

Saint James Church
2607 27 St
Vernon, BC V1T 4W1



Mass Times
5:00 pm Saturday
8:30 am Sunday
7:00 pm Sunday

St. Benedict's/St Theresa's
Head of the Lake Rd
Vernon, BC



Mass Times
1:00 pm Sunday
(St Benedict only)

Our Lady of the Valley
10102 Middleton Drive
Coldstream, BC



Mass Times
10:30 am Sunday

Sacred Heart Church
2202 Park Ave
Lumby, BC V0E 2G0



Mass Times
5:30 pm Saturday
9:30 am Sunday

4th Sunday of Lent

March 10, 2024

FASTING

The law of "*abstinence for meat*" binds those who are 14 and older
The law of "*fasting*" binds those from 18-59 years of age

OFFICE

Telephone	250-542-1276	www.rccv.org
email		stjamesvernon@rcdk.org
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

St James

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon—Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am

PARISH MINISTRIES

CWL (St James)	7:00 pm 1st Tues each month
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: www.facebook.com/kofc4949
KOC (OLOV)	St Teresa Council 12202: www.kofc12202.ca
Finance Committee (St James)	Alex Dantzer, Randy Patterman, Jim Allaway
Finance Committee (OLOV)	Garry Pielack, Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council	Ben Allen, Brian Trafford, Rob Hillis, Gwen Torres, Jeff Routely, Rita Eng

Holy Week and Easter Schedule

Lenten mass	Every Friday	OLOV	11: 00 am
Lenten Confession	March 20th, Wednesday	St James	6:30 pm

Station of the Cross 7:00 pm St James

March 15	St James School	March 22	Kasia
----------	-----------------	----------	-------

Holy Thursday	March 28	OLOV	7:00 pm
Good Friday	March 29	St James	12:00 noon
		OLOV	3:00 pm
Easter Vigil	March 30	OLOV	7:00 pm
Easter Sunday	March 31	St James	8:30 am
		St James	1:00 pm
			(no 7pm mass)
		OLOV	10:30 am

Pastor	Rev Fr Peter Nguyen frpeter@rcdk.org	250-542-1276
Parochial Vicar	Fr Thomas Arackal Sacred Heart, Lumby and St Benedict/St Theresa	250-547-9070
Permanent Deacon	Deacon Paul Murphy deaconservant1@gmail.com	778-212-2020
Diocese Kamloops Office	635A Tranquil Rd Kamloops, BC V2B 3H5	250-376-3351

St James School
2700 28th Avenue
Vernon, BC V1T 1V7

Melanie Inzunza — Principal
(250) 542-4081
Ascend Catholic School Online

www.stjamesvernon.com
office@stjamesvernon.com
www.rcdk.org/ascend-online-school



Mission Statement: United in the Eucharist to love and serve.

Vision Statement: Inspired by the Spirit to:
-know our faith and vocation
-serve the needs of others
-welcome new parishioners into our faith community
-share our excitement about Jesus

Pope Francis' Prayer Intention for March

For the new martyrs - We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

Mass Intentions March 11—17

March 11—Mon: 8am SJ	Joe Franssen—†
March 12- Tues: 8am SJ	Louise Franssen—INT
March 13—Wed: 8am SJ	Modesta Calantuan—†
March 14—Thurs: 8am SJ	Olga Mulvey—INT
March 15—Fri: 8am SJ	Wayne Sander—†
March 16—Sat 9am SJ	Bryan W. Haines—†
5pm SJ	Rock Paul Calaycay—†
March 17— Sun 8:30am SJ	SJ Parish Families—INT
10:30am OLOV	OLOV Parish Families—INT
7:00pm SJ	Linda Shishis—†

Mark your Calendar

- April 04—Fill the Valley—OLOV @ 6:00 pm
- April 07—1st Sunday of the month—Food For The Poor and for the Healing, Reconciliation and Forgiveness with Indigenous Peoples
- April 07—Pancake Breakfast—KofC 4949

Eucharistic Adoration of the Blessed Sacrament at St. James

We kindly request you consider enhancing your life by committing one hour a week as an adorer. Holy Eucharistic Adoration hours are 9 a.m. to 9 p.m. Monday-Thursday. Drop-in visitors are always welcome. We especially need adorers for these hours:

Wed 2-3 p.m., Thurs 12 p.m. – 1 p.m., and Thurs 8 p.m. – 9 p.m.

