

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

St. Benedict's
122 Head of the Lake
Rd, Vernon, BC

St Theresa's Church
11365 Westside Road
Vernon, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
10:30 am Sunday

Mass Times
12:00 pm Sunday
1st, 3rd and 5th Sunday

Mass Times
12:00 pm Sunday
2nd & 4th Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday



11th Sunday in Ordinary Time June 14, 2026

The month of June is dedicated to the Sacred Heart of Jesus



St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration @ St Benedict	Mon-Thursday	9 am-9 pm
	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

Pastor	Rev Fr Peter Nguyen	250-542-1276
Parochial Vicar	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
Permanent Deacon	Deacon Paul Murphy	778-212-2020(call or text)
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

SACRAMENT OF BAPTISM


Please contact the Parish Office **at least 6 WEEKS prior** to your requested date to ensure time for your preparation.

SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office **at least 6 MONTHS prior** to your requested wedding date.

NOTES/REMINDER

- June 07, 14 & 21—Photo Sessions Signed up Sheet available after the mass at OLOV and St James
- June 21—**Confirmation**—1 pm—OLOV
- June 21—Deadline to return all **Baby Bottles!**
- June 23—CWL Potluck Wind-up Party 4-7pm church basement
- July 20 & 21—**Bishop and Priests' Holiday in the Okanagan.** Need accommodation for one or two priests on Monday, July 20. If you can help please call the office. No meals or transportation needed.
- July 25th—The Feast of St. James our patron saints. Mass at 9am followed by brunch at the Church parking lot.
- Aug 10-14—**VACATION BIBLE SCHOOL** (see details)
- Sept 25-26—**SAVE THE DATE! WOMEN'S RETREAT** (details to follow)

	Last Sunday's Offertory	EFT (May) Electronic Fund Transfer	PAD (May) Pre-Authorized Debit
St James	\$ 4708	\$ 1075	\$ 5756
OLOV	\$ 2225	\$ 1995	\$ 3766
St Benedict	\$ 605		

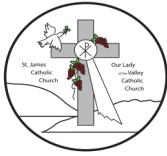
OFFICE

Telephone:	250-542-1276	www.rccv.org
Email:		stjamesvernon@rcdk.org
Office Hrs.	8am-2pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.
Vision Statement: Inspired by the Spirit to:
 -know our faith and vocation
 -serve the needs of others
 -welcome new parishioners into our faith community
 -share our excitement about Jesus

Pope's Prayer Intention for the month of June

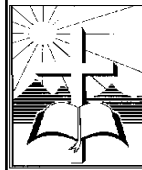
For the values of sports—Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote value such as respect, solidarity, and personal growth.

MASS INTENTIONS—June 15-21

June 08	Mon	8 am SJ	Ernest, Les, Harold Carefoot	RIP
June 09	Tues	8 am SJ	Lidia Merenda	RIP
June 10	Wed	8 am SJ	Private Intention	INT
June 11	Thurs	8 am SJ	Irvine M. Kennedy	RIP
June 12	Fri	8 am SJ	Peter Van de Laar	RIP
June 13	Sat	9 am SJ	Bryan W. Haines	RIP
		5 pm SJ	Vill Thompson	RIP
June 14	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7 pm SJ	Margaret Jane Brennan	RIP

PARISH MINISTRIES

CWL (St James)	7:00 pm (Sept 15 and Nov 10, 2026; Feb 9 and April 13, 2027) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KofC (St James)	Council 4949: www.facebook.com/kofc4949
KofC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Allan Clear, Lorena Clowes Email: ppcstjames@gmail.com
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: ppcourgady@gmail.com
Parish Pastoral Care Ministry	Contact the Parish Office Email: stjamesvernon@rcdk.org



Next Sunday's Readings:

June 21, 2026

Jeremiah 20.10-13
 Ps 69.7-9, 13+16, 32-33, 35ab (R.13)
 Romans 5.12-15
 Matthew 10.26-33



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

68. Society will again someday become Christian won to Jesus Christ by the apostolate of Eucharistic Prayer. (St. Peter Julian Eymard)

St. James School, Vernon

Temporary Part-Time 0.4 FTE Classroom Teacher

To apply: Go to www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>



Parish Pictorial Directory 2026

Photo Sessions—August & September

Sign-up sheet available June 07, 14 & 21 after each mass

We are please to announce that parish photo sessions will be taking place this August and September (see schedule below) for **St. James, OLOV, St. Benedict** and **Sacred Heart** (Lumby).

