

Saint James Church
2607 27 St
Vernon, BC V1T 4W1

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

Mass Times
1:00 pm Sunday
(St Benedict only)

Mass Times
10:30 am Sunday

Mass Times
5:30 pm Saturday
9:30 am Sunday

6th Sunday of Easter May 5, 2024

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon -Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am



Mark your Calendar

- May 5—Confirmation 1pm OLOV
- May 12 Mothers Day Pancake Breakfast K of C
- May 18—OLOV K of C Yard Sale
- May 26—First Communion 1pm OLOV

LEARN MORE ABOUT OUR FAITH & OUR PARISHES

STAY INFORMED ON EVENTS. GET INVOLVED.

VISIT OUR REFRESHED WEBSITE

www.rccv.org

ROMAN CATHOLIC CHURCHES OF VERNON (RCCV)

PARISH MINISTRIES

CWL (St James)	7:00 pm 1st Tues each month
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Garry Pielak, Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council	Ben Allen, Brian Trafford, Rob Hillis, Gwen Torres, Jeff Routely, Rita Eng

OFFICE

Telephone	250-542-1276	www.rccv.org
email		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

Pastor	Rev Fr Peter Nguyen frpeter@rcdk.org	250-542-1276
Parochial Vicar	Fr Thomas Arackal Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
Permanent Deacon	Deacon Paul Murphy deaconservant1@gmail.com	778-212-2020
Diocese Kamloops Office	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for May

For the formation of religious and seminarians. We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.

Mass Intentions May 06-12

May 06—Mon: 8am SJ	Private Intentions
May 07 Tues: 8am SJ	Bev Doyle—†
May 08—Wed: 8am SJ	Maga Telford—†
May 09—Thurs: 8am SJ	Doyle Family—INT
May 10—Fri: 8am SJ	Giovanni Cuglietta—†
May 11—Sat 9am SJ	Arnold Bernauer—†
5pm SJ	Pauline Kurylo—INT
May 12— Sun 8:30am SJ	SJ Parish Families—INT
10:30am OLOV	OLOV Parish Families—INT
7:00pm SJ	Nella Salvati—†

Novena to the Holy Spirit Starts on Friday, May 10th

The novena in honor of the Holy Ghost is the oldest of all novenas since it was first made at the direction of Our Lord Himself when He sent His apostles back to Jerusalem to await the coming of the Holy Ghost on the first Pentecost. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

Vernon Pro-Life Flower Procession MAY 12 Mothers Day

After 10:30 Mass at OLOV, we will be making a procession from church to the Madonna and Child grotto where we will leave flowers that we supply to Honor Mary, Mother of Jesus and to ask Mary's protection for mothers and their preborn babies. Encourage your child to join you in this short celebration.

Eucharistic Adoration of the Blessed Sacrament at St. James

We kindly request you consider enhancing your life by committing one hour a week as an adorer. Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday-Thursdays. Drop-in visitors are always welcome. We especially need adorers for these hours:

Monday 4-5pm, Tues 12-1pm 3-4pm 5-6pm. Wed 2-3 p.m. Wed. 6-7pm, Thurs 12- 1 pm, Thurs 6-7pm Filled, Thank you Allan! Thurs 8- 9 pm. Filled Thankyou Michael!

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy & Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

Sunday Offertory April 28

St James	\$ 4352
OLOV	\$ 1823
St Benedict	\$145



Next Sunday's Readings:

May 12, 2024

Acts 1.1-11

Ps. 47.1-2, 5-6, 7-8 (R. 5a)

Ephesians 4.1-13

Mark 16.15-20



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Holy Hour—for Vocations

70. "Visit the Blessed Sacrament of some church at least once a day." (Pope John XXIII)

Quote from St John Vianney

"A SOUL in which the Holy spirit dwells is never weary in the presence of God; it gives forth a breath of love."



