

**Saint James Church**  
2607 27 St  
Vernon, BC V1T 4W1

**Our Lady of the Valley**  
10102 Middleton Drive  
Coldstream, BC

**St. Benedict's**  
122 Head of the Lake  
Rd, Vernon, BC

**St Theresa's Church**  
11365 Westside Road  
Vernon, BC

**Sacred Heart Church**  
2202 Park Ave  
Lumby, BC V0E 2G0



**Mass Times**  
5:00 pm Saturday  
8:30 am Sunday  
7:00 pm Sunday



**Mass Times**  
10:30 am Sunday



**Mass Times**  
12:00 pm Sunday  
1st, 3rd and 5th Sunday



**Mass Times**  
12:00 pm Sunday  
2nd & 4th Sunday



**Mass Times**  
5:30 pm Saturday  
9:30 am Sunday

## 18TH SUNDAY IN ORDINARY TIME

**AUGUST 03, 2025**

**THE MONTH OF AUGUST IS DEDICATED TO THE IMMACULATE HEART OF MARY**

### Welcome to Your Faith Family!

Please register! Registering is the official way to be a part of our parish family. Registration is our formal commitments to our faith family and to take part in the Church's mission to evangelize.

Registration is also important for scheduling sacraments, attaining sponsor certificates, and getting donation statements for Income Tax purposes.

We have registration forms available at the office or go to the website!

### Notes/Reminder

- Aug 03—1st Sunday of the month—Food for the Poor & Jubilee Prayer
- Aug 07—Fill The Valley—OLOV—6-7pm
- Aug 09—Fr. Peter's sister Fundraising Dinner (save the date-see details)

### **INTERAC/E-TRANSFER DONATIONS**

St James	<a href="mailto:givingstjamesvernon@rccv.org">givingstjamesvernon@rccv.org</a>
OLOV	<a href="mailto:givingolov@rccv.org">givingolov@rccv.org</a>
St Benedict	<a href="mailto:givingstbenedict@rccv.org">givingstbenedict@rccv.org</a>

### **OFFICE**

Telephone:	250-542-1276	<a href="http://www.rccv.org">www.rccv.org</a>
Email:	<a href="mailto:stjamesvernon@rcdk.org">stjamesvernon@rcdk.org</a>	
Office Hrs.	8 am—2:pm	Mon-Tues-Thurs-Fri
	Closed	Wednesday

### **St James**

Daily Mass	Mon-Fri	8:00 am
	Saturday	9:00 am
Reconciliation	Saturday	9:30-10:30 am
		4:00-4:45 pm
Eucharistic Adoration	Mon—Thursday	9 am—9 pm
@ St Benedict	1st Friday	10 am
4 Mysteries of the Rosary	1st Saturday	7:30-8:40 am

### SACRAMENT OF BAPTISM

Please contact the Parish Office at least 6 WEEKS prior to your requested date to ensure time for your preparation.

### SACRAMENT OF MARRIAGE

In preparation for your marriage celebration at the Catholic Church, please contact the office at least 6 MONTHS prior to your requested wedding date.

<b>Pastor</b>	Rev Fr Peter Nguyen <a href="mailto:frpeter@shaw.ca">frpeter@shaw.ca</a>	250-542-1276
<b>Parochial Vicar</b>	Fr Henry Nwaimo Sacred Heart, Lumby and St Benedict/St Theresa	250-214-4060 250-547-9070
<b>Permanent Deacon</b>	Deacon Paul Murphy	778-212-2020 (call or text)
<b>Diocese Kamloops Office</b>	635A Tranquille Rd Kamloops, BC V2B 3H5	250-376-3351

**St James School**  
2700 28th Avenue  
Vernon, BC V1T 1V7

Melanie Inzunza — Principal  
(250) 542-4081  
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[www.stjamesvernon.com](http://www.stjamesvernon.com)  
[office@stjamesvernon.com](mailto:office@stjamesvernon.com)  
[www.rcdk.org/ascend-online-school](http://www.rcdk.org/ascend-online-school)



### MASS INTENTIONS—Aug 04-10

Aug 04	Mon	8 am SJ	CWL Intentions	INT
Aug 05	Tues	8 am SJ	Pro-Life Against Abortion	INT
Aug 06	Wed	8 am SJ	Leo Hughes' Children	INT
Aug 07	Thurs	8 am SJ	Steve Banducci	RIP
Aug 09	Fri	8 am SJ	Arnie & Bonnie L Luttmerring	INT
Aug 09	Sat	9 am SJ	Private Intentions	INT
		5 pm SJ	Gertrude Niedballa	INT
Aug 10	Sun	8:30 am SJ	SJ Parish Families	INT
		10:30 am OLOV	OLOV Parish Families	INT
		7:00 pm SJ	Private Intentions	INT

