred sciences and deepened my commitment to ministerial service.

My journey in sacred ministry led to my ordination as a deacon in December 2019, culminating in my priestly ordination on July 8, 2021. Before embracing my mission here in Canada, I faithfully served for four years as the Pastor of Holy Cross Catholic Parish, Ndegwu, Owerri West Local Government Area, Imo State, Nigeria - a period marked by dedication to pastoral care and community engagement.

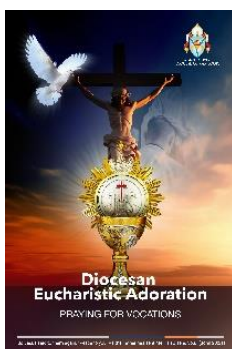
As a Missionary of the Sacred Hearts of Jesus and Mary, I strive to embody the charism of compassion and love central to my congregation, serving with humility and devotion wherever God's providence leads.



World Mission Sunday stands as a powerful testament to our shared Catholic identity. Held annually on the second to last Sunday of October, this special day unites Catholics across continents in a singular purpose: supporting the Church where it faces its greatest challenges. Instituted by Pope Pius XI nearly a century ago, this collection remains unique as the only worldwide effort directly sustaining 1,124 mission territories where the Church is nascent, vulnerable, or facing persecution.

World Mission Sunday calls Catholics worldwide to support the Church where it's young or challenged. Your prayers and donations provide essential resources for communities that cannot sustain themselves—funding church construction, pastoral care, education, and healthcare. When your parish participates, you join Catholics everywhere in making possible the work of missionaries who build churches, train seminarians, support catechists, and serve vulnerable communities. Together, we fulfill our baptismal call to share the Gospel and become one Church bringing hope to all peoples. Pray and Give generously to the World Mission Sunday collection. Thank you for your generosity!

<https://www.missionsocieties.ca/world-mission-sunday-2025/>



Diocesan Adoration Week

October 12 – 18 – Our Lady of the Valley, Coldstream

October 19 – 25 – Sacred Heart, Williams Lake

October 26 – Nov 1 – North Thompson Parishes

November 2 – 8 – St. John the Baptist, Lillooet

November 9 – 15 – St. James, Vernon

November 23 – 29 – Sacred Heart, Lumby



64th ANNUAL CHARITY APPEAL

Click here

KofcCharity.ca

WIN \$100,000 in prizes including a
2025 Ford Maverick XLT AWD Grand Prize

PRIZES

1st Prize 2025 Ford Maverick XLT AWD

2nd Prize \$25,000

3rd Prize \$10,000

4th Prize \$ 5,000

5th to 14th \$ 1,000 each! → Early Bird Draws

TICKETS

1 for \$5

10 for \$25

50 for \$50



BUY TODAY

Sales Oct 1, 2025 to Dec 13, 2025, 8pm

Early Bird Draws

Oct 6 (2x\$1000), Oct 20 (2x\$1000), Nov 3 (2x\$1000)

Nov 17 (2x\$1000), Dec 5 (2x\$1000)

Main Draw Saturday December 13, 2025, 8:01pm

An annual charity appeal of the Knights
of Columbus (B.C.) Charity Foundation

WORKING TOGETHER TO MAKE OUR COMMUNITIES BETTER

Thank you for your Support!

For general inquiries call 604-216-7272 Raffle Event License #: 164447
Chances are 1 in 410,000 (total tickets for sale) to win a grand prize. Actual odds depend on number of tickets sold. 19+ to play.
Problem Gambling Help Line 1-888-795-6111 www.bcresponsiblegambling.ca Know your limit. Play within it.
Winners are responsible for cost associated with delivery/claiming of prizes.

[Support KOFC 50/50](#)

The Spirituality of Childhood

CATECHIST FORMATION Level 1

Level 1 formation in the Catechesis of the Good Shepherd engages hand, head, and heart, immersing the adult in Scripture, Liturgy, Theology, and Prayer so as to support the needs and spiritual growth of the young child, ages 3 to 6.

Each course is a minimum commitment of 90 hours, with readings and written work required.

