ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

October 20, 2026

The Month of October is dedicated to **the Holy Rosary.**

The Holy Father's Intentions for the Month of October 2026

For mental health ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

Words from our secondary patron, St. John Vianney

"God loves us more than the best of fathers, and more tenderly than the most devoted of mothers. We have only then to abandon ourselves to his will with the heart of a child."

Holy Hour – for Vocations

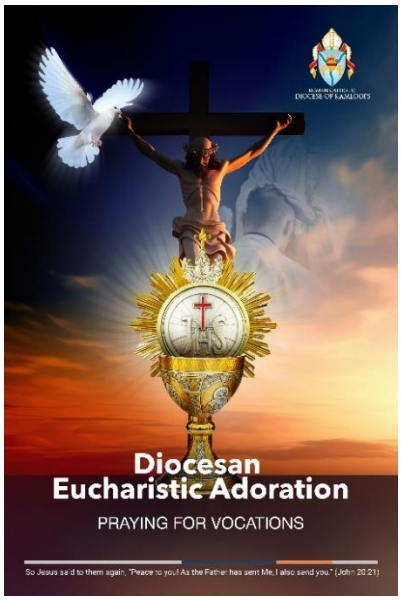
Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH
7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral
8am – 9am Wednesdays and Saturdays at Holy Family Parish
5pm – 6pm Tuesday to Friday at St. John Vianney

84. A Holy Hour helps the one in the world in most need of God's Mercy. (St. John Paul II)



October 4 – 10 - St. Ann's - Quesnel
October 11 – 17 - Our Lady of the Mountains - Whistler
October 18 – 24 - Holy Family - Kamloops
October 25 – 31 - Our Lady of the Valley - Coldstream
November 1 – 7 - Sacred Heart - Williams Lake
November 8 – 14 - North Thompson Parishes
November 22 – 28 - St. John's - Lillooet
November 29 - December 5 - St. James - Vernon
December 6 – 12 - Sacred Heart - Lumby
December 13 – 19 - Blessed Sacrament - Chase & Our Lady of the Lake - Blind Bay

SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary drawn closer to Christ, enriched by a deeper understanding of seminary life, and inspired to encourage other boys and men to consider and respond to a possible call to the priesthood or religious life.

Dates of the next Seminary Live ins:

November 14 – 15, 2026
February 6 – 7, 2027
July 3 – 4, 2027

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

Living Faith in Action – Campaign 36

If you did not receive Faith in Action material in the mail, please contact the parish office.

Thank you to all who responded to the Faith in Action Commitment Weekend.

Faith In Action Campaign 36 Video

https://youtu.be/OShxJfwSv6E?si=LlG8WXyXClxGpBTS

Wish to donate online? Interac e-transfer to fia@rcdk.org

The first breakfast for the needy takes place Tuesday, October 20 from 9:30 to 11:00am at Sacred Heart Cathedral (church hall).

Please spread the word so that our community is aware. The students from St. Ann's Academy and parents and parish communities come together to support these breakfasts.

You are invited to a free Breakfast

Tuesday, October 20, 2026

9:30am to 11:00am

at

Sacred Heart Cathedral

255 Nicola St. Kamloops

(indoors in the church hall)

Breakfasts will take place every third Tuesday of the month (except March and June) of this school year ST. ANN'S ACADEMY

Faith, Hope and the Journey Towards Mental Health

An Evening with Dr. Gerry Turcotte

President, Corpus Christi College &
Principal of St. Mark's College at UBC
Award winning journalist, teacher and writer

Drawing on humour, faith, empathy and practical strategies, Dr. Turcotte explores a pathway to hope for those navigating mental health challenges—and for those who walk alongside them.

This is an evening for anyone looking for a language that heals, practical ways to offer support, and a deeper understanding of how faith and honest dialogue can help us discover healing, hope and meaning in difficult times.

EVERYONE IN WHISTLER IS INVITED

Friday October 30 2026

6:00 PM Mass
6:30 PM Presentation

Coffee · Dessert · Questions

Our Lady of the Mountains Parish
6299 Lorimer Road, Whistler, BC

https://kofccharity.ca/

FR. DERRICK's 25th ANNIVERSARY OF PRIESTLY ORDINATION

Join us in giving thanks to God for the faithful ministry and priestly service of **Fr. Derrick Cameron** as we celebrate his **Silver Jubilee of Priestly Ordination — 25 Years of Priestly Service**.

