



## ROMAN CATHOLIC DIOCESE OF KAMLOOPS

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### **Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools**

**February 10, 2026**

The Month of February is dedicated to **The Holy Family**.

#### **The Holy Father's Intentions for the Month of February 2026**

**For children with incurable diseases.**

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

#### **Words from our secondary patron, St. John Vianney**

"If you are attached to the things of this earth, you should give alms sufficient to enable you to punish your avarice by depriving yourself of all that is not absolutely necessary for life."



### **Holy Hour – for Vocations**

#### ***Serra Club of Kamloops Diocese***

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

#### **Kamloops:**

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and

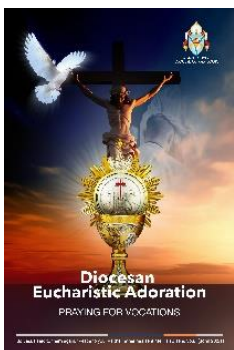
Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Wednesdays and Saturdays at Holy Family Parish

5pm – 6pm Tuesday to Friday at St. John Vianney



***53. Christians should make expiatory supplications and prayers, prolonged for a whole hour, which is rightly called a "Holy Hour". (Pope Pius XI)***



## Diocesan Adoration Week

February 22 – 28 – our Lady of Perpetual Help, Kamloops

March 1 – 7 – St. Ann's, Quesnel

March 8 – 14 – Our Lady of the Mountains, Whistler

March 15 – 21 – St. Jude's – 100 Mile House

March 22 – 28 – Our Lady of the Valley – Coldstream

April 5 – 11 – Sacred Heart – Williams Lake

## Scholarship Opportunity

*Please pass this information on to anyone  
who you think may qualify.*

### Albert Johnston Scholarship Opportunity

\$1000 towards post-secondary tuition for students  
having completed Grade 12 by June 2026.

Requirements - due April 1, 2026:

1. Essay
2. Two references
3. Volunteering (in pro-life-affirming activities  
with those who are pregnant, disabled, elderly)  
which contestants should begin now.

Please allow 5 business days for Canada Post  
delivery of your essay to us by the due date.

Email: [kamloopsprolife@gmail.com](mailto:kamloopsprolife@gmail.com) for more  
information or see 'Scholarship' under 'Events'  
on our website <http://www.voices4life.com>

## CCCB - Journey Through Lent - Weekly Video Reflections


The Canadian Conference of Catholic Bishops (CCCB) presents [\*Journey Through Lent\*](#). This video series, a joint project of the CCCB's National Liturgy Office, *Office national de liturgie* and the Office for Evangelization and Catechesis, provides weekly Lenten spiritual reflections.

This year's reflections are presented by:

The Most Reverend Daniel J. Miehms, Bishop of Peterborough (in English).

The Most Reverend Juan Carlos Londoño, Auxiliary Bishop of Québec (in French)




**DIOCESE OF  
KAMLOOPS**

# JOIN BISHOP JOSEPH

for the Rite of Election of  
Catechumens and the Calling  
of Candidates to Continued  
Conversion

**Sunday, March 1, 2026**  
**11:30 am**  
*Sacred Heart Cathedral*  
*255 Nicola Street, Kamloops, BC*



## Knights of Columbus Council 1614 at Sacred Heart Cathedral are hosting “LOBSTERMANIA 2026”

On June 13, 2026 at the OLPH Parish Centre, join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet. DANCE THE NIGHT AWAY WITH LIVE MUSIC BY “JERRY DE SOUZA AND THE MELODYMAKERS”

Get a group of relatives, friends, or coworkers together and enjoy an East Coast Lobster evening. Tickets are \$85.00 each and are available from Anthony Muzzillo 250-851-1111, Garry Mayhew 250-572-5429 and John Giddens 250-682-4600.

**Get your tickets early!!!**



**Brandi Nikolaisen**

**Save your Spot now for  
September 2026!**

Are you a homeschool family looking for in-person connection, hands-on learning, and experiences that will have your kids eager to come back week after week?