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy & Bruce Bernhardt (250) 308-9612 or adorationstjames@gmail.com.

2024 PARISH ENVELOPES & E-TRANSFER DONATIONS

Envelopes are available for pickup in the churches
(Please do not use 2023 envelopes, as your number changed.)

If you have registered for PAD, there is a smaller box of Special Collection envelopes for you.

Interac E-transfer Donations

St James givingstjamesvernon@rccv.org
OLOV givingolov@rccv.org
St Benedict givingstbenedict@rccv.org



Next Sunday's Readings:

March 17, 2024
Jeremiah 31.31-34++
Ps. 51.1-2, 10-11, 12-13 (R. 10)
Hebrews 5.7-9
John 12.20-33



SERRA CLUB of KAMLOOPS DIOCESE

Holy Hour—for Vocations

61. *You will find visits to the Most Blessed Sacrament very conducive to increase in you Divine Love.*

(St. Mary Madalene of Pazzi)

Quote from St John Vianney

"The Saints were so completely dead to themselves that they cared very little whether others agreed with them or not."



Remembering Vocations in your Lenten Devotions—2024

Meditation in the words of His Holiness, Pope Francis:

"Dear friends, Lent is the favorable season for renewing our encounter with Christ, living in his word, in the sacraments and in our neighbor. The Lord, who overcame the deceptions of the Tempter during the forty days in the desert, shows us the path we must take." "Let us pray for one another so that, by sharing in the victory of Christ, we may open our doors to the weak and poor. Then we will be able to experience and share to the full the joy of Easter."

Weekly Meditations

March 10, Fourth Sunday in Lent

"The Church's mission in enlivened by a spirituality of constant exodus. We are challenged to go forth from our own comfort zone in order to reach all the peripheries in need of the light of the Gospel. The Church's mission impels us to undertake a constant pilgrimage across the various deserts of life, through the different experiences of hunger and thirst for truth and justice."
Pope Francis

DAYS OF REFLECTION AT HIS FEET

All Women are Invited

Friday, March 22nd beginning at 7:00 pm
Saturday, March 23rd at 8:00 am to 3:30 pm

Our Lady of Perpetual Help Parish Centre

635 Tranquille Road, Kamloops, BC
For more information
Contact: Domenica Spina at domenicaspina@yahoo.ca

NOTICE—INCOME TAX Receipts had been mailed this week.



St James School

Kindergarten Registration for 2024-2025

Kindergarten registration is happening now at St. James School! Please contact us to book a tour and register for our Ready Set Learn event on March 06 from 9-10:30 am

Catholic Book Club

Next meeting: **March 20, 2024** at 9 am in the Monsignor Miles Hall. We will discuss chapters 3 and 4 of *Jesus and the Jewish Roots of the Eucharist* by Brant Pitre. There are still copies available for \$2 at the parish office. All are welcome.

Call Jan for more information 250-309-4123.

	Sunday Offertory	Faith In Action Assessment	Faith In Action Actual
--	-------------------------	-----------------------------------	-------------------------------

St. James	\$3,428	\$ 42,529	\$ 76,410
OLOV	\$ 2,192	\$ 24,408	\$ 52,880
St Benedict	\$ 130	\$ 2,206	\$ 2,960

Supper + Sacrifice

Parish Mission 2024

Come to a series of five talks that explore the important biblical connections that foreshadowed the sacrifice that was made once and for all on Calvary.

**When : 5 Wednesdays (different but connected topics)
February 21 and 28, March 6, 13, and 20
7:00 PM to 8:30 PM**

Where : Our Lady of the Valley Church

Cost : FREE. ALL ARE WELCOME.

