



ROMAN CATHOLIC
DIOCESE OF KAMLOOPS

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**Weekly News and Bulletin Information from the
Chancery Office to all Parishes and Catholic Schools**

September 17, 2024

The Month of September is dedicated to **Our Lady of Sorrows.**

The Holy Father's Intentions for the Month of September 2024

For the cry of the Earth



We pray that each one of us will hear and take to heart the cry of the Earth and of victims of natural disasters and climactic change, and that all will undertake to personally care for the world in which we live.

Words from our secondary patron, St. John Vianney

"It is only God that can fill the soul."



Holy Hour – for Vocations
Serra Club of Kamloops Diocese

Prayer is a moving force in vocational development. Few are called to priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

Kamloops:

8:00am - 8:45am Wednesday following 7:30am Mass at OLPH

7:50am – 8:50 am Mon., Tues, Thurs. & Fri. 7:50am – 8:50am before 9 am

Mass. Wednesday 9:30 am – 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

8am – 9am Saturdays at Holy Family Parish



88. Adoration of the Blessed Sacrament is the best time you will spend on earth! (St. Mother Teresa of Calcutta)

SUNDAY BULLETIN



Rachel's Vineyard - Kamloops Division
Healing for After Abortion

Rachel's Corner

"I no longer feel the pain of guilt, I feel the normal pain of loss. God, through Rachel's Vineyard Retreat, has healed my heart by showing me His mercy." - Testimonial

Have you been submerged in emotional and spiritual pain since your abortion decision, which has affected you so many different ways? Join us on the next Rachel's Vineyard Retreat and allow Him to breathe His mercy into your heart.

www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca
250-267-5081



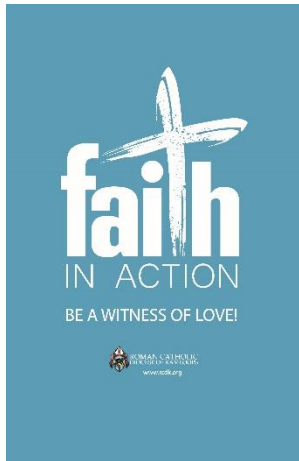
Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is **September 2024 in Kelowna**. For more information, please email griefftoGracekelowna@gmail.com or make a confidential call to 250-808-6403.

Life Chain

2-3 pm Sunday, October 6, 2024

Life Chain is a peaceful witness of Pro-Life Canadians standing for one hour PRAYING for our country, for an end to abortion, euthanasia and assisted suicide. It is a visual statement of solidarity in support of human life from the moment of conception to natural death. This year we would like to emphasize our commitment to PRAYER to demonstrate our sincerity before God.

Depots: Sacred Heart Cathedral 255 Nicola St.
First Baptist Church 454 Columbia St.
Venue: both sides of Columbia St., between 3rd & 5th Ave.



Faith in Action Campaign 34 - Be a Witness of Love

This weekend we heard a personal message on the importance of supporting Faith in Action. If you wish to support this year's Faith in Action Campaign please bring your completed Faith in Action Pledge Form next weekend.

Faith In Action Campaign 34 Video - <https://youtu.be/D33r7BXeoOI>

FREE Workshop for Seniors; St. Joseph CWL in Armstrong

invites you to join their next impactful workshops dealing with aging and end of life.

1. Monday, November 18th, 1 – 2:30 “Our Walk Home” End of life journey, concerns, options and support.

To be held at St. Joseph's Hall at 3335 Patterson St in Armstrong.

Everyone is invited; coffee, tea and desserts to follow.

Please R.S.V.P. - cindytek@telus.net or for more information, call 250 503-7856.



ST. ANN'S ACADEMY

ESTABLISHED 1880

**ARE YOU AN ALUMNI OF ST. ANN'S ACADEMY?
WE WOULD LIKE TO HEAR FROM YOU.**

Register on our website and follow us on our LinkedIn and Instagram pages and receive information on community points of pride, networking opportunities and events like the next Homecoming!



www.st-anns.ca



St. Ann's Academy



[saa.alumni](https://www.instagram.com/saa.alumni)

STAY CONNECTED & STAY CRUSADERS!

2024 Choose Life Kamloops 40 Day Prayer Vigil **September 25 – November 3, 2024**

-sponsored by Kamloops Catholic Women's League, Knights of Columbus, and Pro-Life Society

-most events occur at Sacred Heart Cathedral unless otherwise indicated

-if registration required contact Kathy Dahl at (250)318- 9698 /
kathysdahlhouse@gmail.com

Something for everyone to do for Life...

Let's protect life and all its challenges from conception until natural death!

***Make a commitment to pray an extra prayer for life! Fast! Give alms!**

- <https://stpeterparish.com/pro-life-prayers>

- **Rosaries for Life:** indoors or outside, kneeling, walking, running. Pray everywhere!
https://www.usccb.org/prayers?key=rosary+for+life&items_per_page=20
- **Prayer, fasting, almsgiving for Life:**
www.40daysforlife.com/en/2018/09/25/practical-tips-for-spiritual-fasting-podcast-140/
- **Sunday, September 29 Pancake Breakfast** OLPH after Masses – all donations of goods and money for Hopewell Clinic and Pregnancy Centre (sponsors Knights of Columbus and Catholic Women's League)
- **Sunday, October 20 Pancake Breakfast** Sacred Heart Cathedral after 8:30 Mass (sponsored by Knights of Columbus)