Celebration Dinner:

Friday, October 30 at Colombo Lodge, 814 Lorne St., Kamloops

Doors open: 5:00 PM

Dinner: 6:00 PM

Enjoy a multi-course dinner featuring short videos of Fr. Derrick's spiritual favourites, with opportunities for table discussion and reflection. The evening will conclude with the Rosary.

To register, please click the link below or scan the QR Code.

The forms will also be available at Sacred Heart Cathedral's Parish office.

https://docs.google.com/forms/d/e/1FAIpQLSeu4wm3-J2HH6AzbkzzsEQsivufYI-lBoMow1VfWAwZnSJS7g/viewform

There is a fee of $50 per person at the time of registration.

You can make your payment through cash, cheque made payable to Sacred Heart Cathedral or e-transfer to giving@sacredheartkamloops.org When making payment through e-transfer or cheque, please in the message clearly state that it is for Fr. Derrick's 25th Anniversary of Priesthood. **The deadline to register is October 20.**

Anniversary Mass:

Saturday, October 31 at 9:00 AM at Sacred Heart Cathedral

Please note: There will be NO evening 6:30 pm Mass at the Cathedral on Friday, October 30.

2026 Choose Life 40 Day Prayer Vigil
- A Kamloops Catholic Parishes Project

All Diocese of Kamloops members and all ProLife supporters are invited to participate in any or all of the life-affirming events scheduled this Fall 2026.

40 Day Vigil: Wednesday September 23 to November 1, 2025 10-11 am
Dally Prayer and Silent Witness for Life outdoors or inside the Cathedral. Reflection materials provided. Sacred Heart Cathedral Nicola St and Third Ave. Weekday Mass at 9 am. Sunday Mass at 8:30 Rosary to follow. Prayer vigil 120 am - 11 am.

Concluding Vigil: Sunday, November 1 after 8:30 Mass 11 am at Sacred Heart Cathedral at Memorial to Unborn in courtyard.

Rosary Rally - Saturday, October 10th at 11 am - noon at Third Ave and Columbia St. 1500 locations across Canada praying the Rosary in the Public Square. You are invited to join in a Public Square Rosary Rally to fervently pray for the conversion of Canada to a Culture of Life. Will you be able to join us and other Catholics on that very important day? Meet on Third Avenue beside Sacred Heart Cathedral to process to Columbia St.

Pre-Planning your Funeral - Sunday October 18 after 11:30 Mass: 12:30 Brunch 1:00 - 3:00 Presentation kathysdahlhouse@gmail.com or (250) 318-9698

Advance Care Planning: Saturday/Sunday, October 24/25 at Holy Family for health and end of life issues in BC. Learn what needs to be completed to ensure that your wishes are known.

Food Drive for Saint Vincent de Paul: Food Collection from October 18 - 31.
Drop items off at Sacred Heart Cathedral or perhaps your local parish can provide a collection box. Delivery to St. Vincent de Paul Saturday, November 1.

- **Wish List:** Anything with protein is at the top of our list:
    - tinned tuna, salmon, chicken, ham, mackerel, chili, stews, pasta, sauce, tinned tomatoes, tomato paste, tomato sauce, peanut butter, canned beans, peas, kidney beans, garbanzo beans, etc. pork & beans, canned lentils, soup (canned, instant), instant coffee, egg noodles (gluten-free), canned milk or in tetra-packs, pasta, canned fruit, rice canned, Boost or Ensure.
    - Nonfoods: dish detergent, toothbrushes, tooth, paste dental floss

Life Worth Living - Film by National Right to Life - October 31 11:00 am - 1:00 pm Sacred Heart Cathedral Lower Hall. Groundbreaking, bold documentary that exposes the euthanasia crisis in Canada—described in the film as a dark stain on a nation that has taken over 90,000 lives since 2016. Screening, discussion, light refreshments. Sponsored by Voices4Life (Kamloops Pro-Life)

Prayer for the Protection of Human Life
Heavenly Father, Lord and Maker of all that is good, fill our hearts with joy before the wonders of Your creation. Open our eyes to the presence of Your beloved Son Jesus in all those we encounter and especially in the weakest and most vulnerable among us. Where we see life threatened, at its beginning or at its end, or by poverty and deprivation, inspire us with love and mercy, so that, empowered by Your Holy Spirit, we may work together to defend human dignity. Help us to build a culture of life: a culture in which each and every person is loved and valued as Your child, from conception to natural death, and in every circumstance of life. Amen.

