

**Saint James Church**  
2607 27 St  
Vernon, BC V1T 4W1

**Our Lady of the Valley**  
10102 Middleton Drive  
Coldstream, BC

**St. Benedict's**  
122 Head of the Lake  
Rd, Vernon, BC

**St Theresa's Church**  
11365 Westside Road  
Vernon, BC

**Sacred Heart Church**  
2202 Park Ave  
Lumby, BC V0E 2G0



**Mass Times**  
5:00 pm Saturday  
8:30 am Sunday  
7:00 pm Sunday

**Mass Times**  
10:30 am Sunday

**Mass Times**  
12:00 pm Sunday  
1st, 3rd and 5th Sunday

**Mass Times**  
12:00 pm Sunday  
2nd & 4th Sunday

**Mass Times**  
5:30 pm Saturday  
9:30 am Sunday

## The Ascension of the Lord May 17, 2026

### St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

<b>Pastor</b>	Rev Fr Peter Nguyen	250-542-1276
<b>Parochial Vicar</b>	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
<b>Permanent Deacon</b>	Deacon Paul Murphy	778-212-2020(call or text)
<b>Diocese Kamloops Office</b>	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

### SACRAMENT OF BAPTISM

Please contact the Parish Office [at least 6 WEEKS prior](#) to your requested date to ensure time for your preparation.

### SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office [at least 6 MONTHS prior](#) to your requested wedding date.

### NOTES/REMINDER

- **NO CHILDREN'S** Liturgy this Sunday, May 17th
- May 17—KofC 12202—Yard Sale—OLOV
- May 22—Vernon Pro-Life Scholarship deadline (see details)
- May 24—Pentecost Sunday
- May 24—1st Holy Communion—1 pm—OLOV
- May 31—Fr. Fred Weisbeck's 40th Anniversary Ordination (see details)
- June 04—Fill The Valley—OLOV—6pm
- June 06—"Padre Luncheon" Msgr Jerry's 60th anniversary tickets available at the Parish Office (see details)
- June 07—1st Sunday of the month—**Food for the Poor**
- June 21—Confirmation—1 pm—OLOV

### Welcome to Your Faith Family!

Please register! Registering is the official way to be a part of our parish family. Registration is our formal commitments to our faith family and to take part in the Church's mission to evangelize.

Registration is also important for scheduling sacraments, attaining sponsor certificates, and getting donation statements for Income Tax purposes.

We have registration forms available at the office or go to the website!

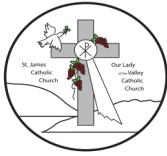
### OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8am—2pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

**St James School**  
2700 28th Avenue  
Vernon, BC V1T 1V7

Melanie Inzunza — Principal  
(250) 542-4081  
Ascend Catholic School Online

www.stjamesvernon.com  
office@stjamesvernon.com  
www.rcdk.org/ascend-online-school



**Mission Statement:** United in the Eucharist to love and serve.  
**Vision Statement:** Inspired by the Spirit to:  
 -know our faith and vocation  
 -serve the needs of others  
 -welcome new parishioners into our faith community  
 -share our excitement about Jesus

**Pope's Prayer Intention for the month of May**

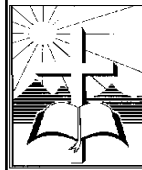
*That everyone might have food*—Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

**MASS INTENTIONS—May 18-24**

May 18	Mon	8 am SJ	Lester Wenger	RIP
May 19	Tues	8 am SJ	Steve Banducci	RIP
May 20	Wed	8 am SJ	Simon & Jill Talbot	INT
May 21	Thurs	8 am SJ	Private Intentions	INT
May 22	Fri	8 am SJ	Anthonius (Tony) Bulsink	RIP
May 23	Sat	9 am SJ	Brian Woods	RIP
		5 pm SJ	Eleanor Podgornik	INT
May 24	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7 pm SJ	Kotschner & Finken Family	INT

