

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
10:30 am Sunday

Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday

Mass Times
12:00 pm Sunday
2nd & 4th Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

23RD SUNDAY IN ORDINARY TIME

SEPTEMBER 07, 2025

**THE MONTH OF SEPTEMBER IS DEDICATED
TO OUR LADY OF SORROWS**

PLEASE BE AWARE!

It has come to our attention that some individuals received suspicious emails that appear to originate from **Fr. Peter**. If you receive an unexpected or unusual email claiming to be Fr. Peter—especially one asking for money, gift cards, or personal details—**do not respond or click on any links**. Call the parish office to verify.

May God bless you and keep our community safe.

Faith In Action Campaign 35 (2025-26) "Pilgrims of Hope" Campaign Assessment



St James	\$ 41,546
OLOV	\$ 24,520
St Benedict's	\$ 1,887

Notes/Reminder

- Sept 07—KofC Pancake Breakfast—St James Parish after 8:30 am mass
- Sept 07—1st Sunday of the month—**Food for the Poor**. Most needed foods include: soups, cereal, peanut butter, tomato sauce & cookies. Simply drop off your donations of non-perishable goods in the bin.
- Sept 09-10—Clergy Study Days (**NO MASS Sept 09**)
- Sept 10—Wednesday—Mass at 5:00 pm**
- Sept 15—Memorial of Our Lady of Sorrows (see details for the seven sorrows of Mary)

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon –Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

SACRAMENT OF BAPTISM

Please contact the Parish Office **at least 6 WEEKS prior** to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office **at least 6 MONTHS prior** to your requested wedding date.

Pastor	Rev Fr Peter Nguyen frpeter@shaw.ca	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020 (call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



MASS INTENTIONS—Sept 08-14

Sept 08	Mon	8 am SJ	Beverly Doyle	RIP
Sept 09	Tues		NO MASS	
Sept 10	Wed	5 pm SJ	Marion Jared & Iah Nicole Lumacad	INT
Sept 11	Thurs	8 am SJ	Private Intentions	INT
Sept 12	Fri	8 am SJ	Doyle family	INT
Sept 13	Sat	9 am SJ	Hans & Hildegard Novelleto	RIP
		5 pm SJ	Niedballa family	INT
Sept 14	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Sarah Wuschke	INT

PARISH MINISTRIES

CWL (St James)	7:00 pm 2nd Tuesday of the month (Jan, Apr, Sept, Nov) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KofC (St James)	Council 4949: www.facebook.com/kofc4949
KofC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Allan Clear, Lorena Clowes Email: ppcstjames@gmail.com
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: ppcoulady@gmail.com
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org



Next Sunday's Readings:

September 14, 2025

Numbers 21.4-9
Ps 78.1-2, 34-35, 36-37, 38 (R.7b)
Phillipians 2.6-11
John 3.13-17



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

32. Perpetual Adoration of the Most Blessed Sacrament is the devotion which surpasses all others. (St. Pope Pius X)

Quote from St. John Vianney

"It is confidence which God looks for from us above all things. When we have entrusted our interests to him alone, his justice and goodness are pledged to aid us."



**Last Sunday's
Offertory**

**EFT
(July)**

**PAD
(Aug)**

FIA #35

St James	\$ 3919	\$ 808	\$ 5932
OLOV	\$ 2200	\$ 970	\$ 3793
St Benedict	\$ 325		

Thank you for your generosity.



Pastoral Care Ministry

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rcdk.org for Pastoral Care.



Diocese of Victoria Pastoral Care Training Fall 2025

September 27 to November 29, 2025 (with no session on October 11)

The valuable and free Pastoral Care Outreach Training series will be offered online this fall. Nine sessions will be held via Zoom on Saturday mornings from 9:30 – noon.

Please register through your parish by September 16, 2025.

For further information, please email moiraking@shaw.ca

Catholic Book Club

On Sept 17 we will discuss Chapters 3 and 4 of **Jesus and the Jewish Roots of Mary** by Brant Pitre. Meet at 9 am in the Monsignor Miles Hall (St James Church basement). All are welcome.

The Holy Father's Intentions for the month of

For our relationship with all creation—Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

OLOV—CWL Bursary for 2025

The \$1000 bursary went to **Poppy Maksymiuk**. Congratulations! We wish her great success in all her studies and future plans.

Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adorer.

Drop-in visitor are always welcome.

We especially need adorers for these hours.

