

Saint James Church
2607 27 St
Vernon, BC V1T 4W1



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC



Mass Times
1:00 pm Sunday
(St Benedict only)

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC



Mass Times
10:30 am Sunday

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:30 pm Saturday
9:30 am Sunday

4th Sunday of Easter April 21, 2024

St James

| | | |
|-----------------------|---------------|---------------|
| Daily Mass | Mon-Fri | 8:00 am |
| | Saturday | 9:00 am |
| Reconciliation | Saturday | 9:30-10:30 am |
| | | 4:00-4:45 pm |
| Eucharistic Adoration | Mon -Thursday | 9 am—9 pm |
| @ St Benedict | 1st Friday | 10 am |

World Day of Prayer for Vocations April 21

The Fourth Sunday of Easter, Christians are invited to reflect on the meaning of God's call and to pray for vocations. Christ, the Good Shepherd, continues to lead his people through His Bishops, Priests, and Deacons, and calls many to follow Him in this way. Priestly, diaconal, and religious vocations should be a constant concern in the hearts of God's people.

Mark your Calendar

- May 02—Fill The Valley—OLOV @ 6:30 pm
- May 05—1st Sunday of the month—Food For The Poor and for the Healing, Reconciliation and Forgiveness with Indigenous Peoples
- May 18—OLOV K of C Yard Sale

LEARN MORE ABOUT OUR FAITH & OUR PARISHES

STAY INFORMED ON EVENTS. GET INVOLVED.

VISIT OUR REFRESHED WEBSITE

www.rccv.org

ROMAN CATHOLIC CHURCHES OF VERNON (RCCV)

PARISH MINISTRIES

| | |
|------------------------------|--|
| CWL (St James) | 7:00 pm 1st Tues each month |
| CWL (OLOV) | 11:00 am 1st Sat (Feb, April, June Sept & Nov) |
| KOC (St James) | Council 4949: www.facebook.com/kofc4949 |
| KOC (OLOV) | St Teresa Council 12202: www.kofc12202.ca |
| Finance Committee (St James) | Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell |
| Finance Committee (OLOV) | Garry Pielak, Gord Adams, James Lockwood, Ewen Pitt |
| Parish Pastoral Council | Ben Allen, Brian Trafford, Rob Hillis, Gwen Torres, Jeff Routely, Rita Eng |

OFFICE

| | | |
|-------------|--------------|--|
| Telephone | 250-542-1276 | www.rccv.org |
| email | | stjamesvernon@rcdk.org |
| Office Hrs. | 8 am—2:pm | Mon-Tues-Thurs-Fri |
| | Closed | Wednesday |

| | | |
|--------------------------------|--|--------------|
| Pastor | Rev Fr Peter Nguyen frpeter@rcdk.org | 250-542-1276 |
| Parochial Vicar | Fr Thomas Arackal Sacred Heart, Lumby and St Benedict/St Theresa | 250-547-9070 |
| Permanent Deacon | Deacon Paul Murphy deaconservant1@gmail.com | 778-212-2020 |
| Diocese Kamloops Office | 635A Tranquil Rd Kamloops, BC V2B 3H5 | 250-376-3351 |

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for April

For the role of women - We pray that the dignity and immense value of women be recognised in every culture, and for the end of discrimination that they experience in different part of the world.

Mass Intentions April 22-28

| | |
|-------------------------|--------------------------|
| April 22—Mon: 8am SJ | Sonya—INT |
| April 23 Tues: 8am SJ | Peter Wlasuk—† |
| April 24—Wed: 8am SJ | Private Intentions |
| April 25—Thurs: 8am SJ | Margaret Kowalyshyn—† |
| April 26—Fri: 8am SJ | Schommer Family—INT |
| April 27—Sat 9am SJ | Kennedy Families INT |
| 5pm SJ | Vincent Wells—† |
| April 28— Sun 8:30am SJ | SJ Parish Families—INT |
| 10:30am OLOV | OLOV Parish Families—INT |
| 7:00pm SJ | Wenceslao Sapanta—† |

**Vernon and Area Pro-Life Society AGM
Thursday Apr 25 @ 6:30 pm
Schubert Centre**

All Society members are welcome to attend.
Memberships are available at the door.

Special Guest Speaker:
Cindy Bertrand Larson "The Journey to Rachel's Vineyard"
Come join us!

Eucharistic Adoration of the Blessed Sacrament at St. James

We kindly request you consider enhancing your life by committing one hour a week as an adorer. Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday-Thursday. Drop-in visitors are always welcome. We especially need adorers for these hours:

Tues 12-1pm 3-4pm 5-6pm.
Wed 2-3 p.m. 6-7pm,
Thurs 12- 1 pm, 6-7pm and 8- 9 pm.