### PARISH MINISTRIES

CWL (St James)	7:00 pm 2nd Tuesday of the month (Jan, Apr, Sept, Nov) Monsignor Miles Hall
CWL (OLOV)	11:00 am 1st Sat (Feb, April, June Sept & Nov)
KOC (St James)	Council 4949: <a href="http://www.facebook.com/kofc4949">www.facebook.com/kofc4949</a>
KOC (OLOV)	St Teresa Council 12202: <a href="http://www.kofc12202.ca">www.kofc12202.ca</a>
Finance Committee (St James)	Alex Dantzer, Randi Patterman, Jim Allaway Justin Sharma, Carmen Riguedell
Finance Committee (OLOV)	Gord Adams, James Lockwood, Ewen Pitt
Parish Pastoral Council (St James)	David Evans, Deanna Johnstone, Michael Flahiff Eric Hoffbauer, Lorena Clowes Email: <a href="mailto:ppcstjames@gmail.com">ppcstjames@gmail.com</a>
Parish Pastoral Council (OLOV)	Maureen Rinn, Ben Allen, Jeff Routley, Judit Spence Email: <a href="mailto:ppcoulady@gmail.com">ppcoulady@gmail.com</a>
Parish Pastoral Care Ministry	Contact the Parish Office Email: <a href="mailto:stjamesvernon@rcdk.org">stjamesvernon@rcdk.org</a>



### Next Sunday's Readings:

**August 10, 2025**

Wisdom 18.6-9  
Ps 33.1+12, 18-19, 20+22 (R.12)  
Hebrews 11.1-2, 8-19  
Luke 12.32.-48



### SERRA CLUB of KAMLOOPS DIOCESE

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### Quote from St. John Vianney

"Live on Him that you may live for Him". Of Holy Communion



### Sunday Offertory - July 27

#### Regular

St James	\$ 3,730
OLOV	\$ 2,542
St Benedict	\$ 240

*Thank you for your generosity.*



### PASTORAL CARE MINISTRY

If you are in the hospital, in the homes, please phone the office at 250-542-1276 or email at [stjamesvernon@rcdk.org](mailto:stjamesvernon@rcdk.org) for Pastoral Care.



### Dinner Invitation for Sister Maria Thanh

Join Us in an Evening of Generosity and Hope

Warmest greetings and heartfelt gratitude to each of you for the unwavering support, compassion, and solidarity you have always shown in times of need. In this spirit of togetherness, we invite you to a special dinner in honor of **Sister Maria Thanh, beloved sister of Fr. Peter**

- Saturday, August 09th after 5:00 pm mass
- St James Basement/Parking lot
- Cuisine: **Filipino Foods will be served—by DONATION**
- Please contact the office on or before August 05th on either by email or by phone if you are able to come so we can estimate the food to prepare

Please come, bring your friends and family, and support this meaningful evening.

### Eucharistic Adoration of the Blessed Sacrament at St. James Church (9am—9pm Mon-Thurs)

Enhance your life by committing one hour a week as an adoror. Drop-in visitor are always welcome.

*We especially need adorers for these hours.*

Mon 3-4 pm and 4-5 pm Tuesday 3-4 pm  
Wed. 12-1, 2-3pm and 6-7 pm Thurs 12-1 pm

For anyone interested in reaping the tremendous benefits of Holy Eucharistic Adoration, please contact Amy and Bruce Bernhardt (250) 308-9612 or [adorationstjames@gmail.com](mailto:adorationstjames@gmail.com)



## There's More to St. James than Meets the Eye

James the Greater was one of three disciples who were considered members of Jesus' "inner" circle. In other words, he, along with Peter and John, were Jesus' closest friends. Now Scripture tells us *lots* about Peter: he was the impetuous and rash fisherman who was both the first to declare Jesus as Messiah, as well as the one to deny Him three times. It is Peter to whom Jesus gave the keys to the Kingdom of God. Peter was to become the very first leader of the Church of Jesus Christ.

We also know a lot about John. This brother of James was presumably the youngest among the disciples—full of "thunder" at the beginning of his walk with the Lord, but by the end, his heated passion had transformed into a heart on fire for nothing but *love*. It is John who took the mother of Love into his home, and John alone is the only one among the apostles who was not martyred for the Faith. Scripture offers us many details written about John as well as *by* John. These words are a treasure to our hearts.