**PARISH MINISTRIES**

CWL (St James)	7:00 pm (Sept 15 and Nov 10, 2026; Feb 9 and April 13, 2027) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KofC (St James)	Council 4949: <a href="http://www.facebook.com/kofc4949">www.facebook.com/kofc4949</a>
KofC (OLOV)	St Teresa Council 12202: <a href="http://www.kofc12202.ca">www.kofc12202.ca</a>
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Allan Clear, Lorena Clowes Email: <a href="mailto:ppcstjames@gmail.com">ppcstjames@gmail.com</a>
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: <a href="mailto:ppcoulady@gmail.com">ppcoulady@gmail.com</a>
Parish Pastoral Care Ministry	Contact the Parish Office Email: <a href="mailto:stjamesvernon@rcdk.org">stjamesvernon@rcdk.org</a>



**Next Sunday's Readings:**

**May 24, 2026**

Acts 2.1-11

Ps 104.1ab+24ac, 29b-30, 31+34 (R.30)

1 Corinthians 12.3b-7, 12-13

John 20.19-23



**SERRA CLUB of KAMLOOPS DIOCESE**

*Holy Hour—for Vocations*

64. A Holy Hour of Eucharistic Adoration is the best way to grow spiritually (outside of Mass). (Pope Paul VI)

**Quote from St. John Vianney**

"My friend, dwell on the patience of our Lord."



	Last Sunday's Offertory	EFT (April) Electronic Fund Transfer	PAD (May) Pre-Authorized Debit
St James	\$ 5486	\$ 1235	\$ 5756
OLOV	\$ 2816	\$ 1470	\$ 3766
St Benedict	\$ 340	\$ 20	

**World Day of Prayer for the Church in China**

**May 24**

In May 2007, Pope Benedict XVI asked that May 24 be observed as a Day of Prayer of the Church in China. He chose this day since it is the traditional Feast of Our Lady of Help of Christians, venerated at the Shrine of Sheshan in Shanghai.



**Pastoral Care Ministry**

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at [stjamesvernon@rcdk.org](mailto:stjamesvernon@rcdk.org) for Pastoral Care.



**FORMED**

Our Parish has a FORMED subscription. Visit [signup.formed.org](http://signup.formed.org) and select our parish name.

RCCV: St James 2607- 27th Street Vernon BC

Access to this site is FREE!

**VERNON AND AREA PRO LIFE SOCIETY**

Vernon & Area Pro-Life Society is offering a **\$1,500 scholarship for a 2026 Grade 12 graduating student.** For more info or application email [prolifescholarship@gmail.com](mailto:prolifescholarship@gmail.com)

**Deadline is May 22.**

**Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)**

Enhance your life by committing one hour a week as an adorer. Drop-in visitor are always welcome.  
*We especially need adorers for these hours.*  
 Mon 2-3 pm, 3-4 pm and 4-5 pm Tuesday 3-4 pm & 6-7pm  
 Wed. 12-1 pm Thurs 12-1 pm  
 For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or [adorationstjames@gmail.com](mailto:adorationstjames@gmail.com)

## PADRE Luncheon

In Solidarity with our Priests

In *Honour of Msgr. Jerry and his 60 years of Service*

**Saturday, June 6th 1:00 pm**

St. James Parish Centre

**Tickets:** \$10.00 each: 6 and under Free—available at the Parish Office as well as the churches after the mass

**Pot Luck:** Surname **A-K** please bring a Salad  
**L-Z** please bring vegies or cheese platter  
Meat, Dessert and extras provided by KofC, CWL and OCPCS  
*Refreshments by donation \*\*\*Opportunity Draw*  
**Proceeds in Solidarity with our Priests**



## Fr. Fred Weisbeck is celebrating his 40<sup>th</sup> Anniversary of Ordination

Our Lady of the Lake in Blind Bay will be hosting a celebration on May 31, with a potluck lunch after our regular Sunday Mass.

May 31, 2026  
Mass at 11:15am  
Potluck to follow

For more information please contact: [amlatoski@gmail.com](mailto:amlatoski@gmail.com) or call (250) 463-3559

Our Lady of the Lake Parish, 2385 Golf Course Drive, Blind Bay

## Pentecost Sunday May 24th

**Novena: May 15-23**

The novena in honor of the Holy Ghost is the oldest of all novenas since it was first made at the direction of Our Lord Himself when He sent His apostles back to Jerusalem to await the coming of the Holy Ghost on the first Pentecost. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

Booklet of the Novena will be available at the front entrance of St. James and OLOV.