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy & Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

MUSICIANS WANTED

The Parishes of St James & Our Lady of the Valley are in need of musicians! If you have musical talents that you would like to share, please contact Eric Hoffbauer at 905-758-6133 or email hoffbaue@gmail.com

Your support to our Parishes is greatly appreciated.

Sunday Offertory

| | |
|-------------|---------|
| St James | \$ 2521 |
| OLOV | \$ 2881 |
| St Benedict | \$430 |

Thank you for your continued generosity.



Next Sunday's Readings:

April 28, 2024

Acts 9.26-31

Ps. 22.25b—26, 27+29, 30-31(R. 25a)

1 John 3.18-24

John 15.1-8



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

68. Society will again someday become Christian won to Jesus Christ by the apostolate of Eucharistic Prayer.
(St. Peter Julian Eymard)

Quote from St John Vianney

"Although Mary knew that God had raised her to the most supreme of all honours- that of being the Mother of God- nevertheless she regarded herself as the least of all creatures."



ROMAN CATHOLIC CHURCHES OF VERNON
Eucharistic Revival
21-FEBRUARY to 24-NOVEMBER-2024
TAKE AN ACTIVE ROLE IN THIS INITIATIVE! CONTACT BERNIERAMIS@GMAIL.COM

**Liturgy of the Word with Children (LWC)
Every Sunday 10:30 mass—OLOV**

This is a special opportunity for children ages 3 -7 years to participate at Mass by listening, reflecting & understanding the Word of God according to their level.

Any child in this age group may participate - no registration is necessary.

INTERAC/E-TRANSFER DONATIONS

| | |
|-------------|------------------------------|
| St James | givingstjamesvernon@rccv.org |
| OLOV | givingolov@rccv.org |
| St Benedict | givingstbenedict@rccv.org |

Our Lady of the Valley—Knights of Columbus

St Theresa Council 12202

12th Annual yard sale - May 18th, 2024

We are inviting donations of good used items for this major fund raiser. We will be accepting items every Sunday before and after 10:30 mass, at the garage at the East end of the church. We are available for pick up of items if required.

Please e-mail or call James, Ben or Ron
jameslockwood@hotmail.com
benjaminjoel32@gmail.com
patron1962@telus.net(250 550 6867)

Catholic Book Club

Next meeting: **May 1, 2024** at 9am in the Monsignor Miles Hall. We will conclude our discussion of ***Jesus and the Jewish Roots of the Eucharist*** with a video presentation on the Eucharist. All are welcome. On May 15, we will begin the Diary of St. Faustina. Copies are available through Loaves and Fishes in Kelowna.

Call Jan for more information 250-309-4123.

HOW TO RECEIVE CHRIST WITH LOVE IN THE EUCHARIST

John A. Kane

In Holy Communion, we touch and taste our Lord and our God. A very significant sentence of St. Augustine, in which he records Christ's words to him, defines the chief effect of eating the Bread of Angels: "Thou shalt not change me into thine own substance, as thou changest the food of thy flesh, but thou shalt be changed into mine." There is not, and there never can be, a closer union.

The reality of Christ's Presence is a fact founded on His infallible word and almighty power. But bewildering is our perplexity when we try to ascertain the mode of His eucharistic indwelling. The nearer He approaches us, the more incomprehensible He becomes; the greater our effort to understand, the more profound our obscurity. When our minds strive to progress beyond the limits marked by faith, they are baffled and confounded. The divine brilliance of light surrounding our guest impairs the soul's vision.

As their Creator, God abides in creatures. Man cannot be independent of God. For the creature to attain both his natural and supernatural ends, the Creator must dwell in him. Even irrational creatures fall under this essential law of creation. God is everywhere: by His being or essence, because He is the cause of all being, all existence; and by His knowledge, because "all things are naked and open to His eyes"; by His power, because all things are subject to Him. "In Him we live, and move, and have our being."

But the Incarnation inaugurates an entirely new mode of the Divine Presence. Through this mystery, man becomes one body with Christ in the embrace of a common nature. Holy Scripture beautifully unfolds the eternal import of this prodigy of divine love: "God so loved the world as to give His only-begotten Son; that whosoever believeth in Him may not perish, but may have life everlasting. For God sent not His Son into the world to judge the world, but that the world may be saved by Him." "This is eternal life: that they may know Thee, the only true God, and Jesus Christ, whom Thou hast sent."

In this wholly new manner of the Divine Presence, how low Christ descends to exalt the creature! St. Paul's words to the Philippians on this subject are sublime in their simplicity: "Let this mind be in you, which was also in Christ Jesus: who being in the form of God, thought it not robbery to be equal with God: but emptied Himself, taking the form of a servant, being made in the likeness of men, and in habit found as a man. He humbled Himself, becoming obedient unto death, even to the death of the Cross." As an earthly king, realizing that he is God's representative, and having at heart therefore the dearest interests of all — but especially of the poorest of subjects — as such a one conceals his royal raiment beneath attire as shabby as theirs, in order to be more accessible as he distributes his gifts to them, so the King of kings wraps in fallen nature the eternal glory of His divinity, to raise man in new bonds of love to a higher life, to give him the gift greater than which God Himself cannot give.