But James the Greater? For someone who was considered one of Jesus' best friends, we really know very little. Scholars believe he was referred to as "Greater" not because he was any "better" or "holier" than James the Lesser, but for a much more practical reason: he was taller. Like John, James was also a son of Zebedee, also called "Son of Thunder" by Our Lord. Other than the fact that James witnessed the Transfiguration of Jesus and later became the first of the original twelve disciples to be martyred, we know nothing else scripturally about this apostle.

So those are the highlights of James' life in a nutshell. Would it not have been wonderful to know more? So many missing details—what happened in between these scant recorded events? Who was James, really? What was it about James that made him one of Jesus' best friends?

Of course, the answer to this question would necessarily involve some speculation. But perhaps there are a few clues we can glean from Scripture to understand more about this apostle James—beginning with his *mother*. Now, Scripture reveals quite a bit about the mother of *Jesus*: she was "full of grace" (Lk. 1:28), ready to obey whatever God asked of her, humble, pondering, willing to serve. The Church teaches that the moment John took Mary into his home, she became our mother too. And traditionally speaking, she was the *best* mother that ever was!

But what about James' mother? One window into her heart that we are given is from the scene in which she "approached" Jesus, asking that He "command" her two sons to "sit, one at your right and the other at your left, in your kingdom" (Mt. 20:20-21). What do her actions tell us? James' mother, Salome, in a sense, is a *manipulative* woman. But let's understand: her act of manipulation does not mean that she was a "bad" woman. Certainly, along with her tendency to manipulate would have been many good qualities too. After all, Salome ended up as one of the friends most loyal to Christ as He carried His Cross (see Mt. 27:55-56)—the time when He needed His friends most! Still, we all have our "thorn," and evidently, manipulation was the thorn with which Salome struggled.

Other than what her actions tell us about her, what do her actions tell us about her sons—especially about James? Well, as the older brother of the two, should James not have been able to stand up to his mother so as to avoid embarrassing them both? Was James really that weak? No, it is hard to imagine that James' mother "forced" him to come with her to ask Jesus for anything; which tells us that if James went with her, it would have been because he was *willing* to go. In fact, according to Mark's account of the scene, it was James himself, along with his brother, who were the ones to make the request of Jesus:

*They answered him, "Grant that in your glory we may sit one at your right and the other at your left."* (Mk. 10:37)

Which brings us to the request itself. Whether it was James' mother who had her sons' support, or James himself who made the request of Jesus, what does the requested favor tell us about James? It tells us that just as Salome, who was a *good* woman, struggled with being manipulative, so too did James, who was a *good* man, struggle with lack of humility.

Let's recall, James, at this point, had seen the miracles—even performed them himself; he had heard the brilliant responses to the questions asked of Jesus, the profound teachings, the mysterious parables. He had witnessed Jesus *transfigured*. But unlike Peter, whose awareness of his own personal failings caused him to call out, "Depart from me, Lord, for I am a sinful man" (Lk. 5:8), we hear of no personal awareness on the part of James. Perhaps we begin to understand what it was about Peter that set him apart from all the others to be the chosen apostle to lead them all. Nothing is more dear to Our Lord's heart than the virtue of *humility*.

Lest we be too hard on James, let's remember, this peek into James' discipleship which Scripture reveals to us is just one day, one moment of his life, and it takes place long before James' role as apostle begins. It is true, at this point, James all but ignored the *three* prophetic warnings Jesus has given about His own impending death, preferring instead to dream about ruling as second-in-command. But this is only how James *started out*.

At this point, he is still not the man that he is to *become*. Later, as the first among them to be martyred, he would prove that he could drink the chalice that his Master Himself drank. And judging by the fact that so little mention is made of James throughout the entire New Testament, evidently, he finally did learn the gift that is *humility*, the one virtue that paved his way to the Kingdom of heaven.

And so, from James we learn that there is never a reason to despair over our frustrating, seemingly interminable vices with which we struggle. In fact, it is the recognition and awareness of our struggle with sin and temptation that opens the door to *humility*—which is our only path to heaven. As long as we acknowledge our weaknesses and sinfulness in humility and contrition, and keep striving for virtue, we too can be counted among Jesus' "inner circle."

**Source:** *Catholic Exchange*

## Prayer/Funeral Services

Anne Kopp

—Prayer—

Monday, Aug 4 at 5pm—St James

—Funeral—

Tuesday, Aug 5 at 3pm

—Our Lady of the Valey



## The Holy Father's Intentions for the month of August

**For the mutual coexistence**—Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethic, political, religious or ideological reasons.





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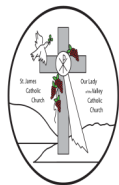
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## Vision Statement:

Inspired by the Spirit to:  
-know our faith and vocation  
-serve the needs of others

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