ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

635A Tranquille Rd. Kamloops, BC V2B 3H5
Phone 250-376-3351 Fax 250-376-3363
E-mail info@rcdk.org

Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

July 7, 2026

The Month of July is dedicated to **the Most Precious Blood.**

The Holy Father's Intentions for the Month of July 2026

For respect for human life.
Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

Words from our secondary patron, St. John Vianney

"When we do something we dislike, let us say to God: 'My God, I offer you this in honour of the moment when you died for me.' "

Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH
7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral
8am – 9am Wednesdays and Saturdays at Holy Family Parish
5pm – 6pm Tuesday to Friday at St. John Vianney

70. "Visit the Blessed Sacrament of some church at least once a day." (Pope Jon XXIII)

Prayerful wishes to Fr. Paschal Ekeh who celebrates his 5th Anniversary of Priestly Ordination on July 8th, Fr. Ignatius Opara who celebrates his 5th Anniversary of Priestly Ordination on July 8th, Fr. Peter Altamirano, OMI who celebrated his 20th Anniversary of Priestly Ordination on July 16th, Fr. Thomas Arackal who celebrates his birthday July 13th, Fr. Ajin George who celebrates his birthday July 21st, Msgr. Jerry Desmond who celebrates his birthday July 23rd and Fr. Clinton Pendleton who celebrates his birthday on July 23rd!

SAVE THE DATE!

BISHOP JOSEPH'S 10TH EPISCOPAL ORDINATION ANNIVERSARY
Tuesday, August 25th

Bishop Joseph will celebrate 9 am morning Mass at Sacred Heart Cathedral which will be followed by a social.

Everyone is welcome to come and celebrate with Bishop Joseph!

Grief to Grace is a program rooted in our Catholic faith. Designed to express the healing ministry of Jesus Christ. It is an integrated healing process of the body, mind, and spirit using the principles of trauma-informed care. It helps those who have endured abuse to find healing for neglect, abandonment, physical, emotional, sexual, clerical, and spiritual abuse, whether in childhood, adolescence, or as an adult. The next retreat in Canada is 22-27 September 2026 in Kelowna. For more information, please email grieftogracekelowna@gmail.com or make a confidential call to 250-808-6403. The deadline for the intake process is 15 June 2026.

To view the retreat website visit https://www.grieftogracecanada.org/

Our Lady of the Mountains
Holy Family Caminos, Summer 2026

Once again, Our Lady of the Mountains Parish in Whistler is offering Pilgrimage options this summer called the Holy Family Caminos.

What is a pilgrimage? It is a journey to a destination to remind us of our ultimate Journey in life. It is basically a walking retreat where we give God the opportunity of speaking to our lives and to do some of the necessary repairs.

Our first Camino of the Holy Family is 26th – 27th June:

Brandywine Falls to Our Lady of the Mountains Church (OLOM), total distance 25km.

Accommodation: Camping Friday night

Cost: Admin fee $25, plus $15 for campsite fee.
You are required to have your own food and gear.

Friday: Brandywine Falls to Cal-Cheak Crossing 5km
Saturday: Cal-Cheak Crossing to Our Lady of the Mountains 20km

There will be daily Mass and a retreat format to help you get the most out of the pilgrimage.

Second Camino of the Holy Family 26th – 30th July

St Joseph's, Squamish to Our Lady of the Mountains, total distance 96km. You will want to be in good shape for this one as you have to pack your gear and supplies for the whole time.
A well packed person could get away with a 15-kilo pack including water.

Accommodation: Wilderness camping five nights.

Cost: Admin fee $25, plus Levette Lake $18 per campsite up to six

Sunday: St Joseph's to Levette Lake 18km, elevation gain 800m
Monday: Levette Lake to Queen of Peace Monastery 10km (rough terrain day) gain 300m, loss 600m
Tuesday: Queen of Peace Monastery to Starvation Lake 15km, elevation gain 650m, loss 470m
Wednesday: Starvation Lake to Cal-Cheak Crossing 24kms, elevation gain 1200m
Thursday: Cal-Cheak Crossing to Hanging Lake 17km
Friday: Hanging Lake to Our Lady of the Mountains 12km

There will be daily Mass and a retreat format to help you get the most out of the pilgrimage.

Third Camino of the Holy Family 4th – 7th September:

Mount Currie to OLOM, total distance 50km

Accommodation: Camping two nights. You are required to have your own food and gear.

Cost: Admin fee $25

Friday: St Christopher's Church to St Francis of Assisi Church 10km
Saturday: St Francis of Assisi to Rock Garden 20km
Sunday: Rock Garden to OLOM 20km

There will be daily Mass and a retreat format to help you get the most out of the pilgrimage.

Please contact the Parish to sign up and get more information, including waiver forms and packing lists: whistlercatholicchurch@telus.net

Whistler Hiking Masses
Saturdays at 9am

11th July	Blueberry Trail (2 km)
25th July	Train Wreck (2.6 km)
8th August	Rainbow Falls (5 km)
22nd August	Loggers Lake (2 km)

World Day for Grandparents and the Elderly 2026

Sunday, July 26, 2026

The theme chosen by Pope Leo XIV for the 6th World Day for Grandparents and the Elderly – "I will never forget you" (Is 49:15) – reminds us that God's unwavering love is the ultimate answer to the isolation and neglect so often experienced by the elderly. It brings comfort and hope, assuring us that the Lord knows each of us personally, forgets no one, and loves us unconditionally, even through the frailties of old age.

Pro-Life Help Not Harm Campaign – Bill C218 You are invited to visit HelpNotHarmCanada.ca to quickly and respectfully contact your Member of Parliament and ask for their support of **Bill C-218 (The Right to Recover Act).** This proposed legislation would amend the Criminal Code to ensure that Medical Assistance in Dying (MAiD) is not extended to individuals whose sole underlying condition is mental illness. If the law is not amended, MAiD will become available for those suffering from mental illness alone beginning in March 2027. Many of us know someone living with mental illness — a loved one, friend, neighbour, or colleague. As Catholics and Canadians, we are called to respond with compassion, accompaniment, and genuine care, safeguarding the dignity and lives of those who are vulnerable. Visit HelpNotHarmCanada.ca today and ask your MP to support Bill C-218.

Free Webinars from Franciscan University's Catechetical Institute

Franciscan University's Catechetical Institute is continuing our FREE and fantastic webinar series in 2026 to support catechists, teachers, and leaders! The full list of available webinars for this year and their registration links can be found here: https://franciscanathome.com/guild-webinar-series

Also, our extensive collection of webinars done in the past five years are also posted for free here: https://franciscanathome.com/resources/webinars

OCTOBER
30
SAVE THE DATE
Celebrating Fr. Derrick's
25th Anniversary of Priestly Ordination
Friday, October 30th at Columbo Lodge
"I will give you shepherds after my own heart."
— Jeremiah 3:15
Join us as we give thanks to God for the faithful ministry and priestly service of Rev. Fr. Derrick on the occasion of his Silver Jubilee of Priestly Ordination, 25 Years of Priestly Service. No mass on Friday Oct 30. There will be a 9 AM Saturday morning at Cathedral October 31 anniversary celebration Mass. There'll be several courses and with each course, a video for spiritual food each table to discuss. The videos are father Derrick spiritual favourites. After dinner is finished, there'll be a rosary.
Doors open at 5:00 PM, with dinner served at 6:00 PM.
Colombo Lodge, 814 Lorne St. Kamloops

Employment Opportunities

Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/