



ROMAN CATHOLIC DIOCESE OF KAMLOOPS

635A Tranquille Rd. Kamloops, BC V2B 3H5

Phone 250-376-3351 Fax 250-376-3363

E-mail info@rcdk.org

Weekly News and Bulletin Information from the Chancery Office to all Parishes and Catholic Schools

September 24, 2024

The Month of October is dedicated to **The Holy Rosary.**

The Holy Father's Intentions for the Month of October 2024



The Holy Father's Prayer Intentions entrusted to his Worldwide Prayer Network for the year 2024

For a Shared Mission

We pray that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people.

Words from our secondary patron, St. John Vianney

“When the heart is pure, it cannot help loving, because it has found the source of love, which is God himself.”



Holy Hour – for Vocations Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to priesthood or religious life, but all are called to pray for vocations. Jesus said, “Pray, therefore, the Lord of the harvest to send out laborers into his harvest” (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am

Mass. Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish



88. Adoration of the Blessed Sacrament is the best time you will spend on earth! (St. Mother Teresa of Calcutta)



Rachel's Corner

"No matter how dark it gets, when you light a candle, the darkness can never overpower the light of Christ. We need to be a people of hope and recognize that God's love in that light overpowers our darkness."

- Fr. Larry Richards

Is it hard to imagine escaping the darkness you have known since your abortion decision? Would you be willing to invite God in, so He can show you the way with His light? Join us for a Rachel's Vineyard™ Retreat.

www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca
250-267-5081

Life Chain

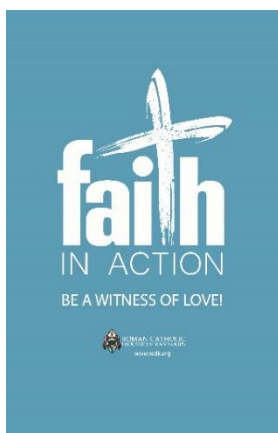
2-3 pm Sunday, October 6, 2024

Life Chain is a peaceful witness of Pro-Life Canadians standing for one hour PRAYING for our country, for an end to abortion, euthanasia and assisted suicide. It is a visual statement of solidarity in support of human life from the moment of conception to natural death. This year we would like to emphasize our commitment to PRAYER to demonstrate our sincerity before God.

Depots: Sacred Heart Cathedral 255 Nicola St.

First Baptist Church 454 Columbia St.

Venue: both sides of Columbia St., between 3rd & 5th Ave.



Faith in Action Campaign 34 - Be a Witness of Love

This weekend, we were given an opportunity to make our pledge in support of Faith in Action Campaign 34. If you were not able to respond, you may send your pledge at a later time. If you did not receive Faith in Action material in the mail, please contact the parish office. Thank you to all who responded to this Faith in Action Commitment Weekend.

Faith in Action also accepts Interac E-Transfers. Simply send your e-transfer contribution to fia@rcdk.org

Faith In Action Campaign 34 Video <https://youtu.be/XM8HXoRFvQ8>



Seminary of Christ the King and St. Joseph Monastery Carmelites
Come work with us: Seminarians work and share at the Carmelites: Armstrong, BC,
October 3-6, 2024

A work-weekend with the Carmelite Sisters in Armstrong. Seminarians are helping the sisters and their farm with tree removal. A time of work and fraternity and meeting young men thinking about the priesthood (or religious life). Give us your energy; give us your thoughts; give us your dreams: Come Follow Me.



Contact your Vocation Director

Put out into the deep

Vancouver archdiocese: vocations@rcav.org

Prince George diocese: vocations.pgdiocese@gmail.com

Kamloops diocese: vocations@rcdk.org

Seminary of Christ the King: info@sck.ca



ST. ANN'S ACADEMY

ESTABLISHED 1880

**ARE YOU AN ALUMNI OF ST. ANN'S ACADEMY?
WE WOULD LIKE TO HEAR FROM YOU.**

Register on our website and follow us on our LinkedIn and Instagram pages and receive information on community points of pride, networking opportunities and events like the next Homecoming!



www.st-anns.ca



St. Ann's Academy



[saa.alumni](https://www.instagram.com/saa.alumni)

STAY CONNECTED & STAY CRUSADERS!

2024 Choose Life Kamloops 40 Day Prayer Vigil **September 25 – November 3, 2024**

-sponsored by Kamloops Catholic Women's League, Knights of Columbus, and Pro-Life Society

-most events occur at Sacred Heart Cathedral unless otherwise indicated

-if registration required contact Kathy Dahl at (250)318- 9698 /
kathysdahlhouse@gmail.com

Something for everyone to do for Life...

Let's protect life and all its challenges from conception until natural death!