Mon 3-4 pm and 4-5 pm Tuesday 3-4 pm

Wed. 12-1, 2-3pm and 6-7 pm Thurs 12-1 pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com



Dear Brothers and Sisters in Christ,

This year marks a truly special milestone in the life of our local Church, the 80th Anniversary of the Diocese of Kamloops! As we joyfully enter this Jubilee Year, we pause to give heartfelt thanks for the countless blessings that have shaped our journey of faith and drawn us ever closer to Christ and to one another.

In this significant year of renewal, we walk together as Pilgrims of Hope united in faith, inspired by love, and strengthened by the enduring hope we find in our Lord.

With this spirit in our hearts, we are pleased to launch "Faith in Action," our annual diocesan campaign. We warmly invite you to be part of this shared mission—an invitation to live out our faith by supporting our parishes, schools, outreach ministries, and especially those in greatest need.

Your participation through prayer, generosity, and dedication makes a profound and lasting impact. Every gift, no matter the size, becomes a beacon of light, helping to illuminate the path of compassion, care, and unity.

Together, let us shine the light of Christ into the world. Together, let us walk as Pilgrims of Hope, joyfully putting our Faith in Action.

With gratitude and blessings,

✠ Joseph Phuong Nguyen
Bishop of Kamloops

33 Days to Morning Glory Retreat

Every Thursday from Oct 30 until Dec 04 (7:00 pm—8:30 pm)
Monsignor Miles Hall (St. James church basement)

To celebrate the Jubilee Year for both St. James and Our Lady of the Valley Parish, the Mission of the Immaculata warmly invites you to participate in the "33 Days to Morning Glory" Retreat. This enriching spiritual journey designed to deepen faith and nurture a sense of community among all participants.

The journey will culminate in a beautiful Consecration Mass, celebrated at 8:00 am on December 12, 2025, in honor of the feast of Our Lady of Guadalupe.

All necessary printed materials will be supplied to support participants throughout the retreat, ensuring everyone is equipped for the daily reflections and spiritual exercises that are the heart of the "33 Days to Morning Glory".

Registration is open to all interested. To reserve your place, contact the St. James Parish Office by phone at 250-542-1276 or email at stjamesvernon@rcdk.org on or before October 12, 2025.

Spaces may be limited, so early registration is encouraged. Whether you are new to the retreat or returning, this is a wonderful occasion for spiritual renewal and to be part of a joyful, faith-filled community during this special Jubilee Year.

Lillian Novotny's 90th Birthday—Sept 17th.

Congratulations & God Blessings on your 90th Birthday!

Memorial of Our Lady of Sorrows September 15th

Below are the Seven Sorrows of Mary:

1. The prophecy of Simeon, (*Luke 2:25-35*)
2. The Flight into Egypt, (*Matthew 2:13-15*)
3. Loss of the Child Jesus for three days, (*Luke 2:41-50*)
4. Mary meets Jesus on his way to Calvary, (*Luke 23:27-31; John 19:17*)
5. Crucifixion and Death of Jesus, (*John 19:25-30*)
6. The body of Jesus being taken from the Cross (deposition from the Cross), (*Psalms 130; Luke 25:50-54; John 19:31-37*)
7. The burial of Jesus, (*Isaiah 53:8; Luke 23:50-56; John 19:38-42; Mark 15:40-47*)

Source: Catholic Culture—Liturgical Year

Prolife Flag Display—Saturday September 13

Come join us on September 13th for our annual flag display. We will be setting up 10,000 pink and blue flags, representing 10 babies that have been aborted in Canada. This is a silent memorial to all that have been affected by abortion. We need help setting up the flags and taking them down. Set up is 8am across from the army base on Hwy 97 and take down is 4pm.

Please consider helping us for an hour on Saturday!

KCYG & CISKD invite you to:

The Feast!

A Youth Rally for Grades 8–12

NOW ACCEPTING
REGISTRATIONS FOR GRADE
SEVEN STUDENTS!

Saturday, October 11
10:00 AM – 4:00 PM (ending with Mass)
at St. Ann's Academy in Kamloops

Get ready for an unforgettable day of faith, friends, food, and fun! Join teens from all over as we celebrate the Goodness of God together.

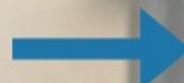
Special Guest: Fr. Leo Patalinghug – award-winning author, chef, and missionary priest who brings the faith to life with energy and joy you won't want to miss! Come hungry for inspiration, connection, and God's love. This is one Feast you don't want to skip!

Registration fee is \$10.00

Registration deadline is Friday October 3rd



REGISTER HERE



For more information, or if you have any questions, contact Andy at kcvg@rcdk.org or 250-319-7722



Laura Hathway

Orton-Gillingham Certified Practitioner

Reading | Spelling | Writing intervention

For students ages 5-13 with dyslexia, language-based learning differences or those needing literacy instruction.

