



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

December 9, 2025

The Month of December is dedicated to **The Divine Infancy.**

The Holy Father's Intentions for the Month of December 2025

For Christians in areas of conflict

"Let us pray that Christians living in areas of war or conflict, especially in the Middle East, might be seeds of peace, reconciliation, and hope."

Words from our secondary patron, St. John Vianney

"To receive the Blessed Sacrament worthily, one must have a great desire for union with Jesus Christ."



Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and

Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



44. if souls but understood the reassurance they possess in the Divine Eucharist the Churches would overflow with adorers no less by night than by day. (Blessed Dina Belanger)

CCCB Journey through Advent 2025

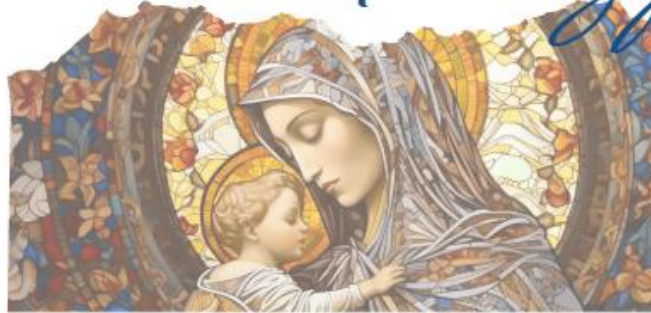
The Canadian Conference of Catholic Bishops presents Journey through Advent with the Most Rev. Wayne Lobsinger, Auxilliary Bishop of Hamilton. Join us as we reflect on the Scriptures for the Sundays of Advent 2025.

A joint initiative of the National Liturgy Office, the Office national de liturgie and the Office for Evangelization and Catechesis.

Third Sunday of Advent 2025



ADVENT
CATECHESIS: *Mariology*



During the season of Advent, Holy Family Parish will offer a four-week series of reflections.

We encourage everyone to come deepen your understanding of the Blessed Virgin Mary and her role in the life of the Church.

Schedule (Tuesdays at 7pm)

November 25 th	The Immaculate Conception
December 2 nd	Mary, Ever Virgin
December 9 th	The Assumption
December 16 th	Mary, Mother of God



Canada Post Christmas Stamps

Please be sure to purchase the “Christmas 2025 – *Christmas Nativity*” Permanent Domestic Stamp from Canada Post this year for your Christmas cards and parcels!



The Alpha Course is a series of interactive sessions exploring the basics of the Christian faith, designed for anyone curious about the topic. Lasting 9 weeks, each session includes food, a video, and a small group discussion where participants can ask questions in a friendly and open environment. Alpha is open to people of all backgrounds and levels of belief.

What to expect

- **Connection:**

Each session starts with a time of refreshments and a meal, creating a welcoming atmosphere.

- **Content:**

Following the initial connection, there is a video on a topic central to the Christian faith. These videos explore big questions about life and faith, such as "Is there a God?" or "Who is Jesus?" or "Why did Jesus die?".

- **Conversation:**

Participants break into small groups to discuss the talk, ask questions, and share their thoughts. Participants can say whatever they think in a safe and friendly environment.

Who it's for

- People who are new to the Christian faith.
- Anyone curious about Christianity and its core beliefs.
- Those with questions about life, faith, and purpose.
- It's open to everyone and designed to be a space with no pressure or follow-up.

Catholic Alpha is actively promoted by our Bishop and has run with great success in the Vancouver Archdiocese. It is Bishop Joseph's express wish that Alpha start in Kamloops and then grow throughout the Diocese.

Alpha will run on Thursday evenings from Jan 8 until March 5, as well as on one Saturday (Feb 14).

Questions? Please contact me anytime at cathedralpa@rcdk.org or 587 201 1712

Mark Perren for,
The Alpha Team

Alpha, an open space to meet new people,

And unpack Life's big questions - Together



Thursday evenings in
January and February
5:30 - 8 pm at Sacred
Heart Cathedral, 255
Nicola Street, Kamloops

Fine, free meal at 6
pm!



Register here with
this QR code, or
email

cathedralpa@rcdk.or

[g](#)

Questions?

*Meet new people and explore life together. **Alpha** is for anyone who's curious. No judgement, no pressure. Each session unpacks a big question of life, faith, and purpose, and is designed to spark conversation. Come along, see what you think!*



This year also marks the 35th year of the diocese's annual Faith in Action appeal, whose longevity is itself a truly remarkable testament to the faith and extraordinary generosity of Catholics here in the diocese.

Wish to Donate Online?

Interac e-transfers to: fia@rcdk.org

Tax Receipt 2025 reminder:

Faith in Action donations must be received by Monday, December 29th to be eligible for the 2025 tax receipt. This includes E-Transfer donations as well. All donations received after December 29th will go towards the 2026 tax receipt.

Faith In Action Campaign 35 Video <https://www.youtube.com/watch?v=Xs5yYuzUoJU>



Rachel's Corner

"With weeping they shall come, but with compassion I will guide them; I will lead them to streams of water, on a level road, without stumbling. ... I will turn their mourning into joy; I will show them compassion and have them rejoice after their sorrows." Jeremiah 31: 9, 13

Allow yourself to be guided and lead by Our Lord as He yearns to level your road, turn your mourning into joy and dry your tears of sorrow. His compassionate mercy awaits you on a Rachel's Vineyard™ Retreat. We will be waiting for you.

www.rachelsvineyardkamloops.org

rvkamloops@yahoo.ca

250-267-508



Managing Your Fertility Naturally Choosing to Achieve or Avoid pregnancy



Are you a Canadian that has charted 6 cycles using the Symptothermal method and recognize its importance in your life?

We Need Your Help!

Do you:

- Appreciate the value of fertility?
- Feel that planned abstinence can enhance a couple's relationship?
- Appreciate working with your spouse?
- Like team work?
- Want to help other couples by sharing what you know?

Benefits of becoming a teacher-couple include:

- The satisfaction of offering a valuable resource
- Making a difference in the lives of other couples
- The opportunity to grow as a couple
- A chance to develop friendships

Training Program Overview

Serena offers you:

- Quality training
- Ongoing volunteer development
- A chance to learn more about the method
- The opportunity to meet people who share the same values.

Ready to become a teacher-couple? <https://serena.ca/teach/>



SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary closer to Christ, more knowledgeable of seminary life, and will inspire other boys and men to respond to the possibility of a call to the priesthood or religious life.

Dates of the next Seminary Live ins:

February 7-8, 2026

July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



WE ARE HIRING

JOIN US

BUS DRIVER

LOOKING FOR A PASSIONATE AND JOYFUL INDIVIDUAL TO JOIN OUR SCHOOL COMMUNITY!

PREFERRED QUALITIES:

- ✓ Share and live the Catholic faith
- ✓ Hold a Class 2 BC license with Air Brake endorsement
- ✓ Have school transportation experience
- ✓ Have a safe driving record
- ✓ Foster a safe, welcoming environment
- ✓ Are reliable and team-oriented

Candidates must submit the CISKD Support Staff Application Form located on our website at www.ciskd.ca/careers.

Completed applications with supporting documentation shall be submitted electronically in one PDF file to the CISKD Superintendent of Schools, Mr. Christopher Yuen, at hr@ciskd.ca. We thank all applicants in advance, however only those shortlisted will be contacted.

For more information please view the job posting on www.indeed.ca



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>