For more information contact Kathy at kathysdahlhouse@gmail.com or (250) 318-9698

HEALING AFTER ABORTION

Rachel's Corner

""The retreat helped me accept God's forgiveness and to forgive myself. It broke the 28-year emotional dam, what else can I say!" Testimonial

Since the day you were a part of an abortion decision, has it felt like you have everything bottled up inside, which may have affected you in so many ways? Join other men and women on a Rachel's Vineyard Retreat and find out what it is like to not be carrying that around anymore.

www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca
http://www.facebook.com/rvkamloops
250-267-5081 call or text

Shrines of Ireland with Father Peter Nguyen

October 21, 2027 – October 30, 2027

Experience the shrines, warmth and customs of Ireland with Father Peter Nguyen and travel October 21, 2027 to October 30, 2027 on this 10-day faith-based guided tour of the Emerald Isle. Visit the Marian Shrine of Knock, celebrate Mass at the Most Holy Trinity Cathedral in Waterford and daily Masses when possible, and visit monastic ruins. Irish hospitality won't be overlooked! You'll have a chance to kiss the Blarney Stone, tap your toes to lively music in local pubs and eateries, attend a sheepdog demonstration and so much more!

If Ireland is calling you, come and join us! We have very limited seats available. Confirm your space today by contacting Bernadette!

https://www.wishbookvacations.com/ireland-2027/

Journey through Northern Vietnam with Father Peter Nguyen

(With Optional 5-Night Southern Vietnam Post Tour Extension) April 20, 2028 – May 1, 2028

Explore Northern Vietnam with a small group of travellers just like you who enjoy experiencing the food, culture and adventures of exotic travel. With just 12-24 passengers you'll have a remarkable adventure in exploration of this amazing country. You'll be immersed in the near mythical beauty of the country. Cultural encounters, culinary delights, and breathtaking landscapes will blend together to create one unforgettable adventure.

Enticing Vietnam lies before you with this 12-day guided tour which includes highlights such as:

- Water puppetry artist demonstration
- Vespa-led food tour
- Meeting a Vietnam War Veteran
- Lac Village home-hosted dinner

- Market visit and hands-on-cooking experience
- Hoa Lu Ancient Capital
- Trang An Grottoes
- Ha Long Bay
- Cua Van Floating Village
- And much more!
-

Daily Mass will be added when possible.

Journey through Northern Vietnam with Father Peter Nguyen - Wishbook Vacations and Tours

Mental Health Ministry

Featured on the Pope's Prayer Network

We pray that mental health ministry becomes an integral ministry in the Church that is available in every Catholic parish and community.

We pray for the elimination of the stigma and discrimination that people living with a mental illness encounter.

Visit clicktopray.org or download the app in your preferred App Store.
Visit the Pope's Worldwide Prayer Network at www.popesprayer.va

International Association
Catholic Mental
Health Ministers

Pope's Worldwide Prayer Network

The Pope's Prayer Network

Monthly Prayer for Mental Health - October 2026

Pope's Prayer Intention for October:

This month the Pope's prayer intention is for mental health ministry.

We bring before you our brothers and sisters who struggle with challenges to their mental health, who suffer in solitude with anxiety, depression, or any other mental illness.

Send your Spirit upon us, that we may learn to welcome and integrate care for mental health into the life and ministry of our communities and of the whole Church, and thus become a living sign of your mercy, which never abandons and always restores.

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

The International Association of Catholic Mental Health Ministers (https://www.catholicmhm.org/click-to-pray)

Pope's Worldwide Prayer Network

International Association Catholic Mental Health Ministers

Employment Opportunities

Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/

The Roman Catholic Diocese of Nelson

The Diocese of Nelson, which encompasses the Okanagan and Kootenays of beautiful British Columbia, is recruiting for the position of Diocesan Financial Administrator. The office is located in Kelowna at the Catholic Pastoral Centre.

The Financial Administrator is responsible for oversight of all financial, administrative and business affairs of the Diocese. Provides strategic financial guidance and effective advisory support to the Bishop, parishes and the Catholic Independent Schools of the Nelson Diocese (CISND). The Financial Administrator ensures compliance with regulatory requirements and fosters long-term financial sustainability of the Diocese.

Salary Range: $90,000 to $135,000

Interested applicants are invited to submit a résumé and cover letter by **October 23, 2026** to:

Roman Catholic Diocese of Nelson
Attention: Heather Wipfli, Executive Assistant
3665 Benvoulin Road
Kelowna, BC V1W 4M7
Email: executive-CPC@nelsondiocese.org

We reserve the right to shorten or extend the deadline for applications depending on interest.

Please apply early to ensure your application will be considered.

We thank all applicants for their interest, however, only those shortlisted for an interview will be contacted.