



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

December 24, 2024

The Month of December is dedicated to the **Divine Infancy**.

The Holy Father's Intentions for the Month of December 2024

For pilgrims of hope

We pray that this Jubilee Year strengthen our faith, helping us to recognize the Risen Christ in our daily lives, and that it may transform us into pilgrims of Christian hope.

Words from our secondary patron, St. John Vianney

"He to whom all power has been given has not yet lost it."



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am Mass.

Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish



101. Adoration is to enter into profound heartfelt communion with the Lord, who makes Himself bodily present in the Eucharist! (Pope Benedict XVI)



Jubilee 2025 - In the Diocese of Kamloops, the Holy Year will commence on the feast of the Holy Family of Jesus, Mary and Joseph on December 29, 2024, with a special liturgy at 1:30 PM followed by Holy Mass at Sacred Heart Cathedral.

To bring the blessings of this Jubilee Year closer to you, there are three designated churches in our diocese as pilgrimage sites, each with its own Holy Door through which the faithful may pass and receive the graces of a plenary indulgence: Sacred Heart Cathedral, Kamloops

St. James, Vernon

Sacred Heart, Williams Lake

Prayerfully visit these holy sites during the Jubilee Year and experience the richness of God's grace. This is a time for renewal, healing, and growth as disciples of Christ.

Information can be found on the Diocesan website:

<https://www.rcdk.org/jubilee2025>

SUN PEAKS CHRISTMAS AND NEW YEAR MASS

We are happy to announce that there will be Christmas day and New Years Mass celebrated at Sun Peaks, at the Annex:

Christmas Day, December 25th at 5:00pm

New Years Day January 1st at 5:00 pm.

We need some help to set up and clean up (Move tables and chairs).

We invite anyone who is planning to attend any of the Masses to come early (around 4:30) pm to help setting up.

We are also looking for a couple of people to read on Christmas day. We already have lectors for New Years Mass.

If you have any questions, please contact St. John Vianney Parish at 250-579-8711 or email stjohnvianney@rcdk.org

Rachel's Corner

"The LORD will fight for you; you have only to keep still." Exodus 14:14

After everything you have been going through since your abortion, being still and knowing the Lord will fight for you, seems almost hard to believe. Believe it! It is God's promise to you! Join us on a Rachel's Vineyard Retreat and learn how that happens.

www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca
250-267-5081

2024 Christmas and New Year's Mass Times

Christmas Day, the Solemnity of the Nativity of the Lord, and New Year's Day, the Solemnity of Mary, Mother of God are Holy Days of Obligation in Canada.

When to attend Mass:

Christmas (holy day of obligation)

Anticipatory Mass on Dec. 24 after 4 pm

OR Mass on Dec. 25

Solemnity of Mary, Mother of God (holy day of obligation)

Anticipatory Mass on Dec. 31 after 4 pm

OR Mass on Jan. 1

Christmas and New Year's Mass times throughout the Diocese can be found on the diocesan website at: <https://www.rcdk.org/post/2024-christmas-and-new-year-s-mass-times>



BC/ Yukon Catholic Women's League Literary Contest

The topic is:

**"What are the joys and rewards of being a
Catholic Women's League member"**

- 1) A 300-500 word essay, poem, or song due January 1, 2025.
(No late entries.)
- 2) Three award certificates will be given for:
 - a) Most humorous,
 - b) Most creative
 - c) Best written
- 3) You must include your full name, address and parish council.
- 4) Please send your submissions to president@bcyukoncwl.com



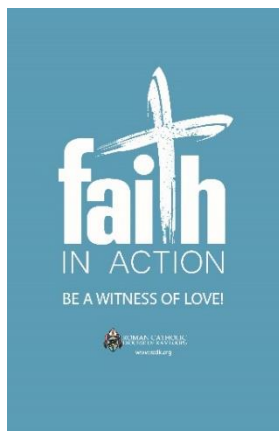
Winning certificates will be awarded at the provincial convention held in Kelowna. June 19-21, 2025

**Save the Date - The Sanctuary – Mental Health Course for Catholic:
January 18, 25 and February 4, 2025, 10 am – 11:30am**

Facilitated by Adele Huculak

How can a church become a sanctuary—a place where individuals living with mental health challenges feel safe, supported, and a sense of belonging? The Sanctuary series explores key mental health topics and examines meaningful ways to offer companionship, support recovery, and promote wellbeing. Appropriate for anyone who wants to learn about faith and mental health, it requires no previous training or expertise—just a willingness to engage in dialogue with other believers.

This course and films address difficult and sensitive topics and may not be appropriate for a young audience. It is not recommended for people ages 17 and younger. Adele Huculak, the facilitator, has a master's in clinical Mental Health Counselling and is a Registered Clinical Counsellor with the BCACC. See the preview video at <https://portal.sanctuarymentalhealth.org/the-sanctuary-course-for-catholics> Two ways to attend the three sessions: live at Sacred Heart Cathedral 255 Nicola St Kamloops OR by Zoom at home or with a group from your parish. An important theme in our times, please commit to learning more about mental health issues and being a person of faith. For more information and to register contact Kathy Dahl at (250)318-9698 kathysdahlhouse@gmail.com



Faith in Action Campaign 34 - Be a Witness of Love

Faith in Action accepts Interac E-Transfers. Simply send your e-transfer contribution to fia@rcdk.org

Tax Receipt 2024 reminder for parishioners.

Faith in Action donations must be received by Monday, December 23rd. **This includes E-Transfer donations as well.**

Due to the ongoing postal strike, donations must be delivered (either by hand or courier) directly to the

Chancery office (Attn: Faith in Action) to be eligible for the 2024 tax receipt. All donations received after December 23rd will go towards the 2025 tax receipt.

Faith In Action Campaign 34 Video <https://youtu.be/XM8HXoRFvQ8>

*Save
The
Date*



ST. ANN'S ACADEMY

ALUMNI HOMECOMING

CELEBRATING 145 YEARS OF COMMUNITY
ST. ANN'S AUDITORIUM
MAY 2026

MORE INFORMATION COMING SOON

Session III – End of Life Planning

Thursday, January 9th, 1:30 pm

St. Joseph Hall, Armstrong

Session I & II were presented by Cindy Bertrand-Larson and covered exposing common fears of aging and how they impact us physically, emotionally and spiritually as we move into this new phase of our lives.

Session III will give you information on how to navigate the requirements for “End of Life Planning” with four essential topics being addressed:

1. Legal (Lawyer)
2. Funeral Requirements (Funeral Director)
3. Catholic Church Requirements/Guidelines (Deacon Paul)
4. MAiD (Rick Kirkwood)

There will be ample time for questions. Coffee, tea and desserts to follow. For more information, please contact Carol Stephens (250) 535-0536.



NATIONAL VISITATION OF THE RELICS OF **St. Jean de Brébeuf and of St. Kateri Tekakwitha**

Sacred Heart Cathedral, Kamloops, BC

Friday, January 17, 2025

Starting after 9 am Mass until 8 pm



MARTYRS' SHRINE



JÉSUITES
du Canada

JESUITS
of Canada

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>