ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

January 13, 2026

The Month of January is dedicated to **The Holy Name.**

The Holy Father's Intentions for the Month of January 2026

For prayer with the Word of God
Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Words from our secondary patron, St. John Vianney

"We must love while we suffer, and we must suffer if we love."

Holy Hour – for Vocations

Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to the priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH
7:50am – 8:50 am Mon., Tues., Thurs. & Fri. 7:50am – 8:50am before 9 am Mass. and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral
8am – 9am Wednesdays and Saturdays at Holy Family Parish
5pm – 6pm Tuesday to Friday at St. John Vianney

48. We should build the whole edifice of our spiritual life around Adoration. We should not hesitate to ask Him to work miracles, now, as He did in Palestine. (Fr. John Hardon)

The Alpha Course is a series of interactive sessions exploring the basics of the Christian faith, designed for anyone curious about the topic. Lasting 9 weeks, each session includes food, a video, and a small group discussion where participants can ask questions in a friendly and open environment. Alpha is open to people of all backgrounds and levels of belief.

What to expect

- **Connection:**

Each session starts with a time of refreshments and a meal, creating a welcoming atmosphere.

- **Content:**

Following the initial connection, there is a video on a topic central to the Christian faith. These videos explore big questions about life and faith, such as “Is there a God?” or "Who is Jesus?" or "Why did Jesus die?".

- **Conversation:**

Participants break into small groups to discuss the talk, ask questions, and share their thoughts. Participants can say whatever they think in a safe and friendly environment.

Who it's for

- People who are new to the Christian faith.
- Anyone curious about Christianity and its core beliefs.
- Those with questions about life, faith, and purpose.
- It's open to everyone and designed to be a space with no pressure or follow-up.

Catholic Alpha is actively promoted by our Bishop and has run with great success in the Vancouver Archdiocese. It is Bishop Joseph’s express wish that Alpha start in Kamloops and then grow throughout the Diocese.

Alpha will run on Thursday evenings from Jan 8 until March 5, as well as on one Saturday (Feb 14).

Questions? Please contact me anytime at cathedralpa@rcdk.org or 587 201 1712

Mark Perren for,
The Alpha Team

***Alpha,* an open space to meet new people,**

And unpack Life's big questions - Together

Thursday evenings in January and February 5:30 - 8 pm at Sacred Heart Cathedral, 255 Nicola Street, Kamloops

Fine, free meal at 6 pm!

Register here with this QR code, or email cathedralpa@rcdk.org

Questions?

Meet new people and explore life together. Alpha is for anyone who's curious. No judgement, no pressure. Each session unpacks a big question of life, faith, and purpose, and is designed to spark conversation. Come along, see what you think!

This program helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is March 2026 in Kelowna. For more information please email grieftogracekelowna@gmail.com or make a confidential call to 250-808-6403.

SEMINARY OF CHRIST THE KING

Vocation Live-Ins

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary drawn closer to Christ, enriched by a deeper understanding of seminary life, and inspired to encourage other boys and men to consider and respond to a possible call to the priesthood or religious life.

Dates of the next Seminary Live ins:
February 7-8, 2026
July 4-5, 2026
If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at vocations@rcdk.org or calling 250-372-2581

2026 Week of Prayer for Christian Unity January 18-25, 2026

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS

Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/