

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
1:00 pm Sunday
(St Benedict only)

Mass Times
10:30 am Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

Ascension of the Lord - May 12, 2024



**The Month of
May is dedicated
to the Our Lady.**



HAPPY MOTHER'S DAY

St James		
Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am 4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am

- Mark your Calendar**
- May 12 Mothers Day Pancake Breakfast K of C
 - May 18—OLOV K of C Yard Sale
 - May 26—First Communion 1pm OLOV
 - June 04—CWL-SJ Wind-up Party 4-6pm Monsignor Miles Hall

PARISH MINISTRIES	
CWL (St James)	7:00 pm Tues (Sept 10, Nov 12, Jan 14, April 08, 2025)
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Garry Pielak, Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council	Ben Allen, Brian Trafford, Rob Hillis, Gwen Torres, Jeff Routely, Rita Eng

OFFICE		
Telephone	250-542-1276	www.rccv.org
email		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

Pastor	Rev Fr Peter Nguyen frpeter@rcdk.org	250-542-1276
Parochial Vicar	Fr Thomas Arackal Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
Permanent Deacon	Deacon Paul Murphy deaconservant1@gmail.com	778-212-2020
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for May

For the formation of religious and seminarians. We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Mass Intentions May 13-19

May 13—Mon: 5pm SJ	Jodie Hogarth—INT
May 14—Tue: 8am SJ	Dianne Lutes—†
May 15—Wed: 8am SJ	Private Intentions
May 16—Thurs: 8am SJ	Verna Hnatiuk—†
May 17—Fri: 8am SJ	Dianne Lutes—†
May 18—Sat 9am SJ	Steve Banducci—†
5pm SJ	Pauline Kurylo—INT
May 19— Sun 8:30am SJ	SJ Parish Families—INT
10:30am OLOV	OLOV Parish Families—INT
7:00pm SJ	Helena & Rudolf Hysek—†

LEARN MORE ABOUT OUR FAITH & OUR PARISHES

STAY INFORMED ON EVENTS. GET INVOLVED.

VISIT OUR REFRESHED WEBSITE

www.rccv.org

ROMAN CATHOLIC CHURCHES OF VERNON (RCCV)

Vernon Pro-Life Flower Procession MAY 12 Mothers Day

After 10:30 Mass at OLOV, we will be making a procession from church to the Madonna and Child grotto where we will leave flowers that we supply to Honor Mary, Mother of Jesus and to ask Mary's protection for mothers and their preborn babies. Encourage your child to join you in this short celebration.



Praying for Families

Knights of Columbus St. James Council 4949 is organizing a Holy Hour on Thursday May 16th at 7 pm. The theme is **Praying for Families**. Deacon Paul will lead us in prayers and adoration. Everybody is welcome.

Eucharistic Adoration of the Blessed Sacrament at St. James

We kindly request you consider enhancing your life by committing one hour a week as an adorer. Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday-Thursday. Drop-in visitors are always welcome. We especially need adorers for these hours: **Monday 4-5 p.m., Tuesday 12-1 p.m., 3-4 p.m., 5-6 p.m., and Thurs 12-1 p.m.**

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

Sunday Offertory May 05

St James	\$ 4072
OLOV	\$ 2492
St Benedict	\$ 325



Next Sunday's Readings:

May 19, 2024

Acts 2.1-11

Ps.104.1ab-24ac, 29b-30, 31+34 (R. 30)

1 Corinthians 12.3b-7, 12-13

John 20.19-23



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Holy Hour—for Vocations

71. One of the by-products of a Holy Hour of Eucharistic Adoration is the sensitiveness to the Eucharistic Presence of Our Divine Lord.

(Archbishop Fulton Sheen)

Quote from St John Vianney

"We must watch over our mind, our heart and our senses, for these are the gates by which the Devil enters in."