***Make a commitment to pray an extra prayer for life! Fast! Give alms!**

- <https://stpeterparish.com/pro-life-prayers>
- **Rosaries for Life:** indoors or outside, kneeling, walking, running. Pray everywhere!
https://www.usccb.org/prayers?key=rosary+for+life&items_per_page=20
- **Prayer, fasting, almsgiving for Life:**
www.40daysforlife.com/en/2018/09/25/practical-tips-for-spiritual-fasting-podcast-140/
- **Sunday, September 29 Pancake Breakfast** OLPH after Masses – all donations of goods and money for Hopewell Clinic and Pregnancy Centre (sponsors Knights of Columbus and Catholic Women's League)
- **Sunday, October 20 Pancake Breakfast** Sacred Heart Cathedral after 8:30 Mass (sponsored by Knights of Columbus)

***Stand for life! Sacred Heart Cathedral - Third Ave at Nicola St.**

- **September 24: 7:15 pm – join us for a Candlelight Pre-Vigil** beginning inside then outside to the Memorial to the Unborn
- **September 25 to November 3, 10-11am – Silent Prayer** on Third Ave or inside the Cathedral
- **October 1 – 31 Month of Mary** - Rosary before and after Mass
- **October 12, 11am to noon Rosary Rally** – join thousand of rallies across Canada on grassy median at Royal Inland Hospital entry Third Ave and Columbia St.
- **November 3, 7:15 pm – Candlelight Post-Vigil** inside and outside

***Host fundraisers! Donate!**

- **Hopewell Clinic and Pregnancy Care Baby Shower Join us for this Live event!**
 - **Saturday October 5, 10-11 am** at Sacred Heart Cathedral – outside plaza
 - Drop baby and parent items off at your church by Sunday September 29 – Sunday October 6 - See list at <https://www.hopewellkamloops.ca/babyshower>
- **St. Vincent de Paul Collection Join us for this Live event!**
 - **Saturday October 26, 10-11am** – outside Sacred Heart Cathedral
 - Drop items off at your church from Sunday October 22 to Sunday October 28: personal care, clothing and food items (List to be posted)

26 outside

***Attend presentations!** Contact Kathy Dahl at (250)318-9698 or

kathysdahlhouse@gmail.com

- **Pastoral Care Training** – 9 online sessions - Sponsored by Diocese of Victoria
 - **Saturdays Sept 28 to Nov 20 9:30 – noon**
 - Register by Sept. 20 – see bulletin announcement for details. Meet on Zoom. Sponsored by Diocese of Victoria.
- **Planning for the Future - Join us for this Live event!**

- **Sunday October 27 12:30 pm - 3 pm Please register.**
 - **Seniors brunch** 12:30 – 1: 30 in Lower Hall of Sacred Heart (after Mass)
 - **Pre-Planning a Funeral** - 1:30 – 3;00 with Sara and Adela from Schoening
- **Advance Care Plans Workshop and Signing Party**
 - **Sunday October 6 and Sunday November 3 12:30 – 3:00**
 - **Drop-in to Boardroom/Lower Hall at Sacred Heart Cathedral** – assistance in wording, completing and witnessing paperwork!
 - Wouldn't it feel great to have your Advance Care Plan signed, shared and stored in a safe place for when it is needed!

***Stay home: research a topic, write about your life, read a book**

- **End of Life in BC:**
 - My Voice booklet and printable forms are available online at <https://www2.gov.bc.ca/assets/gov/people/seniors/health-safety/pdf/myvoice-advancecareplanningguide.pdf> or contact Kathy Dahl
 - **Advance Care Plans** – Get informed on Canadian legalization of Euthanasia/ Assisted Suicide/ Medical Assistance in Dying. During Choose Life 40 Days, let's work towards completing our paperwork. How about taking part in the above **Workshop and Signing Party** See above
 - <https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/end-of-life-care>
 - <https://www.healthlinkbc.ca/more/healthy-aging/seniors-health/care-end-life>
 - <https://www.healthlinkbc.ca/more/healthy-aging/seniors-health/advance-care-planninghttps://patientpathways.ca/navigating-the-bc-healthcare-system-1/understanding-palliative-care-and-hospice>
 - <https://www.interiorhealth.ca/health-and-wellness/palliative-and-end-of-life-care>
- **40 Day Book Club:**
 - **Embracing** (the end of) **Life:** Help for Those Who Accompany the Dying by Michelle O'Rourke and Eugene Dufour (Novalis Publishing)
 - Contact Kathy if you would like to meet on Zoom or in person Sept 30 - Nov 4 Mondays from 11 – 1 for lunch and discussion.

WHAT: Youth Retreat
WHO: Youth from Grades 8 to 12
WHEN: October 19 to 20, 2024
WHERE: St. James Catholic School

The Youth Retreat led by FaceToFace Ministries is back for a 2nd year! Come for two days of fun, keynote talks, practical steps to aid in spiritual growth, small group discussions, Adoration, and more. This annual retreat is meant to help youth go deeper into, or build upon, an existing faith.

Registration:

- Early Bird registration (until Sept 15th) \$35 per student
- \$45 per student After September 15th

<https://www.rccv.org/events/youth-retreat-2024>



CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>