ROMAN CATHOLIC CHURCHES OF VERNON
Eucharistic Revival

21-FEBRUARY to 24-NOVEMBER-2024

TAKE AN ACTIVE ROLE IN THIS INITIATIVE! CONTACT BERNIERAMIS@GMAIL.COM

St James CWL Grocery Receipts

St. James CWL thanks everyone who is donating grocery receipts. From August 2023 through December 2023, CWL has received \$527 cash back from Nature's Fare Markets, \$400 in gift cards from Butcher Boys and \$30 in gift cards from Buy-Low Foods. We donated \$500 of Butcher Boy gift cards to "Together for Christmas" held at St. James Parish Hall on Christmas Day. To participate please drop your receipts for Butcher Boys, Nature's Fare Markets and Buy-Low Foods into the white "Grocery Receipt" box located on the table in the vestibule of St. James' main entrance. We are now accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary. Any questions contact Amy at 250.308.9612.

Prayer Memorial for the Victims of Abortion

Vernon and Area Pro-life will be holding a prayer vigil on **Thursday May 9th 12 pm** at Cenotaph Park in Vernon. This is a memorial for all victims of abortion. Please come help us in prayer.

Our Lady of the Valley—Knights of Columbus

St Theresa Council 12202

12th Annual yard sale - May 18th, 2024

Gates open @ 7am—2 pm

Lots of great stuff!

Volunteers needed Friday May 17 @ 10 am for setting up displays of sale items.

Contact: Ron patron1962@telus.net(250 550 6867)

Catholic Book Club

Next meeting: **May 15, 2024** 9am in the Monsignor Miles Hall. We will begin **Divine Mercy in My Soul:** Diary of Saint Maria Faustina Kowalska. Please read the Introduction and first 100 paragraphs. Copies are available through Loaves and Fishes in Kelowna. Call Jan for more information 250-309-4123.

Mary is the Star that Guides Us to Jesus

The feast of the Epiphany celebrates the revelation of Christ to the Gentiles in the persons of the Magi. In their pilgrimage to find the newborn King, the Magi encounter Jesus together with his mother Mary. As Don Dolindo noted in his commentary on Matthew, “*Mary is always inseparable from Jesus. She is like the star that guides us to Him, and she makes Him known to us and gives Him to us.*”

Don Dolindo saw in the example of the Magi a spiritual truth that we would do well to meditate on. By giving gifts to Jesus through the hands of Mary, the Magi teach us that the path to Christ is through His mother. As St. Louis de Montfort wrote, “*It is by the most holy Virgin Mary that Jesus has come into the world, and it is also by her that He has to reign in the world. (True Devotion #1). The most holy Virgin Mary, who brought Him into the world the first time, will make His second advent full of splendor. (True Devotion #13).*”

This is the heart of Marian consecration as taught by de Montfort – to give ourselves entirely to Jesus through Mary. De Montfort prescribes an initial period of emptying ourselves through prayer and penance to detach from worldly things. Then we strive to acquire knowledge of ourselves, Mary, and Jesus before making a formal act of consecration, giving all that we are to Jesus through Mary. This total gift of self is not a one-time event, but a way of life animated by the spirit of continual offering.

Don Dolindo similarly emphasized giving everything to Mary as a way of drawing closer to Jesus: “*The gifts that the Magi offered to Jesus, they entrusted to Mary, for the little Infant could not receive them, thus teaching us to pass everything we give to the Son through the Immaculate hands of the Mother.*” Like de Montfort, Don Dolindo saw Mary as the Mediatrix through whom all graces flow, writing that “*if we receive the Redeemer from Her, we also receive every grace from Her.*”

Consecration to Jesus through Mary is not an abstract theological concept but a lived spirituality. De Montfort prescribed concrete practices to keep the spirit of consecration alive, like wearing a chain as a reminder and reciting short prayers of offering throughout the day. Don Dolindo, reflecting on the gifts of the Magi, wrote that we too can offer gifts to Jesus through Mary: “*charity, prayer, and mortification*” for those in the world, and “*voluntary poverty, the offering of obedience, and the sacrifices of fasting, mortification, and chastity*” for those in religious life.

