



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

635A Tranquille Rd. Kamloops, BC V2B 3H5
Phone 250-376-3351 Fax 250-376-3363
E-mail info@rckd.org

**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

August 8, 2024

The Month of August is dedicated to the **Immaculate Heart of Mary.**

The Holy Father's Intentions for the Month of August 2024

For political leaders

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Words from our secondary patron, St. John Vianney

“Does our conduct correspond with our Faith?”



Holy Hour – for Vocations
Serra Club of Kamloops Diocese

Prayer is a moving force in vocation development. Few are called to priesthood or religious life, but all are called to pray for vocations. Jesus said, “Pray, therefore, the Lord of the harvest to send out laborers into his harvest” (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before

9 am Mass. Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral



82. A Holy Hour before the Most Blessed Sacrament so pleases the Heart of Jesus, that every man, woman and child on earth receives a new effect of God's graces. (St. Faustina)

Prayerful wishes to Fr. Bob Haggarty, OMI who celebrates his birthday on August 27th, Fr. Dale Normandeau who celebrates his birthday on August 29th, Fr. Peter Altamirano, OMI who celebrates his birthday on August 31st, Fr. Udoka Nwosu who celebrates his 43rd anniversary of Priestly Ordination on August 8th, Fr. Henry Nwaimo who celebrates his 14th anniversary of Priestly ordination on August 14th, Fr. Bob Haggarty who celebrated his 53rd anniversary of Priestly ordination on August 14th, Fr. Brendan Mgbenwelu who celebrates his 10th anniversary of Priestly Ordination on August 23rd, to Bishop Joseph Nguyen who celebrates his 8th Anniversary of Episcopal Ordination and Installation on August 25th, and to Fr. Vernantius who celebrates his 30th Anniversary of Priestly Ordination on August 27th!

SUNDAY BULLETIN

The Carmel of St. Joseph Monastery in Armstrong has a new postal address effective July 15, 2024.

Carmel of St. Joseph,
4815 Salmon River Rd.
Spallumcheen, BC
V4Y 0L8

Rachel's Corner

"Oh, my soul, you are not alone. There's a place where fear has to face the God you know. One more day, He will make a way. Let Him show you how, you can lay this down, 'cause you're not alone."

- Lyrics "Oh my Soul" by Casting Crowns

Have you ever thought about what that would feel like to be able to lay it down? To be free of the shame, regret and pain you have been living with since the day of your abortion. You are not alone. He will make a way, and He will show you how. Come join us on a Rachel's Vineyard™ Retreat.

www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca
250-267-5081

The Men's Retreat: Perfect Storms
SEPTEMBER 20-22, 2024 | ROCKRIDGE CANYON,
PRINCETON, BC



Join us for The Men's Retreat: Perfect Storms. Through inspiring talks, the Sacraments, and outdoor adventures, Jake Khym (founder of Life Restoration Ministries) and Sam Blair (retired US Navy SEAL) will guide us through a prayerful weekend, helping us receive the perfect and transforming love of Jesus amidst life's storms.

[Forward this email to a friend or family member](#)

Registration opens July 13, 2024. For more information and to register, go to liferestoration.ca/mens-retreat.

[Add a registration reminder to your calendar:](#)



Powered by [AddEvent](#)



Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is **September 2024 in Kelowna**. For more information please email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403.



Holy Family Caminos, Summer 2024

Our Lady of the Mountains Parish in Whistler is offering a few Pilgrimage options this summer called the Holy Family Caminos.

What is a pilgrimage? It is a journey to a destination to remind us of our ultimate Journey in life. It is basically a walking retreat where we give God the opportunity of speaking to our lives and to do some of the necessary repairs.

Our first Camino of the Holy Family is June 21-22:

Brandy Wine Falls to Our Lady of the Mountains Church (OLOM), total distance 25km.

Accommodation: Camping Friday night

Cost: Admin fee \$25, plus \$15 for campsite fee.

You are required to have your own food and gear.

Friday: Brandy Wine Falls to Cal-Cheak Crossing 5km

Saturday: Cal-Cheak Crossing to Our Lady of the Mountains 20km

There will be daily Mass and a retreat format to help you get the most out of the pilgrimage.

Second Camino of the Holy Family July 21-27:

St Joseph's, Squamish to Our Lady of the Mountains, total distance 96km. You will want to be in good shape for this one as you have to pack your gear and supplies for the whole time. A well packed person could get away with a 15-kilo pack including water.

Accommodation: Wilderness camping five nights.

Cost: Admin fee \$25, plus Levette Lake \$18 per campsite up to six

Monday: St Joseph's to Levette Lake 18km, elevation gain 800m

Tuesday: Levette Lake to Queen of Peace Monastery 10km (rough terrain day) gain 300m, loss 600m

Wednesday: Queen of Peace Monastery to Salvation Lake 15km, elevation gain 650m, loss 470m

Thursday: Salvation Lake to Cal-Cheak Crossing 24kms, elevation gain 1200m

Friday: Cal-Cheak Crossing to Hanging Lake 17km

Saturday: Hanging Lake to Our Lady of the Mountains 12km

There will be daily Mass and a retreat format to help you get the most out of the pilgrimage.

Third Camino of the Holy Family Aug 30-Sep 1:

Mount Currie to OLOM, total distance 50km

Accommodation: Camping two nights. You are required to have your own food and gear.

Cost: Admin fee \$25

Friday: St Christopher's Church to St Francis of Assisi Church 10km

Saturday: St Francis of Assisi to Rock Garden 20km

Sunday: Rock Garden to OLOM 20km

There will be daily Mass and a retreat format to help you get the most out of the pilgrimage.

Please contact the Parish to sign up and get more information, including waiver forms and packing lists: whistlercatholicchurch@telus.net

Whistler Hiking Masses - Saturdays at 9 AM

July 6, 2024	Blueberry Trail (2km)
July 20, 2024	Train Wreck (2.6 km)
August 10, 2024	Rainbow Falls (5 km)
August 24, 2024	Loggers Lake (2 km)

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>