REMEMBER, it's free, and we need you to participate! Thank you in advance for your support and participation in the program. This directory will embrace young and old, families, couples and single members. **You are all members of our church family, our directory is not complete without you.**

Photo Session Schedule

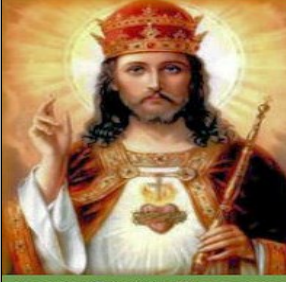
Dates	St James	OLOV	St Benedict/ Teresa	Sacred Heart
Aug 03 and 04			X	
Aug 05 to 08	X			
Aug 10 to 15	X			
Aug 17 to 22		X		
Sept 08 to 10				X
Sept 14 and 15		X		
Sept 16 to 19	X			

To book through a coordinator (see below) -> Ensure to book your appointment to the church you are currently registered

	Name	Tel. No.	E-mail
St James	Lorena Clowes	604-779-0984	lorenabc@telus.net
OLOV	Maureen Rinn	250-260-0978	maureenrinn5@gmail.com
St Benedict	Gwen Torres	250-558-7474	glouistorres@hotmail.com
Sacred Heart	Rosa Lowen	250-542-4342	rosaloewen@yahoo.ca

***Please note: you must contact your Parish coordinator to make any changes to your appointment. Please do not double book. Thank You!**

What is Ordinary Time?



Jesus Christ the same yesterday, today and forever.— Hebrews 13:8

The rhythm of the liturgical seasons reflects the rhythm of life—with its celebrations of anniversaries and its seasons of quiet growth and maturing.

Ordinary Time, meaning ordered or numbered time, is celebrated in two segments: from the Monday following the Baptism of Our Lord up to Ash Wednesday; and from Pentecost Monday to the First Sunday of Advent. This makes it the largest season of the Liturgical Year.

In vestments usually green, the color of hope and growth, the Church counts the thirty—three or thirty—four Sundays of Ordinary Time, inviting her children to meditate upon the whole mystery of Christ—his life, miracles and teachings—in the light of his Resurrection.

In the faithful are to mature in the spiritual life and increase in faith, they must descend the great mountain peaks if Easter and Christmas in order to “pasture” in the verdant meadows of *tempus per annum*, or Ordinary Time.

Sunday by Sunday, the Pilgrim Church marks her journey through the *tempus per annum* as she processes through time toward eternity.

For a penetrating look at how the seasons of the year interlock with the seasons of our lives read Dr. Jeffrey Mirus’ article Seasons: [The Lesson of Life](#).

Scripture and the Liturgy

In her revision of the Liturgy, the Church has sought to reestablish the preeminence of Sunday, that feast day *par excellence*, over every other feast day.

Recognizing, too, that Our Lord is really present when Sacred Scripture is read during the Liturgy, she has opened up the “treasures of the bible so that richer fare may be provided for the faithful at the table of God’s Word.”

To encourage her children to have a “warm and living love for Scripture,” the Church has enlarged the Sunday Lectionary so that the various books of the New Testaments are read roughly from beginning to end over a period of weeks, and the synoptic Gospels are read in a 3 year cycle Year A—Matthew; Year B—Mark; Year C—Luke.

Old Testament readings and Psalms are chosen to correspond to the Gospel passages and to bring out the fulfillment of the Old Testament in the New. The revised weekday lectionary for Ordinary Time complements the Sunday lectionary with its 2-year cycle of readings presenting all the major portions of the Bible, and a 1—year cycle for the Gospels of Matthew, Mark and Luke.

Feast Days

While insisting that the feasts that commemorate the mysteries of salvation take precedence, the Church nonetheless includes the celebration of the feast days of the Blessed Virgin Mary and of the saints in the liturgical calendar.