At its core, Marian consecration is about recognizing our poverty before God and seeking to be filled by God’s graces through humble recourse to Mary. It is about giving more than receiving, loving more than being loved. Mary’s role is to teach us how to be little, how to receive the kingdom of God as a child. As de Montfort wrote, that by giving ourselves to Mary without reserve, “*we give more glory to Jesus in a month than in many years of a more demanding devotion*” (True Devotion #222). This is the secret of sanctity revealed by the Holy Spirit to the Saints who walked this way before us.

May we, like the Magi, prostrate ourselves before Jesus and honor his Mother, offering our gifts to Him through her immaculate hands. What greater gift could we give than the gift of ourselves? Let us pray, with Don Dolindo and de Montfort, that by giving all to Mary we may receive the “all” that is Jesus Himself. “*O Jesus Living in Mary, come and live in thy servants in the spirit of thy holiness, in the fullness of thy power, in the perfection of thy ways, in the truth of thy virtues, in the communion of thy mysteries. Have dominion over every adverse power in thy own Spirit to the glory of God the Father. Amen.*” (By St. Louis de Montfort.)

Elie Dib Catholic Exchange Jan 2024

The month of May and the Popes

The pious practice of honoring Mary during the month of May has been especially recommended by the Popes. Pius XII made frequent reference to it and in his great Encyclical *on the Sacred Liturgy (Mediator Dei)* characterized it as one of “other exercises of piety which although not strictly belonging to the Sacred Liturgy, are nevertheless of special import and dignity, and may be considered in a certain way to be

an addition to the liturgical cult: they have been approved and praised over and over again by the Apostolic See and by the Bishops (no. 182).

Paul VI wrote a short encyclical in 1965 using the [Month of Mary](#) devotion as a means of obtaining prayers for peace. He urged the faithful to make use of this practice which is “gladdening and consoling” and by which the Blessed Virgin Mary is honored and the Christian people are enriched with spiritual gifts” (no. 2).

In May of 2002 Pope John Paul II said, “Today we begin the month dedicated to Our Lady a favourite of popular devotion. In accord with a long-standing tradition of devotion, parishes and families continue to make the month of May a ‘Marian’ month, celebrating it with many devout liturgical, catechetical and pastoral initiatives!”

Devotion to Mary

The Blessed Virgin Mary is the Mother of the Church and therefore the example, as well as the guide and inspiration, of everyone who, in and through the Church, seeks to be the servant of God and man and the obedient agent of the promptings of the Holy Spirit.

The Holy Spirit, as Pope Leo XIII reminded us, is the soul of the Church: All the activity and service of the members of the Church, beginning with the supreme participation of the Blessed Mother in the work of the Church, is vivified by the Holy Spirit as the body, in all its activities, is vivified by its soul. The Holy Spirit is the Paraclete, Advocate, and Comforter which Christ Himself sent to be our consolation in the sorrowful mysteries of life, our source of moderation in the joyful mysteries of life, our added principle of exaltation in the glorious mysteries of life.

So He was for the Blessed Mother; so also He is for the least of us; so also He is for the rest of the Church, even for those who are its unconscious but conscientious members.

Wherever there is faith there is the example of Mary, because she lived by faith as the Scriptures remind us...

If, then, piety is the virtue which binds us to the sources of all life, to God, to our parents, to the Church, to Christ, certainly Christian piety binds us, in grateful love, to Mary — or our acceptance of Christ and of the mystery of our kinship with Him is imperfect, partial, and unfulfilled. — *Cardinal John Wright*

From catholicculture.org

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RCCV: St James 2607- 27th Street Vernon BC



Vernon & Area Pro-Life Society


Store: 250-545-0777
3102 31st Ave

Office: 250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



Knights of Columbus
St James Council 4949
Meeting Every 2nd
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401-3003 Gateby Place
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