So, too, the words of Christ: "If anyone love me, he will keep my word, and my Father will love him, and we will come to him, and will make our abode with him" put the soul into a relationship with God far closer than that by which the Creator is everywhere in His creation. God dwells in man in a special way, it is true, because man, being rational, is the only creature who can know and love the Creator. But the Divine Presence connoted by the Incarnation differs essentially from its consequences. In this instance, Christ is the almsgiver of Heaven's largess, revealing Himself under conditions entirely new, and in a manner that, until the fullness of time had come, could not be realized.

By this mystery, man's sin was forgiven, the supernatural life of his soul restored, and his nature justified and elevated to the most loving companionship with God. The creature was endowed with the capacity for growth into the likeness of his Savior so that, by the acquisition of His virtues, the mind that is in Christ should also be the mind that is in him.

But even beyond the restoration of man's nature to its primal supernatural righteousness, and his ability to reproduce the virtues of Christ in his soul, there is, through the Incarnation, the living consciousness of the union between God and man, and the joy accruing

to the creature from the personal love of Christ, dwelling in such close intimacy with him. This is the crowning glory of this preeminent mystery — just as the harmonious blending of colors, producing the most delicate tints and finest shades, completes over and above the rough outlines, the masterpiece of the artist. All these marvels coalesce in the Holy Eucharist. This sacrament was instituted to confer on us, not merely particular graces, but all the gifts of the life of the incarnate God as well. Never has God revealed Himself with such energizing fullness. Such a revelation does not, however, contravene the bestowal of a definite grace in answer to a special request. Christ can manifest Himself to us in the manner best suited to our spiritual development because He is the infinite archetype of all the forms of holiness; the source of sanctity in all the varied expositions of its comprehensive unity.

Reflection on these stirring truths will impel us to receive Him with a love that will satisfy His yearning to be one with us. He must be one with us in order that, sharing His eucharistic life, and profiting by its treasures, our weak, changeable nature may be transformed and our faculties supernaturalized, and we may be fashioned into His likeness.

What Christ by His sacramental presence does in us, we should do in the world around us. As He transfigures us with His grace, we, too, must elevate and ennoble all who come within the sphere of our influence. We fall short of the divine purpose in the institution of the Holy Eucharist if we fail to dispense the beneficent effects of the Life of all life. Conscious of the marvelous expansion of its power, we will do everything we can to requite the love of Christ for us by always being His representatives in the world's wilderness of sin.

This thought, that we must be other Christs, should inspire our words and actions. Briefly, we must glorify Christ by emptying ourselves for others, as He glorifies the Father by emptying Himself for us. What a mission of purest love would be ours if we daily endeavored to kindle in the souls of our brethren the fire of love which our Savior came to cast on earth, and longed so ardently to see kindled!

How else can we make possible the eucharistic life of our Lord and Master in our own souls? Christ came to restore to His Father the souls of sinners. Only by continuing this work, only by love of our neighbor, will we be saved, for our sacrifices, and the helpfulness of our charity for others, will decide our eternal destiny.

"Come, ye blessed of my Father, possess you the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave me to eat; I was thirsty, and you gave me to drink; I was a stranger, and you took me in; naked, and you covered me; sick, and you visited me: I was in prison, and you came to me.' Then shall the just answer Him, saying: 'Lord, when did we see Thee hungry and fed Thee; thirsty and gave Thee drink? And when did we see Thee a stranger and took Thee in? Or naked and covered Thee? Or when did we see Thee sick or in prison and came to Thee?' And the King answering, shall say to them: 'Amen I say to you, as long as you did it to one of these my least brethren, you did it to me.'" The doom of the faithless will be ours if the eucharistic life ends only in selfish possession.

Our expression of responsive love and gratitude after each Holy Communion should be to glorify the sacramental Savior by the revelation in all our dealings with others of the effect of our union with Him.

This article is from a chapter in *Transforming Your Life Through the Eucharist*

Prayerful wishes

to Deacon Paul Murphy who celebrates his birthday on April 21st,
to Fr. Derrick Cameron who celebrates his birthday on April 25th,
to Fr. Vernantius Ononiwu who celebrates his birthday on April 27th, and
to Msgr. Jerry Desmond who celebrates his 58th Anniversary of Priestly Ordination on April 28th!

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RCCV: St James 2607- 27th Street Vernon BC



Vernon & Area Pro-Life Society


Store: 250-545-0777
3102 31st Ave

Office: 250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



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St James Council 4949
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