ROMAN CATHOLIC CHURCHES OF VERNON
Eucharistic Revival
21-FEBRUARY to 24-NOVEMBER-2024
TAKE AN ACTIVE ROLE IN THIS INITIATIVE! CONTACT BERNIERAMIS@GMAIL.COM

St James CWL Grocery Receipts

St. James CWL thanks everyone who is donating grocery receipts. From August 2023 through December 2023, CWL has received \$527 cash back from Nature's Fare Markets, \$400 in gift cards from Butcher Boys and \$30 in gift cards from Buy-Low Foods. We donated \$500 of Butcher Boy gift cards to "Together for Christmas" held at St. James Parish Hall on Christmas Day. To participate please drop your receipts for Butcher Boys, Nature's Fare Markets and Buy-Low Foods into the white "Grocery Receipt" box located on the table in the vestibule of St. James' main entrance. We are now accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary. Any questions contact Amy at 250.308.9612.

You're Invited to a
Tea Party Celebrating Mrs., Tara Moore
Sunday, June 23, 2024
2:30—4:30 pm
St James Parish Centre
RSVP To: office@stjamesvernon.com



Our Lady of the Valley—Knights of Columbus

St Theresa Council 12202

12th Annual yard sale - May 18th, 2024

Gates open @ 7am—2 pm

Lots of great stuff!

Volunteers needed Friday May 17 @ 10 am for setting up displays of sale items.

Contact: Ron patron1962@telus.net(250 550 6867)

Catholic Book Club

Next meeting: **May 15, 2024** 9am in the Monsignor Miles Hall. We will begin **Divine Mercy in My Soul:** Diary of Saint Maria Faustina Kowalska. Please read the Introduction and first 100 paragraphs. Copies are available through Loaves and Fishes in Kelowna. Call Jan for more information 250-309-4123.

How Christ's ascension takes the training wheels off our faith

By Father Roger Landry
Nation Catholic Register, May 08, 2024

Christ's ascension is meant to help us to grow to full stature in Christ as we respond to his confidence in making us his missionaries, together with the Holy Spirit, to renew the face of the earth.

The celebration of the solemnity of the Ascension of the Lord is an annual opportunity for us not only to focus on heaven, where the Lord Jesus had gone to prepare a place for us (Jn 14:1-6) and on the joy that "eye has not seen, ear has not heard, not the human heart conceived," which "God has prepared for those who love him" (1 Cor 2:9, Is 64-4), but also on the implications Jesus' return to the Father means for each of his followers.

Jesus could have stayed on earth until the end of time as the Good Shepherd, crisscrossing the globe after every lost sheep, saving them one by one. As he ascended, however, he placed his own mission in our hands, commanding us to "go unto the whole world and proclaim the Gospel to every creature" (Mk 16:15).

He took the training wheels off our discipleship and removed any excuses we might have to pass the buck of sharing and spreading the faith. "You will be my witnesses," he told us, "in Jerusalem, in all Judea and Samaria, and to the ends of the earth" (Acts 1:8).

His confidence and trust in us, despite all our weaknesses, is astonishing. He wanted to incorporate us into—actually entrust to us—his mission of the redemption of the world.

But he didn't leave us orphans (cf. Jn 14:18).

St. Luke gives us a beautiful image and detail, that Jesus "led them out as far as Bethany, raised his hands, and blessed them. As he was blessing them, he parted from them and was taken up to heaven" (Lk 24:50-51).

Jesus departed in the very act of blessing us. Pope Benedict in his trilogy "Jesus of Nazareth" commented on how the risen Jesus in heaven is perpetually blessing us.

"Jesus departs in the act of blessing," he states. "He goes while blessing, and he remains in that gesture of blessing. His hands remain, stretched out over this world ... (which) expresses Jesus' continuing relationship to his disciples, the the world ... That is why the disciples could return home from Bethany rejoicing. In faith we know that Jesus holds his hands stretched out in blessing over us. That is the last-ing motive in Christian joy."

Jesus is continuously blessing us with every spiritual blessing in the heavens (cf. Eph 1:3). He's seeking to transform us into his incarnate benediction of the world.

