

**Saint James Church**  
2607 27 St  
Vernon, BC V1T 4W1

**St. Benedict's/St Theresa's**  
Head of the Lake Rd  
Vernon, BC

**Our Lady of the Valley**  
10102 Middleton Drive  
Coldstream, BC

**Sacred Heart Church**  
2202 Park Ave  
Lumby, BC V0E 2G0



**Mass Times**  
5:00 pm Saturday  
8:30 am Sunday  
7:00 pm Sunday



**Mass Times**  
1:00 pm Sunday  
(St Benedict only)



**Mass Times**  
10:30 am Sunday



**Mass Times**  
5:30 pm Saturday  
9:30 am Sunday

## Epiphany of the Lord

**January 07, 2024**

**A WARM WELCOME TO ALL PARISHIONERS, AND VISITORS!  
WHETHER YOU ARE VISITING, LOOKING FOR A NEW HOME PARISH, OR RETURNING  
TO YOUR FAITH, WE ARE HAPPY YOU ARE HERE.**

**Parish Office**

**Telephone:** 250 542-1276; www.rccv.org  
**Email:** stjamesvernon@rcdk.org  
**Office hours:** 8:00—2:00  
Mon-Tues-Thurs-Fri  
**Office is closed on Wednesday**

**Pastor:** Rev Fr Peter Nguyen frpeter@rcdk.org  
**Parochial Vicar:** Fr Thomas Antony Arackal  
250-547-9070  
(Sacred Heart, Lumby and St Benedict/St Theresa)  
**Permanent Deacon:** Deacon Paul Murphy  
deaconservant1@gmail.com  
(778) 212-2020  
**Diocese Kamloops Office:** 635A Tranquille Rd  
Kamloops, BC V2B 3H5  
Tel: 250-376-3351

**St James**

**Daily Mass:** Monday to Friday 8:00 am.  
Saturday 9:00 am.  
**Reconciliation:** Saturday 9:30–10:30 am  
4:00-4:45 pm  
**Eucharistic Adoration:**  
Monday to Thursday 9:00 am to 9:00 pm.  
1st Friday at 10:00 am @ St Benedict's

**Mark your Calendar**

- Jan 07—Pancake Breakfast—KofC 4949
- Jan 07—Liturgy of the Word with Children starts at OLOV
- Jan 07—1st Sunday of the month—Food For The Poor and for the Healing , Reconciliation and Forgiveness
- Jan 09—St James CWL Meeting—7pm—Monsignor Miles Hall

**PARISH MINISTRIES**

**Finance Committee**

St James:	Alex Dantzer	Randi Pattermann
	Terry Whiteley	Jim Allaway
OLOV	Garry Pielak	Gord Adams
	James Lockwood	Ewen Pitt

**Parish Pastoral Council (St James, OLOV, St Benedict)**

Ben Allen,	Gwen Torres
Brian Trafford	Jeff Routley
Rob Hillis	Rita Eng

**CWL**

**(1st Tuesday of each month)**

St James 7:00 pm

OLOV 1:00pm

**KOC**

St James Council 4949

Www.facebook.com/kofc4949

OLOV St Teresa Council 12202

www.kofc12202.ca

**St James School**  
2700 28th Avenue  
Vernon, BC V1T 1V7

Melanie Inzunza — Principal  
(250) 542-4081  
Ascend Catholic School Online

www.stjamesvernon.com  
office@stjamesvernon.com  
www.rcdk.org/ascend-online-school



**Mission Statement:** United in the Eucharist to love and serve.

**Vision Statement:** Inspired by the Spirit to:  
 -know our faith and vocation  
 -serve the needs of others  
 -welcome new parishioners into our faith community  
 -share our excitement about Jesus

**Pope Francis' Prayer Intention for January**

*For the Gift of Diversity in the Church—Let us pray that the Spirit help us recognize the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church..*

**Mass Intentions Jan 08-14th**

Jan 08—Mon:	8am SJ	John Mc Sweeney—†
Jan 09- Tues:	8am SJ	Colleen Couves—†
Jan 10—Wed:	8am SJ	Private Intentions
Jan 11—Thurs:	8am SJ	John McSweeney—†
Jan 12—Fri:	8am SJ	Alfredo Mauro—†
Jan 13—Sat:	9am SJ	Cindy & Terry—INT
	Sat 5pm SJ	Eda Mauro—†
Jan 14— Sun	8:30 SJ	SJ Parish Families—INT
	10:30am OLOV	OLOV Parish Families—INT
	7pm SJ	Holy Souls in Purgatory—†