***Stand for life! Sacred Heart Cathedral - Third Ave at Nicola St.**

- **September 24: 7:15 pm – join us for a Candlelight Pre-Vigil** beginning inside then outside to the Memorial to the Unborn
- **September 25 to November 3, 10-11am – Silent Prayer** on Third Ave or inside the Cathedral
- **October 1 – 31 Month of Mary** - Rosary before and after Mass
- **October 12, 11am to noon Rosary Rally** – join thousand of rallies across Canada on grassy median at Royal Inland Hospital entry Third Ave and Columbia St.
- **November 3, 7:15 pm – Candlelight Post-Vigil** inside and outside

***Host fundraisers! Donate!**

- **Hopewell Clinic and Pregnancy Care Baby Shower Join us for this Live event!**
 - **Saturday October 5, 10-11 am** at Sacred Heart Cathedral – outside plaza
 - Drop baby and parent items off at your church by Sunday September 29 – Sunday October 6 - See list at <https://www.hopewellkamloops.ca/babyshower>
- **St. Vincent de Paul Collection Join us for this Live event!**
 - **Saturday October 26, 10-11am** – outside Sacred Heart Cathedral
 - Drop items off at your church from Sunday October 22 to Sunday October 28: personal care, clothing and food items (List to be posted)

26 outside

***Attend presentations!** Contact Kathy Dahl at (250)318-9698 or

kathysdahlhouse@gmail.com

- **Pastoral Care Training** – 9 online sessions - Sponsored by Diocese of Victoria
 - **Saturdays Sept 28 to Nov 20 9:30 – noon**
 - Register by Sept. 20 – see bulletin announcement for details. Meet on Zoom. Sponsored by Diocese of Victoria.
- **Planning for the Future - Join us for this Live event!**
 - **Sunday October 27 12:30 pm - 3 pm Please register.**
 - **Seniors brunch** 12:30 – 1:30 in Lower Hall of Sacred Heart (after Mass)
 - **Pre-Planning a Funeral** - 1:30 – 3:00 with Sara and Adela from Schoening

- **Advance Care Plans Workshop and Signing Party**

- **Sunday October 6 and Sunday November 3 12:30 – 3:00**

- **Drop-in to Boardroom/Lower Hall at Sacred Heart Cathedral** – assistance in wording, completing and witnessing paperwork!
- Wouldn't it feel great to have your Advance Care Plan signed, shared and stored in a safe place for when it is needed!

***Stay home: research a topic, write about your life, read a book**

- **End of Life in BC:**

- My Voice booklet and printable forms are available online at <https://www2.gov.bc.ca/assets/gov/people/seniors/health-safety/pdf/myvoice-advancecareplanningguide.pdf> or contact Kathy Dahl
- **Advance Care Plans** – Get informed on Canadian legalization of Euthanasia/ Assisted Suicide/ Medical Assistance in Dying. During Choose Life 40 Days, let's work towards completing our paperwork. How about taking part in the above **Workshop and Signing Party** See above
 - <https://www2.gov.bc.ca/gov/content/health/accessing-health-care/home-community-care/care-options-and-cost/end-of-life-care>
 - <https://www.healthlinkbc.ca/more/healthy-aging/seniors-health/care-end-life>
 - <https://www.healthlinkbc.ca/more/healthy-aging/seniors-health/advance-care-planning><https://patientpathways.ca/navigating-the-bc-healthcare-system-1/understanding-palliative-care-and-hospice>
 - <https://www.interiorhealth.ca/health-and-wellness/palliative-and-end-of-life-care>
- **40 Day Book Club:**
 - **Embracing** (the end of) **Life: Help for Those Who Accompany the Dying** by Michelle O'Rourke and Eugene Dufour (Novalis Publishing)
 - Contact Kathy if you would like to meet on Zoom or in person Sept 30 - Nov 4 Mondays from 11 – 1 for lunch and discussion.

EUCHARISTIC MIRACLES OF THE WORLD EXHIBIT

Created by Blessed Carlo Acutis



SACRED HEART CATHEDRAL

255 Nicola Street, Kamloops BC V2C 2P3

September 25 – September 29, 2024

EXHIBITION HOURS

Wednesday – Friday

3 – 4 pm & 6 – 9 pm

Saturday

9:45 am – 4 pm & 6 – 9 pm

Sunday

9:30 am – 3 pm



*Discover the beautiful
mystery of our Lord and
learn about the many
amazing ways he has
appeared to us in this
international Vatican
approved exhibit.*

**FREE ADMISSION – DONATIONS APPRECIATED
BOOK TABLE ACCEPTS CASH OR CHEQUES ONLY**

Youth Retreat 2024

WHAT: Youth Retreat

WHO: Youth from Grades 8 to 12

WHEN: October 19 to 20, 2024

WHERE: St. James Catholic School

The Youth Retreat led by FaceToFace Ministries is back for a 2nd year! Come for two days of fun, keynote talks, practical steps to aid in spiritual growth, small group discussions, Adoration, and more. This annual retreat is meant to help youth go deeper into, or build upon, an existing faith.

Registration:

- Early Bird registration (until Sept 15th) \$35 per student
- \$45 per student After September 15th

<https://www.rccv.org/events/youth-retreat-2024>



The poster features a dark blue background with diagonal light blue stripes. At the top, the Facetoface Ministries logo is displayed, consisting of a shield with a cross and a sunburst, followed by the text 'FACETOFACE MINISTRIES' in white, bold, uppercase letters. Below this, the word 'RETREAT' is written in a very large, white, bold, uppercase font. Underneath, the dates 'OCTOBER 19 - 20' are shown in a white, bold, uppercase font. To the left of the QR code, the text 'GRADES 8 - 12' is written in a large, white, bold, uppercase font. To the right of the QR code, the text 'REGISTER HERE' is written in a smaller, white, bold, uppercase font. At the bottom, the text 'ST. JAMES CATHOLIC SCHOOL Vernon, BC' is written in a white, bold, uppercase font.

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS



Catholic Independent Schools of Kamloops

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>