KAMLOOPS, BC
St. Ann's Academy,
205 Columbia Street
Part A: November 12-17, 2025
Part B: TBD



CONTACT

Susan Berdusco
(250) 299-4539
susankberdusco@gmail.com

REGISTER

cgsac.ca/courses-1



Catechesis of
the Good Shepherd
Association of Canada



This year also marks the 35th year of the diocese's annual Faith in Action appeal, whose longevity is itself a truly remarkable testament to the faith and extraordinary generosity of Catholics here in the diocese.

Wish to Donate Online?

Interac e-transfers to: fia@rcdk.org

If you did not receive Faith in Action material in the mail, please contact the parish office.

Thank you to all who responded to this Faith in Action Commitment Weekend.

Faith In Action Campaign 35 Video <https://www.youtube.com/watch?v=Xs5yYuzUojU>

All Women Are Invited to Join Us for An Evening of Prayer & Social Time on Thursday, October 30th at 6:30 pm. Join us for Mass, Adoration & Social at Sacred Heart Cathedral (255 Nicola Street) Kamloops. We will begin the evening with Mass, Adoration and followed with a Social. We will also share current Bible Studies and other Faith-based resources that many are participating at this time. We look forward to seeing you there and we encourage you to bring a friend! For more information, please contact Domenica at 250.320.8319.



Rekindle the romance, remind yourselves why you fell in love and learn how to make a good marriage even better!

WWME is offering a weekend marriage retreat this fall. Oct. 24-26, 2025.

For more info and to register

visit: <https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter#overview>

♥Early bird special before Sept. 11. ♥

Registration closes Oct. 11, 2025

You both deserve it!

Rosary Coast to Coast Canada
October 13, 2025
8 p.m. EST

St. Joseph,
 St. Michael,
 Our Lady of the Cape, pray for us!

www.stbernadettesfrc.org www.rosarycoasttocoast.ca

Rosary Coast to Coast live stream at field of 3100 Weston Road, Toronto behind Carmen Stefano Centre

8 p.m. EASTERN
 9:30 p.m. Newfoundland
 9 p.m. Atlantic
 7 p.m. Central
 6 p.m. Mountain
 5 p.m. Pacific and Yukon

JOIN ON ZOOM
ID 488 053 1654
PASSWORD: Jesus
us02web.zoom.us

LIGHT A CANDLE, GATHER YOUR FAMILIES AND PRAYER COMMUNITIES! RECITATION OF THE HOLY ROSARY AND CHAPLET OF THE DIVINE MERCY. THERE IS NO BETTER TIME TO BE ON OUR KNEES FOR CANADA AND THE WORLD! BECOME A PRAYER CAPTAIN! CONTACT ANGIE CARBONI
Send an email to marbenjoseph@protonmail.com for more information

Rosary Rally Join 1500 locations across Canada praying the Rosary in the Public Square. You are invited to join in a **Public Square Rosary Rally on Saturday, October 11th at 11 am - noon at Third Ave and Columbia St.** Please join us to fervently pray for the conversion of Canada to Choose Life. Will you be able to join us and other Catholics on that very important day?

" Let us know if you can help: greeting and directing arrivals; passing out programs; taking pictures; asking each attendee to complete the attendance sheet; leading a specific decade of the Rosary or just come and pray with us. *Meet on Third Avenue beside Sacred Heart Cathedral to process to Columbia St.* Contact Kathy Dahl at (250)318-9698 or kathysdahlhouse@gmail.com

Baby Shower for Hopewell *Can you provide a new baby gift for newborns —18 months?* Suggestions of items often needed: Diapers size Newborn - 6, Wipes, Infant formula (0-12 months), Baby soap, Pacifiers, Baby toys, Newborn onesies, Baby towels, little gifts for mom, little gifts for dad. ***Please support women who Choose Life for their children!*** Items may be dropped off at the Cathedral from October 5. Look for the baskets at the entrances. More info contact Kathy at (250)318-9698 or kathysdahlhouse@gmail.com

THROUGH THE MULTI-FAITH CHAPLAINCY AND
TRUSU CATHOLIC STUDENTS SOCIETY

MASS AT TRU

STARTING
SEPTEMBER
18

AT THE OLD MAIN

3:30 PM 
Every 3rd Thursday from Sept-Apr

*fellowship to follow
after Mass*

 **KCYG**
KAMLOOPS CATHOLIC
YOUTH GROUP



HOPEWELL

Fiesta

De esperanza

GALA

JOIN US FOR AN
UNFORGETTABLE EVENING ON
FRIDAY, NOV. 7TH
AND CELEBRATE CULTURE,
COMMUNITY, AND COMPASSION!

www.hopewellkamloops.ca/gala



SCAN HERE



Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is late October in 2025 in Kelowna. For more information please email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403.



