

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
10:30 am Sunday

Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday

Mass Times
12:00 pm Sunday
2nd & 4th Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

15TH SUNDAY IN ORDINARY TIME

JULY 13, 2025

THE MONTH OF JULY IS DEDICATED TO THE PRECIOUS BLOOD OF JESUS

Jesus of Nazareth

Today we hear that the greatest commandments are to love God/Jesus and to love our every neighbor.

How can Jesus increase his teaching in our Hearts. It is through putting Jesus at the centre of our lives.

A praying relationship with Jese is a great consolation in life and especially in old age.

Fr. Harry Clarke

Notes/Reminder

- Summer Break—**NO Children's Liturgy**—return on September
- July 25—The Feast of St. James our patron saint
- July 27—World Day for Grandparents and the Elderly
- Aug 03—1st Sunday of the month—Food for the Poor & Jubilee Prayer
- Aug 07—Fill The Valley—OLOV—6-7pm
- Aug 09—Fr. Peter's sister Fundraising Dinner (save the date)

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon –Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

SACRAMENT OF BAPTISM

Please contact the Parish Office at least 6 WEEKS prior to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office at least 6 MONTHS prior to your requested wedding date.

OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

Pastor	Rev Fr Peter Nguyen frpeter@shaw.ca	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020 (call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



MASS INTENTIONS—July 14-20

July 14	Mon	8 am SJ	Hans & Hildegard Novelleto	RIP
July 15	Tues	5 pm SJ	Gavin Smart	RIP
July 16	Wed	8 am SJ	Irish Brennan	INT
July 17	Thurs	8 am SJ	Private Intentions	INT
July 18	Fri	8 am SJ	CWL Intentions	INT
July 19	Sat	9 am SJ	Boris Hysek	INT
		5 pm SJ	Grace Gomez	RIP
July 20	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Celine Lockert	RIP

PARISH MINISTRIES

CWL (St James)	7:00 pm 2nd Tuesday of the month (Jan, Apr, Sept, Nov) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes Email: ppcstjames@gmail.com
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: ppcoulady@gmail.com
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org



Next Sunday's Readings:

July 20, 2025

Genesis 18.1-10a
Ps 15.1b-3a, 3b-4a, 4b-5 (R.1a)
Colossians 1.24-28
Luke 10.38-42



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Holy Hour—for Vocations

25. A Holy Hour brings Heaven's choicest blessings on those who are faithful to their Hour. (Pope Paul VI)

Quote from St. John Vianney

"To possess God, that is the joy of joys."



Sunday Offertory - July 06

Regular

St James \$ 4,786
OLOV \$ 4,819
St Benedict \$ 395

Thank you for your generosity.



PASTORAL CARE MINISTRY

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rcdk.org for Pastoral Care.



The Holy Father's Intentions for the month of July

For formation in discernment—Let us pray that we might again learn how to discern, to know how to choose paths of life and reject everything that leads us away from Christ and the Gospel.

Thank You Note to Fr. Harry and Fr. Henry

With Sincere Gratitude—I extend my heartfelt gratitude to Fr. Harry Clarke and Fr. Henry for so generously covering the masses on my behalf. Your willingness to step in and serve the church in my absence is deeply appreciated. Thank you both for your kindness, dedication, and support.

Fr. Peter

Dinner Invitation for Sister Maria Thanh

Join Us in an Evening of Generosity and Hope

Warmest greetings and heartfelt gratitude to each of you for the unwavering support, compassion, and solidarity you have always shown in times of need. In this spirit of togetherness, we invite you to a special dinner in honor of **Sister Maria Thanh, beloved sister of Fr. Peter**

- Saturday, August 09th at 5:30 pm
- St. James Parish Centre
- Cuisine: **Filipino Foods will be served—by DONATION**

Please come, bring your friends and family, and support this meaningful evening.

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adorer.

We especially need adorers for these hours.

Mon 3-4 pm and 4-5 pm Tuesday 3-4 pm

Wed. 12-1, 2-3pm and 6-7 pm Thurs 12-1 pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com

5 Ways to Sanctify Your Summer Vacation and Evangelize

By: *Almudena Martinez-Bordiu*
ACI Prensa Staff, Jul 8, 2025

With the arrival of summer in the Northern Hemisphere, many people take a vacation, a period of rest away from their routine but also a unique opportunity to reconnect with their faith.

A bishop, a mother, and a priest shared some tips from their own experiences for “sanctifying vacations” and evangelizing at vacation spots.

1. Take time to connect with God.

Speaking with ACI Prensa, CNA’s Spanish-language news partner, the bishop of Matamoros-Reynosa in Mexico, Eugenio Lira, emphasized that summer is a time of rest to “recreate” ourselves, that is, to “completely renew ourselves.”

The prelate thus advised “dedicating time to prayer and contemplation” to connect” with God and “better see the great gifts he gives us,” being aware “that we are unconditionally and infinitely loved.”

In this context, the Mexican bishop invited the faithful to value more and be aware that “we must responsibly care for our lives.” He also advised dedicating time to reading good books, “talking with family and friends, and doing something for others, such as evangelizing, going on a mission trip, visiting the sick, prisoners, a retirement home or a nursing home.”