**Eucharistic Adoration of the Blessed Sacrament at St. James**

If you are looking to take control and create a more balanced life in 2024, please consider the calming and spiritual benefits of spending a weekly visit with your Lord, Jesus Christ by signing up for one hour per week in Adoration at St James. You can pick any hour that works well for you as Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday – Thursday. Drop in visitors are always welcome. We especially need adorers **Mon 7-8pm, Thurs 5-6 pm, & Thurs 8-9pm**

Anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact: Amy & Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com

**Grocery Receipt Program**

CWL is collecting receipts from Butcher Boys, Nature's Fare Markets & Buy-Low Foods. We are accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary. These stores will donate back a percentage of the amount of the receipt.

Please put your receipts in the white "Grocery Receipt Program" box located on the table in the vestibule of the main entrance of St. James Church.

**Catholic Book Club**

We will start a new year of inspiring books on January 10, 2024 at 9 am with **In the School of the Holy Spirit** by Jacques Philippe. Contact Jan at 250-309-4123 for more information.



**Faith In Action Campaign 33**

	Assessment	Actual
St James	\$42549	\$63450
St Benedict's	\$2206	\$2160
OLOV	\$24408	\$50380
Thank you for your contribution		



**Next Sunday's Readings:  
January 14, 2024**

1 Samuel 3.3b-10, 19  
 Ps. 40.1+3a, 6, 7-8, 9 (R. 7-8)  
 1 Corinthians 6.13c-15a, 17-20  
 John 1.35-42



**SERRA CLUB of KAMLOOPS DIOCESE**

*Holy Hour—for Vocations*

**52. No less than His contemporaries in Palestine adored and implored Him for the favors they needed so we should praise, thank Him, and implore Him at Adorations (Pope Pius XIII)**

**Quote from St John Vianney**

"The Wise Men overcame every difficulty and surmounted every obstacle, in order to follow the Star."

**Sunday Offertory for Dec 31 and Jan 01**

	Regular	New Year/Initial
St James	\$ 9183	\$ 2464
OLOV	\$ 2178	\$ 971
St Benedict	\$ 15	\$ 105

*Thank you for your continued generosity.*

**Please pick-up your 2024 envelope at the church.**

**Liturgy of the Word with Children (LWC)**

LITURGY OF THE WORD WITH CHILDREN (LWC) has resumed at the 10:30am Sunday Mass at OLOV. This is a special opportunity for children ages 3 -7 years to participate at Mass by listening, reflecting & understanding the Word of God according to their level. Any child in this age group may participate - no registration is necessary

**The Kids' Bulletin**

The Kids' Bulletin is now available  
 Please get your copy from the Ushers!

**CALL FOR DONATIONS: FOOD FOR FAMILIES**

Many people in our community are struggling through hardship and unable to provide food to their families. Let us take action to ensure that as few as possible go to bed hungry each night.

**From December 10 to January 14**, we are raising funds to support local food pantries, food banks, and soup kitchens. Though in-kind donation of food is valuable, leaders of hunger-relief organizations often comment that financial contributions can be stretched even further and allow nonprofits to procure the exact items needed by the organization and its clients.

If you want to help, please e-transfer your donation to the Knights of Columbus Financial Secretary: [fsstc12202@gmail.com](mailto:fsstc12202@gmail.com)

Contact [bernieramis@gmail.com](mailto:bernieramis@gmail.com) if you have questions.

\* This is a project of the Knights of Columbus Council 12202 (St. Teresa Council)

## Gestures and Bodily Posture

42. The gestures and bodily posture of both the Priest, the Deacon, and the ministers, and also of the people, must be conducive to making the entire celebration resplendent with beauty and noble simplicity, to making clear the true and full meaning of its different parts, and to fostering the participation of all. Attention must therefore be paid to what is determined by this *General Instruction* and by the traditional practice of the Roman Rite and to what serves the common spiritual good of the People of God, rather than private inclination or arbitrary choice.