SCAN REGISTER



SEASON OF LENT

Lent is the yearly celebration by the Church of its corporate conversion in Jesus Christ. During Lent, the liturgy prepares catechumens to celebrate the Paschal Mystery by the various stages of Christian Initiation. It also prepares the faithful for Easter as they recall their Baptism and do penance in preparation for the greatest Feast of the year. (See GNLY, no. 27)

Lent has two major purposes: It recalls or prepares for Baptism, and emphasis a spirit of penance. Through forty days of closer attention to God’s Word and of more fervent prayer, believers are prepared to celebrate the Paschal Mystery. Lenten instructions stress these baptismal and penitential themes.

During Lent, it is important to teach the social consequences of sin as well as the fact that the heart of the virtue of penance is hatred of sin as an offence against God.

The Church encourages penitential practices that are external and social, reflecting the circumstances of individuals and communities, as we pray and do penance for sinners.
(See CSL, nos. 109-110)

Hallow

Pray with your family
wherever, whenever



ENTRE CODE:
CISKD-SJVPARENTS23-24
ENJOY 90 DAYS FREE ACCESS

Download on the App Store
GET IT ON Google Play



COOL KINGDOM PARTY

Mary Leads Me Closer To Jesus

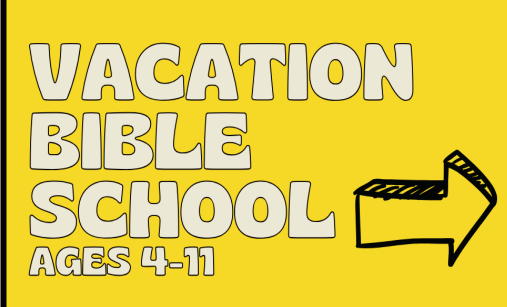


SAVE THE DATE

STAY TUNED FOR MORE INFO.

VACATION BIBLE SCHOOL

AGES 4-11



ADULT & TEEN VOLUNTEER OPPORTUNITIES!

CONTACT CHANTELE
CHOFFBAUER@GMAIL.COM



Knights of Columbus Fish Fry
Friday, March 22nd @ the Parish Centre
\$ 20 Adults \$10 Child 6-12 yrs.
Tickets @ Parish Office, SJS, Columbus Court and after weekend masses.

Knights of Columbus—Silver Rose Service
Dedicated to the Sanctity of Life
Thursday, March 14th @ 7:00 pm
St James Church

Knights of Columbus—Pancake Breakfast
April 07th
May 12th (Mother’s Day)
June 02nd

AUGUST 19-23, 2024
MON.-FRI. MORNINGS (UNTIL NOON)


COOL KINGDOM PARTY - MARY LEADS ME CLOSER TO JESUS



Grocery Receipt Program

CWL is collecting receipts from Butcher Boys, Nature’s Fare Markets & Buy-Low Foods. We are accepting Freshco grocery receipts on behalf of Vernon Jubilee Hospital Auxiliary. These stores will donate back a percentage of the amount of the receipt.

Please put your receipts in the white “**Grocery Receipt Program**” box located on the table in the vestibule of the main entrance of St. James Church.



FULL-TIME BOOKKEEPER

Catholic Independent Schools Kamloops Diocese

The Catholic Independent Schools of the Kamloops Diocese (CISKD) is seeking an experienced individual to bring a depth of experience and financial acumen to supervise and lead financial operations across the CISKD and its Schools..

Current Job Postings can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>

Your Local Handyman Service

Small Projects & Repairs.



Call Today! (250) 540 9837 www.250handyman.com




Come Visit the New and Exciting City Furniture!