Lira even encouraged people to use social media to “share a Gospel message that conveys faith, love, and hope. We can always do something to improve and help make the lives of others better.”

2. Strengthen family ties.

Leticia Sanchez de Leon lives in Rome with her husband and four children. Although she studied law in Madrid, she has been working in strategic communications since 2016. She currently has a blog on family communication and education and moderates family counseling courses.

Sanchez de Leon shared several tips for “living a Christian summer, healthy, joyful, generous with others, where God is found in the small details and where all family members can recharge to return to their daily routine in September.

For the mother, by putting these small things into practice, “we will go deeper into what it means for the family to be a domestic church in the midst of the society of our time and from which the individual can set out to build a more just, more welcoming, more peaceful, more convivial, and more deeply human humanity.”

First, she advised strengthening family ties and rediscovering “harmony” among family members: “During vacation, we have more time to relate face-to-face with our spouse and our children and to listen more closely,” she said.

To this end, Sanchez de Leon emphasized, it can be very helpful to “pray for them before the vacation begins.” She also encouraged spouses to maintain good communication and maintain harmony between them, since “on vacation people often get upset.”

She also encouraged them to enjoy simple family plans” “Those memories will remain firmly fixed in their hearts, and tomorrow, what they will remember about what it is to be a family will be those plans together, where everyone had a voice, where everyone could choose, where everyone did things for each other.”

3. Instill detachment and generosity.

Sanchez de Leon also noted that sometimes we have a “distorted idea of vacation.” She consequently reminded everyone that vacation is a time “to instill some values that we struggle to transmit during the year, due to the lack of downtime.”

In this sense, she highlighted two family values: detachment and

generosity. Although during vacation “rules and schedules are relaxed,” she advised parents to say “no” from time to time, so that their children appreciate things more. “The virtues of detachment and austerity are not very fashionable these days and therefore attract a lot of attention when seen in other people,” she noted.

“In families,” she added, “everyone has to pitch in and collaborate, always assigning small tasks appropriate to their age and helping them if we see they aren’t capable or need a push: taking out the trash, unloading the dishwasher, setting the table, watering the plants, emptying the beach bag, hanging up swimsuits, etc.”

4. Take a vacation, but with God.

All of these ideas, Sanchez de Leon clarified, “really stem from the intention to live out our vacation with a Christian sense of purpose,” since “everything is deeply connected to our life with God.”

“How are we going to give meaning to vacation, plans, and moments of connection if we are distracted from the ultimate meaning of our lives? How can we bring Jesus to others during vacation if we don’t have him within us and within our summer home, between the beach towels and bags of potato chips?” she asked.

“God also wants to be with us in the summer. He wants us to enjoy ourselves, and he wants to see us enjoying ourselves with him. God wants to be in our family plans and in the ice cream drippings on our children’s T-shirts; we can share everything with him,” she pointed out.

To achieve this, she advised “not forgetting the small spiritual or devotional practices” that are usually practiced during the academic year, such as praying the rosary, some spiritual reading, the Angelus at noon, or saying grace before meals.

“By practicing these things, we elevate our souls to God and can give thanks for what we are receiving this summer. Vacation is also a great opportunity to pray more serenely, dive into reading, and deepen our relationship with God,” she affirmed.

Finally, the mother of four noted that, “if we maintain this harmony, we will also be more able to look upon others better, help them, serve them, overcome friction, and have more patience. Putting God into our daily lives will help us live a more Christian summer that will give us rest and deeply fill our souls. We will also be creating unforgettable memories for ourselves to continue building upon in the years to come.”

5. Preach by example.

Father Hector Razo, an Opus Dei Mexican priest, pointed out in a conversation with ACI Prensa that evangelization during vacation “can be done through one’s own life and one’s own example of a life lived united with Jesus.”

“Sometimes we Christians can think that changing the world in which we live—this world that is increasingly secularized—is a feat that would take years, or perhaps centuries, when in reality that is not the case,” he explained.

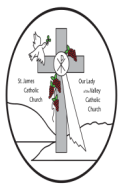
He thus invited the faithful to reflect on the early Christians: “They had everything against them, and yet they managed to convert an entire society from pagan to Christian. How did they do it? By their example, because they belonged to Christ and that person had changed their hearts.”

In this regard, he recalled St. Josemaria Escriva, “the saint who would preach the universal call to holiness through ordinary life,” who summed it up in one sentence: Know Jesus Christ, make him known, take him everywhere. That is, “be so love with Christ that it becomes so natural for us to speak about him to those around us.”

To achieve this, he encouraged Catholics to “live our own faith wherever we are, without shame. If we say grace at home, we should also do so when we are on vacation with our friends and relatives.”

“Teach your children that God deserves a place even during vacations, by going to Sunday Mass and perhaps one more day during the week. By praying the rosary as a family a couple of days a week, with the intention of praying for something special and involving everyone in that prayer; that is, by having each child lead a mystery,” Razo suggested.

Source: Catholic News Agency



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