A common bodily posture, to be observed by all those taking part, is a sign of the unity of the members of the Christian community gathered together for the Sacred Liturgy, for it expresses the intentions and spiritual attitude of the participants and also fosters them.

<u>Standing</u>	<u>Seating</u>	<u>Kneeling</u>
The Entrance song until the end of the Collect (Opening prayer).  Alleluia, Gospel;  The profession of faith;  The prayer of the faithful;  Prayer the offering, Holy and Holy and Holy (Sanctus);  The Our Father, the Lamb of God; Prayer after Communion (Closing prayer);  The Final blessing and the Closing song.	The readings, Responsorial Psalm;  The homily, collection;  Offering Song;  Preparation of the gifts;  Prayer over the offering;  During the Holy Communion song.	After the Holy, Holy and Holy and during the Eucharistic prayer until after the Amen.  After the Lamb of God;  After receiving the Holy Communion.

*@. For some reason during the mass – you cannot kneel or stand – please feel free to seat down*

### Silence

45. Sacred silence also, as part of the celebration, is to be observed at the designated times. Its nature, however, depends on the moment when it occurs in the different parts of the celebration. For in the Penitential Act and again after the invitation to pray, individuals recollect themselves; whereas after a reading or after the Homily, all meditate briefly on what they have heard; then after Communion, they praise God in their hearts and pray for him.

Even before the celebration itself, it is a praiseworthy practice for silence to be observed in the church, in the sacristy, in the vesting room, and in adjacent areas, so that all may dispose themselves to carry out the sacred celebration in a devout and fitting manner.

*Source: Canadian Conference of Catholic Bishops – The Roman Missal – Canadian Edition 2011*

**Monday—January 08—  
The Baptism of the Lord**  
The end of Christmas Season

**Tuesday—January 09—  
The beginning of the 1st week in  
Ordinary Time**

### Ordinary Time

During Ordinary Time, the Church celebrates the fullness of the mystery of the Lord Jesus. The people of God offer praise by celebrating the Paschal Mystery of the Death and Resurrection of Jesus.

On the first day of the week, the Lord's Day, God assembles the beloved people to hear the Word, to reflect upon it, to offer the living sacrifice of praise, and to eat and drink the banquet of the Lord. Then God send them forth to proclaim this love by their words and actions.

Sunday is the original Christian Feast Day, following the tradition handed down from Apostolic times, for this was the day of the Lord's Resurrection. Today's Christian communities continue this tradition by celebrating every Sunday as the day of the risen Lord.

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mark.langer@iris.ca  
fax: 1.866.875.3081

## Confraternity of the Knights of St. Peter and St. Paul

Grand Chapter of British Columbia

Grand Prior Chev.  
Guenter A. Rieger




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## Culos & Co.


Law Corporation

Robert M. Culos  
Lawyer

3006 32nd Avenue  
Vernon, BC V1T 2L7  
vernon@culoslaw.com  
Ph: 250-549-7168

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## AcuTruss Industries

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General Manager  
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## Vernon & Area Pro-Life Society

Store: 250-545-0777  
Office: 250-545-5520  
3102 31st Ave 3105C 31st Ave

Donations - the store accepts good quality clothing, toys, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.

Knights of Columbus  
St James Council 4949  
Meeting Every 2<sup>nd</sup>  
Tuesday of the month

401-3003 Gateby Place  
(Columbus Court)  
For Info call 250-542-9229

# FORMED


Our Parish has a FORMED subscription.

Visit [signup.formed.org](http://signup.formed.org) and select our parish name.

RCCV: St James 2607- 27th Street Vernon BC

## DIOCESE OF KAMLOOOPS

### Permanent Diaconate Formation



Mission Service  
Ministry of Liturgy  
Ministry of Charity  
Ministry of Word

Contact the formation team at:  
deaconpaul@rcdk.org  
For additional information or questions:  
Fr Dale Normandeau (804) 905-9897  
Deacon Paul (778) 212-2020

"Not to be served, but to serve"

## Faith In Action Campaign 33—Be a Doer of Faith

*"For it is in Giving that we Receive." - St Francis of Assisi*

My dear parishioners and visitors. I am deeply grateful for your donations to Faith In Action. Please remember every dollar you contributed over the assessment will be back to the parish 100%.

Fr. Peter Hoan Nguyen

Please support your fellow Parishioners' Businesses in our Community.