“By inserting into the annual cycle the commemoration of the martyrs and other saints on the occasion of their anniversaries, “the Church proclaims the Easter mystery of the saints who suffered with Christ and with him are now glorified.” (*Sanrosantum Concilium*, 102) When celebrated in the true spirit of the liturgy, the commemoration of the saints does not obscure the centrality of Christ, but on the contrary extols it...”

“The intrinsic relationship between the glory of the saints and that of Christ is built into the very arrangement of the liturgical year, and is expressed most eloquently in the fundamental and sovereign year, and is expressed most eloquently in the fundamental and sovereign character of Sundays as the Lord’s Day.”

The Easter Mystery Celebrated in Ordinary Time

Parents are challenged to keep Easter mystery alive in their families throughout the season of Ordinary Time; to focus on the mysteries of Christ which the Church sets before them in the weekly Mass readings and to apply those readings to their daily lives.

In this way, faith will bear fruit within their homes, intensifying through the fertile weeks of Ordinary time until its conclusion, the crowning feast of Christ the King.

Joyful Expectation at Year’s End

At the close of every Liturgical Year may we look forward with renewed hope to Christ’s coming again in glory to reign as Lord forever. For it is Jesus Christ we seek when we strive to live the Liturgical Year with the Church. He is the “Lord of time; he is its beginning and its end; every year, every day and every moment are embraced by his incarnation and resurrection, and thus become part of the ‘fullness of time’.”

Source: *Catholic Culture*

Confirmation Celebration at OLOV

Join Us in Celebrating This Milestone
June 21, 2026 at 1:00 pm

On Sunday, June 21st, a joyous celebration will take place at Our Lady of the Valley as **15 dedicated students and adults** receive the Sacrament of Confirmation. This significant milestone in their spiritual journey marks a deepened commitment to their faith and their parish community.

THANK YOU!

A heartfelt gratitude, we thank **Barb Wrobel** for her 7 years of dedicated service in the **Flower Ministry at St James**. We are also grateful that Barb will continue to share her gifts in **Pastoral Care Ministry**, where she feels called to serve.

Flower Ministry Needed—St James

With Barb stepping down, we are looking for one or two people to join the Flower Ministry at St James and assist Rita Usher. If you feel called to this ministry and have an extra time to share, please contact the office at 250-542-1276. We would love to hear from you.

August
10th - 14th

Monday to Friday
9am - 12pm
Ages: 4 to 11
\$35 per child
At: Our Lady of
the Valley Church
REGISTER TODAY

Vacation Bible School
2026




More info at
www.rccv.org
or scan QR



Catholic Book Club

On Wed June 24 we will begin our discussion of **Not Finished Yet** by Marcus B. Peter. Please read the first 3 chapters. Meet in the Monsignor Miles Hall at 9 am. All are welcome.

Barry Schick
General Manager
Email: bschick@acutruss.com



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Vernon & Area Pro-Life Society

3102 31st Ave
Store Office
250-545-0777 866-289-4715

Donations - the store accepts good quality clothing, household items, books, etc.
Store hours - Monday to Saturday, 10am until 2pm
Store volunteers needed
For \$20.00 yearly become a member. If you need help or support for you and your child, please call the

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RCCV: St James 2607- 27th Street Vernon BC

Access to this site is FREE!

Eucharistic Adoration of the Blessed Sacrament
at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adorers. Drop-in visitor are always welcome.

We especially need adorers for these hours.

Mon 2-3 pm, 3-4 pm and 4-5 pm Tuesday 2-3pm, 3-4 pm, 4-5 pm and 6-7 pm Wed. 12-1 pm Thurs 12-1 pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com

LEARN MORE ABOUT OUR FAITH & OUR PARISHES
STAY INFORMED ON EVENTS. GET INVOLVED.

VISIT OUR REFRESHED WEBSITE
www.rccv.org
ROMAN CATHOLIC CHURCHES OF VERNON (RCCV)

Pastoral Care Ministry



If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at stjamesvernon@rccv.org for Pastoral Care.