Rachel's Corner

"I won't remember what happened with fear or tears. Now I will remember with peace, because now I know and believe they are with Jesus. I used to feel I was the only one in the whole world. I didn't want to tell anyone. Now I know I am not alone."

- Testimonial

Feeling like you are the only one and not wanting to tell anyone is something most men and women feel after their involvement in an abortion decision. Come on a Rachel's Vineyard Retreat and give yourself the chance to be free from what is destroying you on the inside. You won't be sorry you did.

www.rachelsvineyardkamloops.org

rvkamloops@yahoo.ca

250-267-508



2025 Choose Life 40 Day Prayer Vigil

Pre-Vigil: September 23 at 7:15 pm

Meditation and Reflection to begin the 40 Day Prayer Vigil with a Candlelight Ceremony and Prayer Service at the Memorial to the Unborn
Sacred Heart Cathedral 255 Nicola St.

40 Day Vigil: Wednesday September 24 to November 2, 2025 10-11 am

Daily Prayer and Silent Witness for Life outdoors or inside the Cathedral
Sacred Heart Cathedral Nicola St and Third Ave.

Concluding Vigil: Sunday, November 2 after 8:30 Mass 11 am at Sacred Heart

Other activities during the 40 Days:

Baby Shower for Hopewell Clinic and Pregnancy

Sunday October 12, 2025

9:30 am -10:30 am (after 8:30 am Mass) in the courtyard

12:30 - 1:30 (after 11:30 am Mass) in the courtyard

Drop gifts off at the Cathedral starting October 5.

Sacred Heart Cathedral Nicola St and Third Ave.

Advance Care Plan - Green Sleeve paperwork - Carla Williams Interior Health

Friday, October 17 10 am - 12 pm - Please register by October 14 by email or text (See below)

Sacred Heart Cathedral Lower Hall

Carla, granddaughter of Maybelle Nordick, a true Pro-life warrior.

Pre-Planning your Funeral

Sunday October 26 - Please register by October 22 by email or text (See below)

11:30 Mass - 12:30 Brunch

1:30 - 3:00 Presentation

Food Drive for Vincent de Paul - Fill the Fiat

Food Collection from October 18 - 31

Drop items off at the Cathedral

Filled Fiat delivery on Saturday, November 1.

Please offer special prayers during the Choose Life 40 Day Prayer Vigil.

Prayer for the Protection of Human Life

Heavenly Father, Lord and Maker of all that is good, fill our hearts with joy before the wonders of Your creation. Open our eyes to the presence of Your beloved Son Jesus in all those we encounter and especially in the weakest and most vulnerable among us. Where we see life threatened, at its beginning or at its end, or by poverty and deprivation, inspire us with love and mercy, so that, empowered by Your Holy Spirit, we may work together to defend human dignity. Help us to build a culture of life: a culture in which each and every person is loved and valued as Your child, from conception to natural death, and in every circumstance of life. Amen.

Kathy Dahl

(250)318-9698 kathysdahlhouse@gmail.com

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS

**WE ARE
HIRING**



JOIN US

BUS DRIVER

**LOOKING FOR A PASSIONATE AND JOYFUL INDIVIDUAL TO
JOIN OUR SCHOOL COMMUNITY!**

PREFERRED QUALITIES:

- ✓ Share and live the Catholic faith
- ✓ Hold a Class 2 BC license with Air Brake endorsement
- ✓ Have a safe driving record
- ✓ Foster a safe, welcoming environment
- ✓ Are reliable and team-oriented
- ✓ Have school transportation experience

Candidates must submit the CISKD Support Staff Application Form located on our website at www.ciskd.ca/careers.

Completed applications with supporting documentation shall be submitted electronically in one PDF file to the CISKD Superintendent of Schools, Mr. Christopher Yuen, at hr@ciskd.ca. We thank all applicants in advance, however only those shortlisted will be contacted.

For more information please view the job posting on www.indeed.ca



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>