Based in Vernon | Online & In-Person Sessions
778-386-6859
laura@literacyskills.ca
www.literacyskills.ca



Come Visit the
New and Exciting
City Furniture!

• Furniture • Appliances
• Mattresses • Electronics
• Accessories

5401 Anderson Way
Between KalTire & Superstore 250-549-3121



Dr. Mark Langer
Optometrist
250.542.2239

4900 27th Street, Suite 760
Vernon, BC, V1T 7G7
mark.langer@iris.ca
fax: 1.866.875.3081

Confraternity of the Knights of St. Peter and St. Paul



Grand Chapter of
British Columbia

Grand Prior Chev.
Guenter A. Rieger

www.facebook.com/KnightsofStPeterandStPaul/
www.knightsofstpeterandstpaul.com



PLEASANT VALLEY DENTAL

Dr. Sean Bicknell D.M.D., BSc.(Dent.)
General, Cosmetic, and Implant Dentistry

3607 - 27th Street, Vernon, BC
250-558-4222

www.pleasantvalleydental.ca

Rieger

Armstrong, BC Farms

Free Range Eggs

Guenter & Regina Rieger

www.RiegerFarms.com



Marc Fortier
Owner

4620 - 23rd Street Vernon, BC
V1T 4K9
Tel: (250) 542-8191
Fax: (250) 542-8660
Cell: (250) 309-8997

- Soils & Garden Mix
- Bark Mulches
- Decorative Rock & Shale
- Sand & Gravel
- Natural Rock & Stone
- Flagstone • Concrete
- Pavers & Slabs
- Retaining Wall Blocks
- Landscaping Supplies
- Pond Supplies
- Outdoor Lighting

Delivery Available
FREE ONSITE LOADING



CREATING 'HAPPY FEET'
Helping seniors and those with foot concerns
related to chronic health issues

Debbie Coulombe RPN ADPN PID Footcare Nurse
Mobile Footcare Nurse: 236-768-8802
Email: coulfeetio@gmail.com

Culos & Co.

Law Corporation

Robert M. Culos
Lawyer

3006 32nd Avenue
Vernon, BC V1T 2L7
vernon@culoslaw.com
Ph: 250-549-7168



RON LA ROSE
Licensed Funeral Director
vernon@cypressfuneral.ca

4417 29 Street
Vernon, BC V1T 5B7
T 250.558.0866 F 250.558.0882
cypressfuneral.ca



Fresh Sustainable Local Produce

365 days a year

3922 Hullcar Rd

Armstrong, BC V0E 1B4

Call us today 250-938-0076

On-Line order: <https://www.greenlionfarms.ca/>



2003 43rd Street
Vernon, BC, V1T 6K7
Phone: (250) 545-3215 Fax: (250) 545-2953
www.acutruss.com



Barry Schick
General Manager
Email: bschick@acutruss.com

Vernon
Kelowna
West Kelowna
Penticton
Winfield

Knights of Columbus - Free 1 Year On-Line Membership. You can enjoy the benefits of being a Knights of Columbus member including Accidental Death Benefit and the famous Columbia Magazine. Goto: www.kofc.org/joinus Promo Code: BLESSEDMCGIVNEY After joining, please check your INBOX for confirmation.

Free One Year On-Line Membership

Enjoy the benefits of being a Knights of Columbus Member.

Goto: www.kofc.org/joinus

PROMO CODE: BLESSEDMCGIVNEY



After joining online, please check your inbox for confirmation.



NICHOLAS RASQUINHA
REALTOR® | Sales Representative

250.307.6777

rasquinhanic@gmail.com

www.nicholas-homes.com



COLDWELL BANKER EXECUTIVES REALTY



Vernon & Area Pro-Life Society

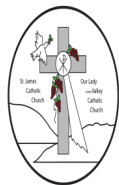
Store:
250-545-0777
3102 31st Ave

Office
250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



Mission Statement:

United in the Eucharist
to love and serve.

Vision Statement:

Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others

LINQ Flooring

Create Your Space, Your Way.

Official Flooring Supplier to St. James Parish

Gratitude and Blessings...

Residential & Commercial Flooring
Tile | Cabinet Hardware | Quartz Countertops | Synthetic Turf

LINQFLOORING.COM

250-281-1116



SCAN FOR FREE ESTIMATE



TIMOTHY RIGUEDELL
OWNER + RED SEAL CARPENTER

250.307.1810
TIM@VALLEYWIDECARPENTRY.COM

Specializing in commercial and residential renovations and additions.

SERVING THE OKANAGAN VALLEY

WWW.VALLEYWIDECARPENTRY.COM