## St. Joseph's CWL—Armstrong "ELVIS LIVE" June 07th—1:30 pm

St. Joseph's CWL in Armstrong is sponsoring a Matinee performance featuring "Elvis Live"! You are invited to join us for an amazing live performance. Tickets are \$20 for adults and children under 12 are free. Bring your own refreshments and snacks to enjoy a great afternoon of music.

Call Mary at 403-507-9214 and get your tickets early!

## CWL is Sponsoring the Baby Bottle Campaign from Mother's Day until Father's Day!

Baby Bottle Campaign  
FILL A BOTTLE CHANGE A LIFE

VERNON  
LIVE WELL CLINIC  
unexpected pregnancy | sexual health | care & education

## Photo Shoot Announcement!

**Photo Sessions** are coming this August and September for St. James, OLOV, St. Benedict/Theresa and Sacred Heart (Lumby)

Please watch for the specific schedule and dates for each churches.

## The Ascension

The death of a member of his family or of a loved friend, must be the saddest event imaginable in the life of an atheist. He is one who really is convinced that there is no God, no future life and therefore that the relative or friend is to turn into dust in the grave, never to be met with again. The thought that every day that passes is bringing him too nearer to that same sad fate, death, which will be the end of all his ambitions, all his enjoyments, the end of everything he thought he was or had, must be something hard to live with.

Thank God, we have the good fortune to know, and reason and faith convince us this truth, that death is not the end of man. It is rather the real beginning. Today's feast—the Ascension of our Lord in his human nature—to his Father's and our Father's home, is the confirmation and the guarantee of this doctrine of our faith. We shall all rise from the grave with new, glorified bodies and ascend to heaven, as Christ did. There we'll begin our true life of eternal happiness.

While it is true that even for good Christians the death of a beloved one is a cause of sorrow and tears, this is natural as we still are of the earth earthly. Yet the certitude that our beloved one has gone to his true life and will be there to meet us when our turn comes, is always at the back of our minds to console and comfort us. What all human beings want is to live on forever with our dear ones. Death breaks that continuity but only for a little while. That break is necessary for the new life to begin.

It is only in heaven that this natural desire of an unending life with all those we love can be realized and death on earth is the door to that eternal life.

Look up to heaven to day. See Christ ascending to his Father and our Father, Say: Thank you, God, for creating me, and for giving me, through the incarnation of your beloved Son, the possibility and the assurance that if I do my part here, when death comes it will not be an enemy but a friend, to speed me on my way to the true, supernatural life which you have, in your love, planned and prepared for me.

It was written, and foretold that Christ should suffer and so enter into his glory. The servant is not above the Master. I too must suffer. I too must accept the hardships and the trials of this life, if I want, and I do, to enter into the life of glory. Christ, who was sinless, suffered hardship and pain. I have earned many, if not all of my hardships, by my own sins. I should be glad of the opportunity to make some atonement for my past offences, by willingly accepting the crosses he sends me. These crosses are signs of God's interest in my true welfare. Through him he is giving me a chance to prepare myself for the day of reckoning, for the moment of my death which will decide my eternal future. For every prayer I say for success in life, I should say three for a successful death, a death free from sin and at peace with God.

- Excerpted from *The Sunday Readings*, Fr. Kevin O'Sullivan, O.F.M.

*Source: Catholic Culture*


## Catholic Book Club

**On Wed May 27** we will discuss chapters 4-8 of Scott Hahn's **Lord Have Mercy: The Healing Power of Confession.**

Meet in the Monsignor Miles Hall at 9 am.

All are welcome.

**Barry Schick**  
General Manager  
Email: bschick@acutruss.com



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For \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.

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**ROMAN CATHOLIC CHURCHES OF VERNON (RCCV)**

**St James CWL Grocery Receipts**

CWL is collecting receipts from Butcher Boys, Nature's Fare Markets & Buy-Low Foods. We are accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary.

These stores will donate back a percentage of the amount of the receipt. Please put your receipts in the white "Grocery Receipt Program" box located on the table in the vestibule of the main entrance of St. James Church.