The great manifestation of that blessing is the descent of the Holy Spirit, for whose renewed coming we pray in the annual decenarium from the 40th to 50th days of Easter. St. Luke recalls Jesus' words: "You will receive power when the Holy Spirit comes upon you, and you will be my witnesses" (Acts 1:8). That's the power, the blessing, that came down upon the Church on Pentecost.

During the Last Supper, Jesus said something startling: "I tell you the truth: It is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you" (Jn 16:7). He was describing the incredible gift of the Holy Spirit's presence as a blessing even greater than his own. That's what the Church, huddling around the Blessed Virgin Mary, incessantly begs for after the Ascension.

The Holy Spirit helps us to fulfill, and not shirk, the awe-inspiring responsibility Christ has given us. This is the duty to give witness that Christ is alive, that he is the Way, the Truth, the Resurrection, and the Life, that he came to give us life to the full, so that his joy may be in us and our joy may be complete; he came to give and leave us the peace of his kingdom in a war-torn world; he came to help us and others to change our lives, to believe wholeheartedly in the Good News, and to follow him, so that where he is we also may be and so that we might recognize that God the Father loves us just as much as he loves Jesus (cf. Jn 14:6, 11:25; 10:10; 14:27; Mk 1:15; Jn 16:27; 15:9)

That's a message and a mission that many no longer easily receive.

Whether they think erroneously that science has disproven faith, or the problem of evil has refuted the possibility of a good God, or the clergy sex-abuse scandals have invalidated the Church's witness, or the frigidity with which so many secularized Christians live their faith has revealed its incapacity to inspire, or a score of other possible reasons people cite to deaden the appeal of Christian faith and life, it's clear that proclaiming the Gospel effectively to every creature is challenging work—but to trying to convince down—to earth first-century pagan and Jews that a crucified carpenter had not only risen from the dead but was the Savior of the world. The same blessing of the Holy Spirit that made their joint witness fruitful desires to give tandem testimony with us.

One of the most effective ways to do so is through charity.

Back in 1985, the future Pope Benedict XVI gave a radio address in which he focused on the "delightfully naive pictures" of the Ascension in which the disciples are looking forward as Jesus is passing through the clouds and all we see are Jesus' feet, the same feet the women wanted to grasp onto after the Resurrection. Cardinal Ratzinger commented that we need to recognize his feet and reverence them in disguise in the feet around us as we follow Christ's example of washing the feet of others just as he cleansed the apostles' feet in the Upper Room.

"The true ascent of mankind," he stated, "takes place precisely when a man learns to turn in humility to another person, bowing deeply at his feet in the position of one who would wash the feet of the other. It is only in the humility that knows how to bow down that can raise a person up."

In order to ascend, we need to first to descend humbly in acts of corporal and spiritual works of mercy, including passing on the faith to those who don't know it or who reject what they mistakenly believe it to be.

Christ's ascension is meant to lead us on an exodus not merely in the future, but here and now: an exodus from the self toward God and others, a journey from fear to trust, a Passover from the flat earth of a world without God to the multidimensional reality of Christ's kingdom.

Christ's ascension is meant to lift up our heart as it helps us to drop to our knees. It is meant to help us to grow to full stature in Christ as we respond to his confidence in making us his missionaries, together with the Holy Spirit, to renew the face of the earth. It is meant to fill us, even now, with lasting joy.

Source : Catholic News Agency

Irene Specht—Graveyard Service

While residing at Noric House, Irene passed away on November 6, 2023. Her graveside service will be held on June 01, 2024 at 2:00 pm at the Coldstream Cemetery, Howe Drive, Coldstream..

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RCCV: St James 2607- 27th Street Vernon BC



Vernon & Area Pro-Life Society


Store: 250-545-0777
3102 31st Ave

Office: 250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



Knights of Columbus
St James Council 4949
Meeting Every 2nd
Tuesday of the month

401-3003 Gateby Place
(Columbus Court)
For Info call 250-542-9229



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