- Furniture • Appliances
- Mattresses • Electronics
- Accessories

5401 Anderson Way
Between KallTire & Superstore 250-549-3121

EXPERIENCE BETTER VISION
iris.ca




Dr. Mark Langer
Optometrist
250.542.2239

4900 27th Street, Suite 760
Vernon, BC, V1T 7G7
mark.langer@iris.ca
fax: 1.866.875.3081

Confraternity of the Knights of St. Peter and St. Paul

Grand Chapter of British Columbia

Grand Prior Chev. Guenter A. Rieger




www.facebook.com/KnightsofStPeterandStPaul/
www.knightsofstpeterandstpaul.com

PLEASANT VALLEY DENTAL

Dr. Sean Bicknell D.M.D., B.Sc.(Dent.)
General, Cosmetic, and Implant Dentistry

3607 - 27th Street, Vernon, BC
250-558-4222
www.pleasantvalleydental.ca



Rieger Farms

Armstrong, BC

Free Range Eggs

Guenter & Regina Rieger

www.RiegerFarms.com



Vernon LANDSCAPE Centre

Marc Fortier
Owner

- Soils & Garden Mix
- Bark Mulches
- Decorative Rock & Shale
- Sand & Gravel
- Natural Rock & Stone
- Flagstone • Concrete
- Pavers & Slabs
- Retaining Wall Blocks
- Landscaping Supplies
- Pond Supplies
- Outdoor Lighting

4620 - 23rd Street Vernon, BC V1T 4K9
Tel: (250) 542-8191
Fax: (250) 542-8660
Cell: (250) 309-8997
FREE ONSITE LOADING



COULCARE FOOTCARE

CREATING 'HAPPY FEET'

Helping seniors and those with foot concerns related to chronic health issues


Debbie Coulombe RPN ADPN PID Footcare Nurse
Mobile Footcare Nurse: 236-768-8802
Email: coulfeetio@gmail.com

Culos & Co.

Law Corporation

Robert M. Culos
Lawyer

3006 32nd Avenue
Vernon, BC V1T 2L7
vernon@culoslaw.com
Ph: 250-549-7168




RON LA ROSE
Licensed Funeral Director
vernon@cypressfuneral.ca

4417 29 Street
Vernon, BC V1T 5B7
T 250.558.0866 F 250.558.0882
cypressfuneral.ca



GREEN LION FARMS

Fresh Sustainable Local Produce
365 days a year
3922 Hullcar Rd
Armstrong, BC V0E 1B4
Call us today 250-938-0076
On-Line order: <https://www.greenlionfarms.ca/>



Acutruss INDUSTRIES

Barry Schick
General Manager
Email: bschick@acutruss.com

2003 43rd Street
Vernon, BC, V1T 6K7
Phone: (250) 545-3215 Fax: (250) 545-2953
www.acutruss.com



COBBLER'S RACK SHOES AND REPAIRS

SHOE /WORK BOOT REPAIRS
ALTERATIONS - ZIPPER REPAIRS
BAG/ACCESSORIES REPAIRS

QUALITY FOOTWEAR FOR EVERY OCCASION

250-542-0264


3204-30th Ave, Vernon cobblersrack.com

FORMED

Our Parish has a FORMED subscription.

Visit signup.formed.org and select our parish name.

RCCV: St James 2607- 27th Street Vernon BC



Vernon & Area Pro-Life Society


Store: 250-545-0777
3102 31st Ave

Office: 250-545-5520
3105C 31st Ave

Donations - the store accepts good quality clothing, household items, books, etc.

Store hours - Monday to Saturday, 10am until 2pm

Store volunteers needed, or for \$20.00 yearly become a member. If you need help or support for you and your child, please call the office.



Knights of Columbus St James Council 4949

Meeting Every 2nd Tuesday of the month

401-3003 Gateby Place
(Columbus Court)
For Info call 250-542-9229



LINQ Flooring

Create Your Space, Your Way.


Official Flooring Supplier to St. James Parish

Gratitude and Blessings...

Residential & Commercial Flooring | Tile | Cabinet Hardware | Quartz Countertops | Synthetic Turf

250-281-1116
LINQFLOORING.COM

DIOCESE OF KAMLOOPS Permanent Diaconate Formation



Mission Service
Ministry of Liturgy
Ministry of Charity
Ministry of Word

Contact the formation team at: deaconpaul@rccdk.org
For additional information or questions:
Fr Dale Normandeau (604) 905-9897
Deacon Paul (778) 212-2020

"Not to be served, but to serve"