We have a 2 day Blended Program at Holy Family Kamloops.

### What makes this program special?

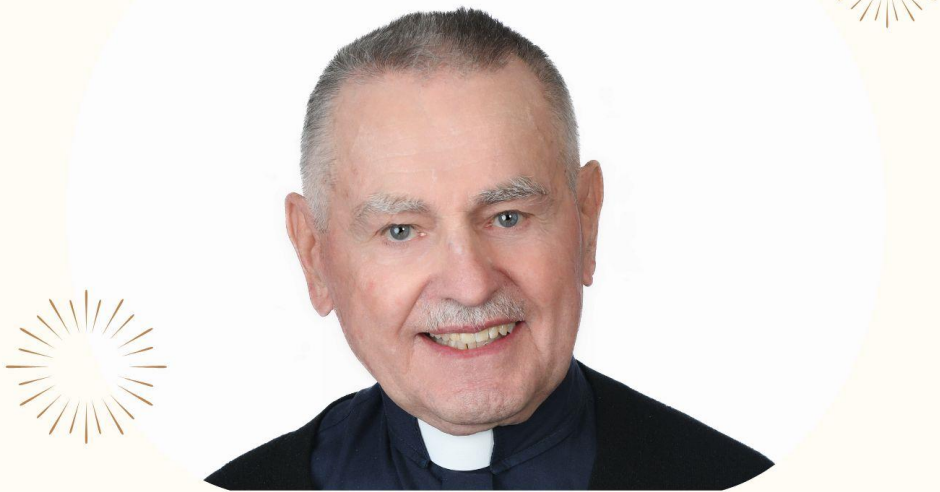
- Engaging activities designed around the **BC Curriculum**
- Focus on Science, Social Studies, ADST, and English Language Arts
- Creative projects and learning that spark curiosity
- Catholic faith woven throughout the program

Go to [www.ascendonline.ca](http://www.ascendonline.ca) to click on our Blended programs



# MSGR. DESMOND'S 60TH ANNIVERSARY OF ORDINATION

*Save the Date*



Columbo Lodge, Kamloops, BC

**MAY**

**16<sup>th</sup>**

**2026**

More Information to come





ST. ANN'S ACADEMY

# ALUMNI HOMECOMING

CELEBRATING 146 YEARS OF COMMUNITY

**YOU'RE INVITED TO THE 2026 ST. ANN'S ACADEMY  
ALUMNI HOMECOMING!**



BRING YOUR FAMILY OR COME SOLO AND  
EXPLORE THE SCHOOL WITH GUIDED TOURS  
OR TAKE PART IN A SCAVENGER HUNT



ST. ANN'S ACADEMY  
205 COLUMBIA ST  
KAMLOOPS, B.C.



ENJOY LIVE ENTERTAINMENT, CHILDREN'S  
ACTIVITIES, AND A CHANCE TO CATCH UP  
WITH OLD FRIENDS



MAY 16<sup>TH</sup> 2026  
SATURDAY  
1:00 PM - 4:00 PM



SNACKS, DESSERTS, AND REFRESHMENTS  
WILL BE SERVED!



This program helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey

to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is March 2026 in Kelowna. For more information please email [griegtograncelowna@gmail.com](mailto:griegtograncelowna@gmail.com) or make a confidential call to 250-808-6403.



## SEMINARY OF CHRIST THE KING

### Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary drawn closer to Christ, enriched by a deeper understanding of seminary life, and inspired to encourage other boys and men to consider and respond to a possible call to the priesthood or religious life.

Dates of the next Seminary Live ins:  
July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at [vocations@rcdk.org](mailto:vocations@rcdk.org) or calling 250-372-2581

## CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



### Catholic Independent Schools of Kamloops

Current Job Postings can be found at [www.ciskd.ca](http://www.ciskd.ca) under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>